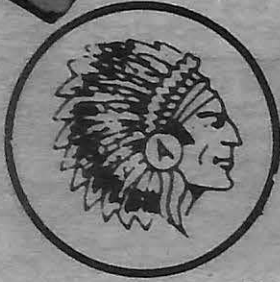


Spring Is Here!!!

CAR-RT SORT***
Central Library
Cooper St.
Agawam MA 01001



AGAWAM

Advertiser-News

60¢



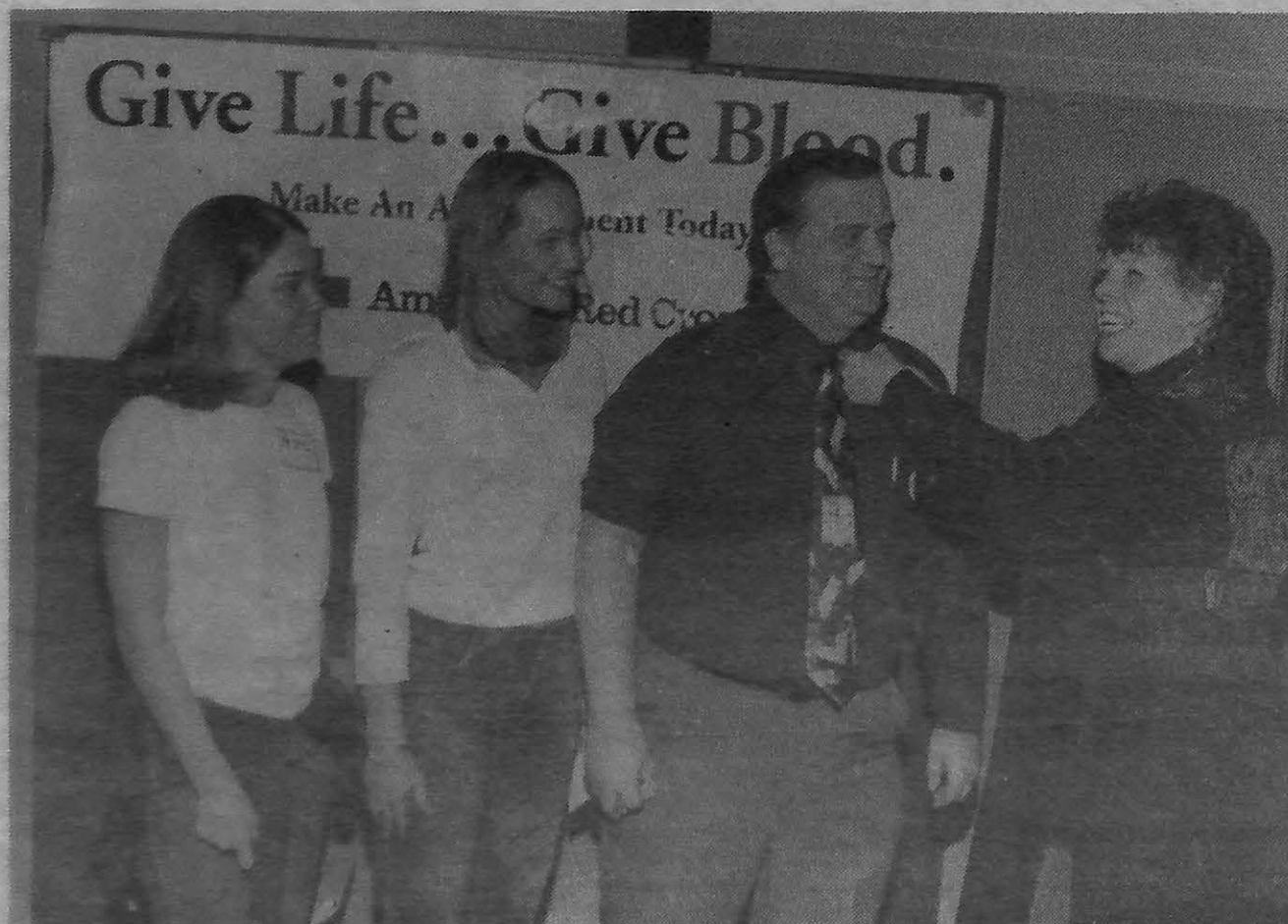
Volume XXII Number 12

"Your Hometown Newspaper"

March 25, 1999



IN LEFT PHOTO: Nurse Bev Tierney assists student donor Dave Strole during Agawam High School's annual spring blood drive. IN RIGHT PHOTO: Working on the sign-up sheets — Tammy Norton, Gwen Gonyea, and Franca Bonavita (student coordinator for the blood drive). All Page 1 photos by Jack Devine.



AHS Conducts Annual Spring Blood Drive

A total of 112 donors supported this year's spring blood drive at Agawam High School. The event took place on Tuesday, March 16th, and the donors represented members of AHS's student body, faculty, and the general public. The drive was sponsored by the Future Teachers' Association at the High School.

One of the highlights of this year's blood drive was the recognition that AHS teacher/blood drive coordinator Vladimiro Orefice received for donating 100 gallons of blood to date. Donna Clarke of the American Red Cross presented Orefice with a pin (in left photo) honoring his efforts, and students Jillian Abdow and Jill Maslowski were on hand to congratulate Orefice.

Zoning Advisory Task Force To Meet With Consultant Next Week

by Kathy Cassanelli
News Editor

When it meets with its expert consultant next week, the Zoning Advisory Task Force will discuss the internal inconsistencies, the instances of noncompliance with state law, and the omissions uncovered by Foxborough attorney Mark Bobrowski in his initial review of the zoning ordinance.

The meeting will be held on Monday, March 29th, at 7:00 p.m., in the Agawam Public Library's Community Room.

In a memo sent to the committee members last month, Bobrowski said the current zoning ordinance has some nice features, but also has some limitations.

Bobrowski proposes rearranging the "pyramid" format of the zoning code into a chart/table format for principal uses that will be easier for people to use. He will advise getting rid of the redundancies like the unnecessary reiteration of portions of the state Zoning Act covering the procedures for notice, publication, and public hearings.

Among the omissions to the zoning code that are expected to be addressed at next week's meeting are: establishing parking regulations for particular uses; general landscaping, screening, and buffering requirements to separate businesses from residences; and earth removal.

Planning Director Deborah S. Dachos agreed that all of those areas needed to be included in the zoning code. "We did attempt to get a grading ordinance passed requiring the review of projects bringing in substantial amounts of fill, but people thought it was overregulation," Ms. Dachos said.

Bobrowski found that the definitions contained in the ordinance are inadequate, with "virtually none" of the allowed uses defined except for apartment house, hospital, hotel, lodging house, restaurant, and rest home.

Bobrowski said the section dealing with non-conforming uses and structures should be deleted and a more modern set of rules should be substituted. "Your existing provision is completely out of date," Bobrowski notes. "There were half a dozen cases in the 1990-1993 period that fundamentally changed practice here."

Committee Chairwoman (Town Councilor) Gina

Letellier suggested having Bobrowski review the proposed demolition delay ordinance for historical structures as soon as possible in order that Town Council will have the benefit of his advice before voting on the measure.

Sponsored by a group petition of registered voters on behalf of the Historical Commission, the proposed ordinance could delay the demolition of a historically significant building for up to six months while commission members work with town planners to find an alternate use for the building. The ordinance is slated to be the topic of a public hearing before Town Council on Monday, April 5th.

"Several of the councilors wanted Mr. Bobrowski to review the demolition delay ordinance before our public hearing. But I'm going to suggest we suspend the public hearing on April 5th. We don't have to take a vote that night," Ms. Letellier said.

Consensus Of Agreement On Suggestion...

The committee members seemed to reach a consensus of agreement on Bobrowski's suggestion to delete all references to special use exceptions, calling the provisions a "ticking time bomb" in the zoning ordinance allowing for anything to be permitted anywhere in town.

The committee also agreed to have Bobrowski draft new enforcement rules that would allow the building inspector to ticket property owners for zoning code violations much the same way police officers issue tickets to motorists. Under the current enforcement procedures, the building inspector must take zoning scofflaws to court in order to force payment of fines. Often, minor violations are not followed through on because they are not considered worth the cost of going to court, Ms. Dachos said.

Committee member Anthony Bonavita pointed out that people would have the same right of appeal as applies to traffic tickets, and Ms. Letellier said she did not see why Town Council would not go along with the idea.

Changes in the zoning code require the approval of a two-thirds majority (eight votes) of the Town Council.

FireWise...

by Fire Chief David Pisano
Spring Cleaning...

When it's time for spring cleaning, remember a clean house is a safer house.

The Agawam Fire Department reminds you that trash, boxes, piles of clothes, and other combustibles in the home are fuel for a fire. Getting rid of them will help reduce the chance of fire in your home.

When storing heating devices to be used again next winter, make sure electric cords are not frayed or separating. Remember to remove kerosene before storing your kerosene heater. Often overlooked is the electric blanket. Follow the washing, care, and storage instructions that come with the blanket.

Clean out storage areas such as garages, attics, closets, sheds, and basements on a regular basis. Even warehouses are limited to the amount of storage they can safely keep.

Don't allow areas in your home to become tempting fuel for a fire. Throw away or give away items you are no longer using. Clutter gives fire a place to start and creates obstacles that might prevent escaping safely.

Oily rags can ignite without a heat source because they produce their own heat. Throw them out or store them in a closed metal container. This includes dusting rags used with a furniture polish or spray.

For further information, contact the Agawam Fire Department at 786-2662.

LEGAL NOTICE

LEGAL NOTICE

AGAWAM TOWN COUNCIL AGAWAM, MA

THE AGAWAM TOWN COUNCIL WILL HOLD A PUBLIC HEARING ON APRIL 20, 1999 AT 7:30 p.m. AT THE AGAWAM MIDDLE SCHOOL, 68 MAIN STREET, AGAWAM, MA. ON THE APPLICATION OF CRESTVIEW COUNTRY CLUB FOR A LICENSE TO KEEP, STORE FOR PERSONAL USE/ OR RESALE OF PETROLEUM PRODUCTS IN UNDERGROUND TANKS OR ABOVE GROUND NOT TO EXCEED 1,000 GALLONS AT 275 SHOEMAKER LANE IN THE TOWN OF AGAWAM, MA.

Richard M. Theroux, Town Clerk

Published: March 25, 1999

SCOTT M. HIBBERT

Attorney at Law

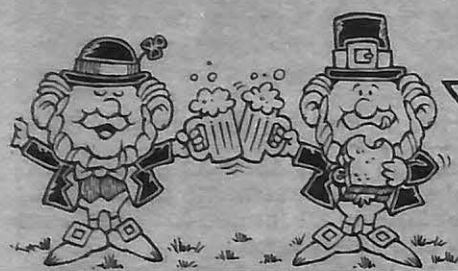
EXPERIENCE
WORKING FOR YOU.

789-9800

546 SPRINGFIELD STREET
FEEDING HILLS, MA

• PERSONAL INJURY LAW • REAL ESTATE LAW • PROBATE LAW & ADMINISTRATION OF ESTATES •

Phipps Discount Liquors



Feeding Hills Center
1360 Springfield Street

786-8471

*Prices Effective
Through March 31st*

BEER SPECIALS

— 30-Pk. Cans —

Miller Lite
\$15.99
(Plus Deposit)

Ice House
\$10.99
(Plus Deposit)

Red Dog
\$10.99
(Plus Deposit)



**Coors
Extra Gold**
\$11.49
(Plus Deposit)

**Beamish
Irish Stout**
4-Pk. Cans - 14.9 Oz.
\$4.99
(Plus Deposit)

**Pub Draught
Guinness**
4-Pk. Cans - 14.9 Oz.
\$4.99
(Plus Deposit)

— 12-Pk. Bottles —

**Heineken
Holland**
\$9.99
(Plus Deposit)

**Amstel Light
Holland**
\$9.99

**New Castle
Brown Ale
England**
\$11.99
(Plus Deposit)

JW Dundee
\$6.99
(Plus Deposit)

**Michael Shea
Irish Amber**
\$6.99
(Plus Deposit)

**Harp Lager
Ireland**
6-Pk. Btls.
\$5.69
(Plus Deposit)

LIQUOR SPECIALS



**J&B
Rare
Scotch**
(1.75 Ltr.)
\$28.99

**Glenlivet
Single Malt
Scotch**
(750 ml.)
\$22.99

**Seagram's
Grapefruit
Twisted Gin**
(1.75 Ltr.)
\$9.99
Less \$3.00 Rebate

**Seagram's
Lime Twisted
Gin**
(1.75 Ltr.)
\$9.99
Less \$3.00 Rebate



**Seagram's
Extra
Dry Gin**
(1.75 Ltr.)
\$9.99
Less \$3.00 Rebate

Gorden Vodka
(1.75 Ltr.)
\$12.99

Canadian Club
(1.75 Ltr.)
\$17.99

Tequila Rose
(750 ml.)
\$14.99

**Captain
Morgan Rum**
(1.75 Ltr.)
\$18.49

**Bacardi
Lemon Rum**
(750 ml.)
\$9.99

SELECTIONS FOR MARCH WINE SPECIALS

Franzia (5 Ltr. Bag Box)

*Mount Burgundy, Merlot, Cabernet, Chardonnay, White
Zinfandel, Chianti, Autumn Zinfandel* **\$10.99**

Franzia (5 Ltr. Bag Box)

*Mount Chablis, Rhine, Sangria, Chillable Red, White
Grenache, Cuvee, Westfield Red, French Colombard* .. **\$7.49**

Korbel Brut Extra Dry California Champagne
(750 ml.) **\$9.49**

Martini & Rossi Asti Spumante (750 ml.) **\$8.99**

**Pol Roger Brut Champagne (Imported From France -
750 ml.)** **\$23.99**

Hedoes Fume-Chardonnay Washington
(750 ml.) **\$6.99**

Blackstone California Merlot (750 ml.) **\$9.99**

Ernest & Julio Gallo Sonoma Varietal Wines (750 ml.)

*Chardonnay, Cabernet, Merlot, Zinfandel, Pinot
Noir* **2 For \$16.00**

Foxhorn Vineyards Santa Barbara

Chardonnay, Cabernet, Merlot (1.5 Ltr.) **\$6.99**

White Zinfandel, Red Zinfandel (1.5 Ltr.) **\$4.99**

Seagram's Wine Coolers (4-Pk. Btls. - All Flavors)

*Kiwi Grape, Strawberry Banana, Black Cherry,
Kiwi Strawberry, Watermelon, Winterberry, Pink
Lemonade, Tropical Punch, Wild Berries, Strawberry
Daiquiri* **2 For \$5.99**



For A Great Variety Of Cigars, Visit Agawam's Best Walk-In Humidor!!!

Phipps Discount Liquors At Three Locations:

PHIPPS

1360 SPFLD. ST.
FEEDING HILLS
786-8471

MR. PHIPPS

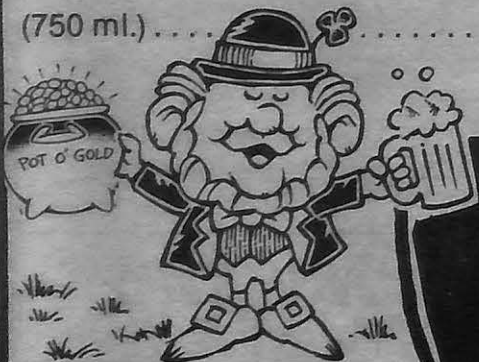
111 NO. ELM
WESTFIELD
568-8343

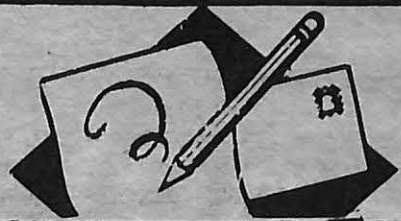
MRS. PHIPPS

RTE. 20
WESTFIELD
568-4377

**We Now Have
Full Lottery
Services**

**NOT RESPONSIBLE
FOR TYPOS**





Letters To The Editor

CYO Basketball Coach/ABO Pres. Explains The RULES

To The Editor:

To The Parents Of St. John's 5th & 6th Girls' CYO Team:

As the President of the Agawam Basketball Organization, I would like to let you all know the accusations in the letter to the editor dated March 18, 1999 are distorted and manipulative. Claiming that the protest was against a group of children to see them ousted from a tournament (that they do not legally belong in) is unfair representation of the intent. It appears that this group of parents must really think a lot of themselves to feel this was only aimed at hurting them. **It was not!**

The Agawam Basketball Organization was fortunate enough to have the boys' 5th & 6th grade Division A Championship CYO team, representing Sacred Heart of Agawam, win the CYO playoffs. Unfortunately the rules being the rules did not allow them to enter the Prestigious Bishop's Tournament because all of the children were not of the same parish. The Tournament is for all 5th & 6th CYO teams that meet the criteria of no more than two players that are not from a given parish. It is evident that the rules and ramifications of not following these guidelines were never completely explained to the parish priests. The decision of eligibility is not left up to the parish priests, but is in fact following the rules and guidelines set forth by the CYO.

Upon hearing the news that another Agawam team was being allowed in this tournament under false pretenses, I made a phone call to the CYO requesting that the Sacred Heart/ABO Championship Boys' team also be allowed to play. It was this phone call that ended with the decision of **NO ILLEGAL TEAMS** being allowed to play. This is certainly what all "GOOD" Christians would want, playing by the rules and being honest.

So in closing I would like to thank the parents of the St. John's CYO team for teaching all of us a lesson that manipulating the system doesn't work, and living a "Christian lifestyle" is certainly more fulfilling, when you practice what you preach.

Sincerely,
David Boisvert
President of the
Agawam Basketball Organization

Agawam Residents Thank ABO Coaches & Organizers

To The Editor:

My husband and I would like to thank the coaches and organizers of the Agawam Basketball Organization (ABO). This was the first year for our daughter to play against other towns in Massachusetts after several years of in-town play.

The experience was very rewarding for our daughter and ourselves.

This season, our daughter learned not only the fundamentals of basketball, but also important life lessons, such as team spirit and good sportsmanship, win or lose.

The coaches were very supportive and gave each girl on the team an opportunity to play in every game. The camaraderie that developed amongst these girls was a pleasure to watch develop over the season into a wonderful team.

The girls in the fifth and sixth grade division played against several other established teams that proved to give them a good competition. They won some and lost some, but because of the way they were taught, they came away feeling like winners EVERY time because they played their best.

We hope that next season, ALL of the coaches from the opposing teams won't think themselves better than our girls and will shake their hands after the game.

We graciously thank the fifth- and sixth-grade division coaches of the ABO, Dave Boisvert and Tom Gorman, for showing the girls and the parents what fun it is to play and watch a sport while learning and competing.

And we thank the organizers of this new organization, the Agawam Basketball Organization, for giving an opportunity to so many other children in town to play basketball.

Ken & Jean Mantha
Agawam

Florida's "Agawam Day Picnic" Is Successful

To The Editor:

Dear Friends:

After a rainy and breezy start, we once again had a beautiful day for our annual picnic at Fred Howard Park in Tarpon Springs, Florida. We had an attendance of 93 this year, with 19 people coming for the first time.

For the record (and Ken Grady keeps these!), we have had 662 people come to this annual event at least once. We have 290 on our active list, with 372 who have not (for health or other reasons) not attended in the past five years. Many people on the active list have attended all 18 times, or at least 16 or 17 of these picnics. For our mailing list, we have 160 single names (obviously, couples get one letter).

So, the committee is pleased to say this has been a good year again and hopefully, new faces will keep this tradition going for a long time.

Ken Grady greeted everyone after lunch and offered a moment of silence for friends no longer with us. John Chriscola then thanked Ken and Betty Grady, Evelyn Martel (who again helped at the sign-in table), Tish Pisano and Joan Martel for taking care of the door prize table, and Bill Martel for taking care of the door prize tickets and calling the numbers. Also, thanks to anyone who pitched in when needed and thanks to all who attended!

We had some lovely door prizes donated this year. We hope to see you next year, but in the meantime, have a good year and stay healthy.

The Agawam Day Picnic Committee
Tarpon Springs, Florida

Agawam Cheerleaders Deserve A Great Deal Of Praise

To The Editor:

On the evening of Agawam High School's recent Sports Recognition Banquet, the Athletic Director stated a fact that, "The MIAA does not recognize cheerleading as a sport in the state of Massachusetts."

But that does not mean they do not recognize them as athletes. Webster's Dictionary defines the team as "one who is trained or skilled in exercises, sports or games requiring physical strength agility or stamina." Try pressing someone your size over your head, then tell me it doesn't fall under that criteria.

In a world where political correctness seems to be the norm and people are encouraged to become less judgmental, why is it so hard for some to look past stereotypes and stigmas? Cheerleaders are not the pompom-waving, jock-chasing, bubble heads they're made out to be.

Competitive teams from across the country engage in incredible athletic skills and techniques trying to achieve what every other athlete in this country wants - "to win."

It is sad for me as a parent, but even more so as a coach, to watch them sweat out two to three hours of practice a day, support as many of their high school teams as possible, make signs, decorate lockers, busses and gyms, help coach the youth teams in town, prepare for their own competitions, and follow the same rules, regulations, and guidelines set forth by the MIAA, only to have their hard work and efforts trivialized by the very adult role models they look up to.

Cheerleading has been a part of sports in this country longer than most of us have been around. Twenty-five years ago, women's sports barely existed. Frustrated with the lack of competitive sports offered at their high schools, girls turned to cheerleading to fill the void.

From time to time, I see some of these same women almost embarrassed to admit that cheerleading is what they participated in. Is it because they themselves have given in to the misconceptions about cheerleaders?

Here at Agawam High, we are lucky to have not one, but two competitive teams of which we can be enormously proud.

Thirty-two young women who exemplify the definition of the word "athlete." Our varsity team, for the second year in a row, won Chicopee High's Western Mass. Cheerleading Competition, placed in the top two of their Pioneer Valley League and Regional Tournaments, advancing them to the finals of the Massachusetts State Cheerleading Championships, the only Agawam team to make it that far this year. Our junior varsity team, in only their second season competing, are the reigning Pioneer Valley Champions.

In closing, I would just like to commend these 32 young women for the integrity, class, and maturity they displayed during an uncomfortable situation. I would also like to thank them for the dedication, devotion, strong morals, and hard work ethic that has catapulted them to the top of competitive cheerleading teams across the state of Massachusetts. I believe in you and and proud to have worked with each and every one of you.

Thank you,
Donna Bodurtha
Agawam

F. Hills Resident To Seek Signatures For Charter Review

To The Editor:

Last week, *The Agawam Advertiser News* printed an article about a charter review/revision study. I, for one, think that is an excellent idea.

According to the Massachusetts Elections Resources Handbook, "The charter is the constitution of the city or town." "Any ordinances or bylaws which are passed by the local legislative body must be consistent with the charter."

Our charter was drafted in 1971 for a town manager form of government when the town manager had complete control of the town, which included all departments, commissions, boards, and office, except the Town Council, the School Committee, and the Board of Appeals. We had a means of checks and balances because the Council had the power to remove the Town Manager.

In November 1988, we modified our charter. We replaced the words "Town Manager" with "Mayor." My concern is that we no longer have a representative form of government with checks and balances. The person elected mayor has complete control over all departments, who is hired, how much money we pay them, and how our funds are spent.

The council cannot remove the Mayor because the people elect him or her. Yet, they have no say in how money is spent or who gets appointed to perform city functions. This is the only city I know of that has an elected mayor and a charter designed for a town manager.

We also reduced the number of councilors from 15 to 11 in 1988. We had 12 precinct and three at large councilors. We now have 11 at large councilors with no precinct representation.

Again, we have lost our say in Agawam government by not electing any councilors to represent the various sections of town. What that change did was allow councilors to get elected by the population at large when they could not get elected by their own neighborhood citizens.

I not only support a charter review study, but I plan to actively seek signatures to put the review study on the ballot this year.

Jack Rioni
Feeding Hills

SEE LETTERS - Page 5...



The Agawam Advertiser•News

786-7747

Production Staff

786-8137

Richard Sardella	Publisher & Owner
Ellen Lightcap	Production Manager/Graphic Artist
Teri Machia	Assistant Production Manager
Phil Benoit	Typesetter/Layout Assistant
Jack Devine	Photographer
Kathy Cassanelli	News Editor
Dave Rollins	Sports Editor
Peggy Shoemaker	Feature Writer

THE AGAWAM ADVERTISER NEWS (U.S.P.S. 001-170) is published weekly for \$24.50 per year by PAG Publications, Inc., 14 Southwick Street, Feeding Hills, MA 01030-0263. Second class postage is paid at F.H., MA 01030 & at associated offices. Postmaster: Send address changes to The Agawam Advertiser News, P.O. Box 263, F.H., MA 01030-0263.

LETTERS - from Page 4...

AHS's Annual Blood Drive Benefits American Red Cross

To The Editor:

On Tuesday, March 16th, 112 students, teachers, and several community members turned out to donate blood at the annual spring blood drive at the High School.

Over the past four years, over 750 units of blood have been collected at Agawam High School by the American Red Cross. Each unit of blood is divided into three parts (plasma, platelets, and red cells), meaning that close to 2,300 individuals may have benefited from the generosity of Agawam students.

This drive was sponsored by the Future Teachers' Association at Agawam High School.

Every two seconds, someone needs blood. On any given day, 40,000 units of blood are needed. When people think of blood, they often think of emergencies, but for thousands of Americans, it is a way of life. People who suffer from sickle cell anemia, cancer, heart disease, leukemia, and other chronic diseases need blood transfusions on a regular basis to survive.

Accident victims, cancer patients, people with anemia, and surgical patients are just a few examples of those who need blood. Although donors do not meet the people they are benefiting, they enjoy a sense of satisfaction, knowing that their generosity may help save lives.

The American Red Cross extends its thanks to all who donated the "Gift of Life."

• The American Red Cross

Fire Chief Says Thanks For Donations From Pheasant Hill

To The Editor:

To Pheasant Hill Village & Friends:

The Agawam Fire Department is truly grateful to all the generous families and friends of Pheasant Hill Village who donated towards our thermal imaging camera fund and organized and participated in the door-to-door campaign.

Their efforts raised over \$1,200 towards the lifesaving device and brings the department closer to reaching the goal.

These individuals truly exemplify what true community spirit is all about. I am proud to live and work in a community with such caring citizens.

Again, a heartfelt thank you to all.

Sincerely,
David A. Pisano
Fire Chief

Planning & Community Dev. Announces Highlights Of Open Space/Recreation Survey

The Office of Planning and Community Development is pleased to announce the completion of the recent Open Space and Recreation Survey.

The survey, which was part of the updating of the 1994 Open Space and Recreation Plan will be incorporated in the Plan update. The 352 returned surveys provided a response rate, from the sample, of 20 percent and yielded some interesting findings.

The average respondent to the 1999 survey could be characterized as a resident, homeowner, between the ages of 40-59, and having an average household size of three persons. These demographic proportions are a close match to those representing Agawam in the 1990 census.

As for those who responded, 19 percent lived in Feeding Hills Center, 16 percent in South Feeding Hills Center, eight percent in North Agawam, 12 percent in the Silver St./Suffield St./Shoemaker Lane area, eight percent from Springfield Street, and 35 percent from the Main Street and River Road areas.

Highlights of the survey include:

On Open Space:

- 96 percent of respondents either agreed or strongly agreed that Agawam should preserve open spaces to meet our recreational needs.

- 93 percent of respondents strongly agreed or agreed the city should protect farmland in Agawam.

In order to preserve open spaces:

- 70 percent of respondents supported

"strengthening zoning."

- 75 percent supported application for grants to fund land purchases.

On recreation and recreational facilities in Agawam:

- 37 percent (*the majority*) were satisfied with the proximity of facilities to their area.

- 39 percent of respondents are not satisfied with the number of facilities in town.

- 55 percent were dissatisfied with the places for children to play and recreate in Agawam.

In general:

- 83 percent answered "yes" when asked if Agawam is under pressure from development.

- 88 percent of respondents answered "yes" when asked if Agawam needs to protect more potentially developable land.

- 75 percent of respondents voted "yes" when asked if the city needs to identify a historic district.

- 93 percent strongly agreed or agreed Agawam should protect buildings and places of historical and local significance.

- 94 percent answered "yes" when asked if Agawam should develop a master plan to guide future development and conservation issues in town.

The Office of Planning and Community Development wishes to thank all of those who took the time to complete and mail back the survey. Complete copies of the results can be obtained from the Planning Office at 36 Main Street, Agawam, MA 01001.

LEGAL NOTICE

LEGAL NOTICE

LEGAL NOTICE

LEGAL NOTICE

TOWN OF AGAWAM AGAWAM TOWN COUNCIL

The Agawam Town Council will hold a public hearing on Monday, April 5, 1999 at the Agawam Middle School, 68 Main Street, Agawam, MA. The purpose of this hearing will be to hear the petition of twenty-one (21) registered voters for a proposed amendment to the Agawam Zoning Ordinance, Chapter 180, by adding a provision relative to delaying the demolition of historically significant buildings. A copy of the proposed zoning amendment can be obtained from the Agawam Planning Office or the Agawam Town Clerk's Office between the hours of 8:30 A.M. and 4:30 P.M. in the Agawam Town Hall, 36 Main Street, Agawam, MA.

Ursula Retzler
Clerk of the Council

Published: March 25, 1999

AGAWAM TOWN COUNCIL AGAWAM, MA

THE AGAWAM TOWN COUNCIL WILL HOLD A PUBLIC HEARING ON APRIL 20, 1999 AT 7:30 p.m. AT THE AGAWAM MIDDLE SCHOOL, 68 MAIN STREET, AGAWAM, MA ON THE APPLICATION OF LUCIA LUMBER CO. FOR A LICENSE TO KEEP, STORE FOR PERSONAL USE/OR RESALE OF PETROLEUM PRODUCTS IN UNDERGROUND TANKS OR ABOVE GROUND NOT TO EXCEED 20,000 GALLONS AT 777 SILVER STREET IN THE TOWN OF AGAWAM, MA.

RICHARD M. THEROUX
TOWN CLERK

PUBLISHED: MARCH 25, 1999

Check our classified ads for the best in local goods and services...

* * *

Let Us Guide You

Do you ever feel like you're fumbling around in the fog when you're trying to find the right homeowner's insurance? Let Canary•Blomstrom guide you.

We take the time to get to know you, assuring that you'll get the right coverage at the right price.



CANARY
BLOMSTROM
insurance agency, inc.

"A Neighbor You Can Turn To"

• Homeowner's Insurance • Mortgage Insurance • Auto Insurance • Life Insurance

Call for a complimentary evaluation for your insurance needs.

789-3995

868 Springfield Street

• Feeding Hills, MA • 01030

• FAX: 786-7004

• www.canaryblomstrom.com

— Agawam Obituaries —

Helmut C. Klett

Helmut C. "Dutch" Klett, 84, of Agawam, an area sports pioneer and coach of numerous athletic teams for more than 50 years, died recently in West Springfield.

He helped organize many youth sports leagues, including baseball, basketball, football, and hockey leagues, including the Pee-Wee leagues and the TurnVerein League of Springfield. He coached year-round in all four sports for decades, including in the Brightwood section of Springfield.

In honor of his work for local youth sports, "Dutch Klett Day" was proclaimed in Springfield in 1961. He was also named "Man of the Year" by Temple Beth El of Springfield.

He was a long-time tool and die maker at several area shops and retired from Advance Manufacturing in 1988 after 15 years.

Born in Stuttgart, Germany, he came to this country in 1926. He attended schools in Brooklyn, New York, before moving to Springfield. He graduated from Springfield Technical High School and settled in Agawam in 1965.

He was a life member of the Hampden Masonic Lodge and the Scottish Rite Bodies of Springfield, and a member of the Melha Temple in Springfield, the Shriners' Hadji and Jeepster units, the Pioneer Valley Shrine Club, and the West Springfield Elks Lodge.

His wife, the former Dorothy L. Beauregard, died in 1994.

He leaves three sons, Robert C. of West Springfield, Richard W. of Chicopee, and Kenneth A. of Lansdale, Pennsylvania; a sister, Helen Provost of Springfield; nine grandchildren; and two great-grandchildren.

The funeral was held at Colonial-Forastiere Funeral Home, with burial in Center Cemetery.

Memorial contributions may be made to the Visiting Nurse Association and Hospice of Western New England, P.O. Box 9058, Springfield, MA 01102-9058.

Stanley W. Dimock

Stanley W. Dimock, 82, of 30 Belmont Avenue,

Feeding Hills, died recently at a local nursing home.

He was an inspector at Spalding Corp. (now Spalding Sports Worldwide) of Chicopee for 33 years and a member of its bowling league, rifle team, and golf team. He also worked at the Springfield Armory before and after World War II.

Born and schooled in Springfield, he was a graduate of the former Technical High School.

He was a former member of the West Springfield Auxiliary Police and the Springfield AmVets Post. He was a flight officer in the Army Air Forces during World War II.

He leaves his wife, the former Maud V. Cairns; two sons, Clayton S. of Ludlow and Russell M. of Agawam; a daughter, Marilyn Scagliarini of Agawam; a sister, Edith Rose of Wilbraham; and two grandchildren.

The funeral will be scheduled in the new Agawam Veterans' Cemetery. There were no calling hours, and Colonial-Forastiere Funeral Home was in charge of the arrangements.

Memorial contributions may be made to the Massachusetts Society for the Prevention of Cruelty to Animals, 171 Union Street, Springfield, MA 01105, or the Parkinson's Disease Foundation, 710 West 168th Street, New York, New York, 10032.

Caesar F. Tassinari

Caesar F. Tassinari, 83, of Agawam, died recently at a local nursing home.

He was employed as a sales manager for 33 years with Four Rivers Motors in Quincy, retiring in 1987. He previously worked as sales manager with Springfield Lincoln Mercury.

Born in West Springfield, he was a graduate of West Springfield High School. He lived in Braintree for 44 years, moving to Agawam in 1987.

He was a communicant of St. John the Evangelist Church and a member of the Knights of Columbus, Agawam Council 5585.

He leaves his wife, the former Rita V. Thibodeau, and a brother, David of Springfield.

The funeral was held at Colonial-Forastiere Funeral Home and in the church, with burial in St. Michael's Cemetery in Springfield.

Memorial contributions may be made to the American Cancer Society, 53 Capital Drive, West Springfield, MA 01089, or to the Alzheimer's Association, 11 Campus Lane, Easthampton, MA 01027.

Robert L. Trask

Robert LeRoy Trask, 79, of Agawam, died recently in Springfield.

Born in Parishville, New York, he lived in Agawam for 63 years.

He was employed by the Springfield Division of Titeflex Corp. for 45 years, retiring in 1983.

He was a communicant of Sacred Heart Church in Feeding Hills.

He leaves his wife of 56 years, the former M. Claire Tetreault; a son, Robert B. of Lee; two daughters, Carol A. Shuman and Joan C. Shuman, both of Agawam; a sister, Rose Trask McCrary of Midway Park, North Carolina; five grandchildren; and two great-grandchildren.

The funeral was held at Colonial-Forastiere Funeral Home and in the church, with burial in Springfield Street Cemetery in Feeding Hills.

Memorial contributions may be made to the church, Parish Maintenance Fund, 1059 Springfield Street, Agawam, MA 01001.

Jeanette L. Peretti

Jeanette L. (Bertoldi) Peretti, 75, of Agawam, died recently at Noble Hospital in Westfield.

Born in Springfield, she moved to Agawam in 1953.

Her husband, Mario Peretti, died in 1989, and her daughter, Maria Almena, in 1995.

She leaves a son, Michael P. of Westfield; another daughter, Regina Wiegert of Essex, Connecticut; two sisters, Rose Bertoldi and Florence Otto, both of Agawam; and three grandchildren.

The funeral was held at Tazzini Funeral Home and St. Anthony of Padua Church, with burial in St. Michael's Cemetery, Springfield.

Memorial contributions may be made to Holy Trinity School, 331 Elm Street, Westfield, MA 01085.

LEGAL NOTICE

Notice is hereby given under General Laws Chapter 138, that Capaccio, Inc., d/b/a Capaccio's, 135 Cooper Street, Agawam, MA, Antonio Calabrese, Manager, has applied for Transfer of License, Transfer of Manager, from MDH Associates, Inc., d/b/a Carmelina's on the Hill. Premises consisting of: two story wood frame building with the first floor accessed from the front, containing a main dining area of approx-

TOWN OF AGAWAM LIQUOR LICENSING COMMISSION

imately 2,000 sq. ft.; a parlor area and a lounge/restroom consisting of 1,000 sq. ft.; first floor also consists of 600 sq. ft. bar and lounge and a 500 sq. ft. dining area; at the rear of the building on the first floor is a 1,000 sq. ft. Kitchen and a rear entrance. The second floor is a 1,000 sq. ft. Private dining room, storage, closets, restrooms and offices. The basement contains a workshop area, storage rooms and a boiler room.

LEGAL NOTICE

Public Hearing to be held on Tuesday, April 13, 1999, at 7:00 p.m., in the Faolin Peirce Community Room, Agawam Police Headquarters, 681 Springfield Street, Feeding Hills, MA.

LIQUOR LICENSING COMMISSION

John J. Chriscola, Jr., Chairman
Richard A. DiLullo
Robert Vanderhoof

Published: March 25, 1999

Ambrogio's Bakery



Order early for Easter

Call Christa at 821-9571

Pies, Cakes, Cookies
Breads, Rolls, Bagels

1325 Spfld St
Feeding Hills



Erin Shepard
Proprietress

Erin's Closet

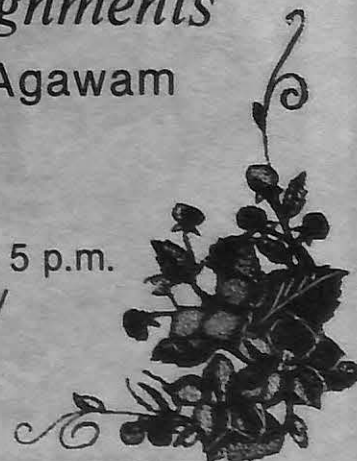
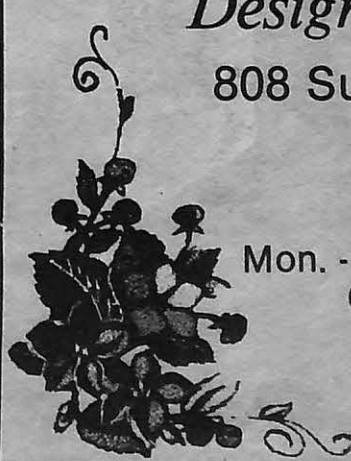
A Fashion Boutique
(Formerly Irene's Closet)

Grand Opening - April 1st

Ladies'
Designer Consignments
808 Suffield St., Agawam

Hours:
Mon. - Sat., 10 a.m. - 5 p.m.
Closed Sunday

786-2425



Veterans' Corner...

Federal Legislation To Address The Issue Of Honor Guards For Military Funerals

by Ruth C. Bitzas
Veterans' Agent — 786-0400, Ext. 236/237

Representative Joseph Sweeney (R-NY) has proposed asking reservists to take time off from their civilian jobs to serve as honor guards. Rep. Sweeney's bill, HR 284, was referred to the House Armed Services Committee.

With the new Veterans' Federal Cemetery expected to open later this year in Saratoga, New York, there are concerns about who will supply honor guards for military funerals. The reservists' employers would have to give more time off from work, in addition to time off for drills, active-duty training and deployments.

They will likely disapprove the bill. A military/veterans' task force is looking at the issue and will report to Congress later this year.

The State Veterans' Memorial Cemetery in Agawam could have similar problems. Robert McKean, Director of State Cemeteries, noted that all veterans buried at the Agawam site will have a burial with honors. We understand that some Westover veterans have been undergoing training as honor guards and are looking forward to helping.

In addition, the Agawam American Legion has been providing this service for local veterans and is planning on assisting at the new Veterans' Cemetery when completed. We, too, will be looking for the assistance of our local reservists.

We may need to check to determine if any state legislation would be necessary to ensure "time off" for Massachusetts reservists in order for them to assist both State Veterans' Cemeteries in Agawam and Winchendon.

In recent years, it has been quite difficult to help constituents in obtaining an honor guard other than the Legion. Many of the military bases have been closed, and more and more we will need to depend on local veterans' groups to help.

The new cemetery will have an honor guard room where groups will be able to maintain uniforms, and groups will be assigned specific days of honor guard duty on a volunteer basis.

This week, we are publishing the names of Agawam Vietnam veterans whose last names begin with the letters "T," "U," and "V." These names will be included on the Agawam Honor Roll.

AGAWAM VIETNAM VETERANS - "T," "U," & "V"
Mitchell R. Talbot, Richard W. Taylor, Gary H. Tease, James W. Temple, Albert Tessicini, Salvatore J. Tessicini, Jr., Robert E. Tetreault, Robert H. Tetreault, Richard D. Thomas, Roger R. Thomas, Wayne E. Thomas, Kenneth J. Thompson, Larry F. Thompson, Richard A. Thompson, Donald R. Tidwell, James Tidwell, Paul D. Tomassetti, Ralph J. Tortoriello III, Joseph R. Tourville, Jr., Mary E. Trainer, Peter A. Trench, Joseph J. Trzcinski, Jeffrey A. Turner, Bruce A. Tyler.

David B. Ushmann, Harry R. Vandergrift, Ralph T. Vandervliet, Alan A. Vandini, Patrick J. Vassallo, James Vavolakis, William Vellozo, Leo J. Vergnani, Peter J. Vergnani, James J. Vermeiren, Richard M. Vermeiren, Paul F. Vey, Joseph T. Voislow, James P. Votzak.

tacted at (413) 786-4545.

The basic pharmacy benefit structure and the one-year transitional programs vary somewhat from plan to plan. Plans highlighted on the pamphlet are: Tufts, Harvard Pilgrim Health Care, Fallon, and Blue Cross/Blue Shield.

Regular Council Mtg. Agenda For Monday, April 5th

1. Citizen's Speak Time
2. Roll Call
3. Moment of Silence and the Pledge of Allegiance
4. Minutes - Regular Council Meeting of 3/15/99
5. Declaration from Council President
6. **Presentation of Petitions, Memorials & Remonstrances**

(a) Resolutions

1. TR-99-6- A Resolution Expressing Agawam's City Council Opposition to the Legalization of casino gambling in the Commonwealth of Massachusetts (Coun. Bitzas).

2. TR-99-7- A Resolution Confirming the Reappointment of George Schlagel, 490 North Street, FH, MA and Jessie Fuller, 61 Peros Drive, Agawam, MA to the Veteran's Council for Two Year Terms Expiring April 1, 2001 (Mayor).

3. TR-99-8- A Resolution Authorizing the Mayor to Grant an Easement to Louise N. and Luis E. Escobar Over a Portion of the Town of Agawam's Drainage Easement on the Property Located Between 175 and 183 Parkedge Drive in the Feeding Hills Section of Agawam, Hampden County, Massachusetts (Mayor).

4. TR-99-0- A Resolution to name April 1999 as Open Pantry Month (Coun. Letellier).

7. Report of Council Committees

(a)

1. Comm. on Rules - Coun. Young
- Comm. on Ordinances - Coun. Bitzas
- Comm. on Utilities - Coun. Caba
- Comm. on Licenses - Coun. Negrucci
- Comm. on St. Acceptance - Coun. Thompson

8. Elections

None.

9. Public Hearings

(a)

1. PH-99-2-(TOR-99-1)-An Ordinance to Add Paragraph 180-14A to the Zoning Code of the Town of Agawam Relative to Delaying the Demolition of Historically Significant Buildings (Conduct Public Hearing).

10. Old Business

(a)

1. TO-99-10-Transfer-\$2,000.00 from Reserve Fund (16605-57300) to Police-Animal Control Services (12102-52992)(Mayor).

2. TO-99-11-Transfer-\$20,500.00 from Reserve Fund (16605-57300) to Fire-Motor Vehicle (12204-58500)(Mayor).

State Rep. Keenan's Office Has Pamphlets On Health Plans/Financial Assistance Programs

Senior citizens confused about Medicare HMO drug benefit changes can contact State Representative Daniel F. Keenan's office to obtain a pamphlet outlining the different financial assistance programs offered by health plans.

To obtain a pamphlet, Rep. Keenan can be con-

Dine Out For Easter

At

Alexander's

60 North Westfield Street

Feeding Hills, MA

Closed On Mondays

Easter Sunday April 4th

Traditional Selections

Baked Turkey Dinner

Baked Ham Dinner

Both Traditionally
Served With All The Fixins
Also Served With Soup, Rolls, & Butter

Open
12:00 Noon
To
5:00 P.M.



Banquet Facilities Available For 50-200 People

Call Now
For Reservations
786-1127



The Grasso Family Cordially
Invites You To Enjoy
Their Traditional Easter
Meals Or Special Selections
From Their Menu...



Families

ASGA To Sponsor "AGAWAMOPOLY" Night At Senior Ctr.

The Agawam Senior Games Athletes and the Rotary Club will be holding an AGAWAMOPOLY night at the Agawam Senior Center on April 16th at 6:00 p.m.

AGAWAMOPOLY is played just like Monopoly except that you buy AGAWAM BUSINESSES instead of Park Place, Boardwalk, etc. and purchase clients instead of buildings.

It's a fun game, and at the same time, we learn of the businesses who support our school programs, the Agawam Senior Games Athletes, civic organizations, etc. and make Agawam the town that it is.

There will be four people at a table to play the game and one person at each table will win an AGAWAMOPOLY game. Light refreshments will be served, and members of the Rotary Club and ASGA will be available to answer any questions about the rules.

We are sure that this will be a fun night for all who attend, and we urge you to get your tickets early as we only have 30 tables. Ticket cost is \$5 per person.

Tickets may be purchased from an ASGA or Rotary member or at the Senior Center. For more information, call Vi Presz at 786-3164.

COME ONE!!! COME ALL!!! PLAY!!! WIN!!! SOCIALIZE!!!



ROTARY CLUB MEMBERS Tim Ayre and Donna Kennedy (center) are working with Agawam Senior Games Athletes Hal Deyo, Desiree Jacobs, Lorraine Fontaine, and Janice Bonk on the upcoming "AGAWAMOPOLY" night at the Agawam Senior Center. Advertiser News photo by Jack Devine.

*You turn our pages
each and every week
for all the local
news...*

* * *

Remember, our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you!

EASTER PLANTS

MARCH 31 - APRIL 4



EVERYTHING YOU'D GROW IF YOU HAD 40 ACRES.

E. CECCHI FARMS

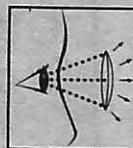
1131 SPRINGFIELD STREET, FEEDING HILLS

It's easy to see
the better choice.

Varilux
Comfort

Bifocals

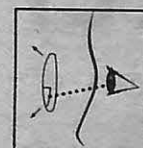
When your vision starts to change and you find you're having trouble reading, you have a



number of choices—one of them is bifocals. But Varilux Comfort progressive lenses offer better vision. There are no distracting lines, no jumping back and forth between distance and close vision.

Varilux Comfort lenses don't cut your world in two; they give you continuous vision far away, up close and everywhere in between. Only Varilux Comfort gives you the

in•fo•vis Vision System for instant



focus everywhere you look. And Varilux Comfort lenses are available in a variety of lens

materials, all tailored to meet the needs of your lifestyle.

Don't accept substitutes—be sure you ask for the Certificate of Origin guaranteeing that you've received authentic Varilux Comfort lenses.

Call or visit our office today and we'll show you all the advantages of Varilux Comfort lenses.

Varilux Comfort—it's *the* lens.

Agawam Opticians

338 Walnut St. Ext., Agawam, MA 01001
786-0719 - "Since 1972"

- 50% 2nd Pair Discount
- Over 800 Frames To Choose From
- Eyeglasses - Eye Exams - Contact Lenses

- Senior Discount
- Blue Cross/HMO Blue Discount
- Health New England Discount
- Tufts - Secure Horizons - Blue Care 65

VARILUX
comfort

Varilux is a registered trademark of Essilor International.
©1997 Varilux - A Member of Essilor Group

Calendar Of Events For April At The Agawam Senior Center

Thursday, April 1st: "April Fools' Day" — 9:00 a.m., Exercise; 12:00 noon, "Y2K" speaker; 1:00 p.m., Pitch; 1:00 p.m., Line Dancing; 2:30 p.m., Melody Band.

Friday, April 2nd: "Good Friday" — 10:00 a.m., Calligraphy; 10:00 a.m., Tai Chi; 1:00 p.m., Duplicate Bridge; 1:00 p.m., Cribbage; 1:00 p.m., Organ Lessons.

Sunday, April 4th: "Easter Sunday" and Daylight Savings Time begins (spring ahead!).

Monday, April 5th: 9:30 a.m., STV Tai Chi; 9:30 a.m., Rug Design; 11:30 a.m., Linda Bunny; 1:00 p.m., Bingo.

Tuesday, April 6th: 9:00 a.m., S.H.I.N.E. Rep.; 9:00 a.m., Exercise; 9:30 p.m., Knitting/Sewing; 12:00 noon, "Monthly Birthday"; 12:30 p.m., Movie/Ladies' Pool; 1:00 p.m., Computer; 1:30 p.m., Art; 3:00 p.m., Chorus.

Wednesday, April 7th: "World Health Day" — 9:00 a.m., "Friends" Meeting; 9:00 a.m., Tax Preparation; 9:00 a.m., Podiatry with Dr. Salem; 9:30 a.m., Tap; 10:15 a.m., Jazz; 11:00 a.m., Golden Agers, Chapter 2, at The Oaks for Installation Banquet (no meeting at the Senior Center). Please note — Manicures by Terry available on Wednesdays by appt. (cost is \$6; call 789-0368).

Thursday, April 8th: "Mohegan Trip" by Chapter 1; 9:00 a.m., Exercise; 9:00 a.m., Podiatry with Dr. Salem; 1:00 p.m., Pitch; 1:00 p.m., Blood Pressure Clinic; 1:00 p.m., Line Dancing; 2:30 p.m., Melody Band.

Friday, April 9th: 10:00 a.m., Calligraphy; 10:00 a.m., Tai Chi; 1:00 p.m., Duplicate Bridge; 1:00 p.m., Cribbage; 1:00 p.m., Organ Lessons.

Monday, April 12th: 9:30 a.m., STV Tai Chi; 9:30 a.m., Rug Design; 1:00 p.m., Bingo.

Tuesday, April 13th: Chapter 2 trip to Vermont; 9:00 a.m., Exercise; 9:30 a.m., Knitting/Sewing; 12:30 p.m., Movies/Ladies' Pool; 1:00 p.m., Computer; 1:30 p.m., Art; 2:00 p.m., Attorney Alan Ferrigno; 3:00 p.m., Chorus.

Wednesday, April 14th: 9:00 a.m., Tax Preparation; 9:30 a.m., Tap; 10:00 a.m., S.A.L.T.; 10:15 a.m., Jazz; 11:00 a.m., Golden Agers, Chapter 1, at the Colosseum for Installation Banquet (no meeting at the Senior Center); 11:00 a.m., Charlie Prose at Chez Josef.

Thursday, April 15th: 8:00 a.m., Foxwoods Trip; 9:00 a.m., Exercise; 9:00 a.m., Foot Care Nurses; 10:00 a.m., A.S.G.A.; 1:00 p.m., Pitch; 1:00 p.m., Line Dancing; 2:30 p.m., Melody Band.

Friday, April 16th: 10:00 a.m., Calligraphy; 10:00 a.m., Tai Chi; 1:00 p.m., Duplicate Bridge; 1:00 p.m., Cribbage; 1:00 p.m., Organ Lessons.

Sunday, April 18th: "Friends" French Toast Breakfast, 8:00 a.m. to 12:00 noon; Trip to Branson, Missouri (April 18th to 22nd).

Monday, April 19th: "Volunteer Week" — 9:30 a.m., STV Tai Chi; "Patriots' Day" (holiday).

Tuesday, April 20th: 9:00 a.m., S.H.I.N.E. Rep.; 9:00 a.m., Exercise; 9:30 a.m., Knitting/Sewing; 12:30 p.m., Movie/Ladies' Pool; 1:00 p.m., Computer; 1:30 p.m., Art; 3:00 p.m., Chorus; 7:00 p.m., Caregivers' Support Group.

Wednesday, April 21st: "Secretaries' Day" — 9:30 a.m., Tap; 10:15 a.m., Jazz; 1:30 p.m., Golden Agers, Chapter 2.

Thursday, April 22nd: 9:00 a.m., Exercise; 10:45 a.m., Health Focus - "Foot Care"; 1:00 p.m., Blood Pressure; 1:00 p.m., Pitch; 1:00 p.m., Line Dancing; 2:30 p.m., Melody Band.

Friday, April 23rd: 10:00 a.m., Calligraphy; 10:00 a.m., Tai Chi; 1:00 p.m., Duplicate Bridge; 1:00 p.m., Cribbage; 1:00 p.m., Organ Lessons; 5:00 p.m., Volunteer Recognition Dinner.

Sunday, April 25th: Ballroom Dancing, 2:00 to 4:00 p.m. (\$2.50).

Monday, April 26th: "Mohegan Trip" by Chapter 2; 9:30 a.m., STV Tai Chi; 9:30 a.m., Rug Design; 11:45 a.m., "Alex Plays Piano"; 1:00 p.m., A.A.R.P.; 6:00 p.m., Mental Health Support Group.

Tuesday, April 27th: 9:00 a.m., Exercise; 9:30 a.m., Knitting/Sewing; 12:30 p.m., Movie/Ladies' Pool; 1:00 p.m., Computer; 1:30 p.m., Art; 2:00 p.m., Attorney Deegan (by appointment); 3:00 p.m., Chorus; 3:00 to 8:00 p.m., "Artistic Photos"; 4:00 p.m., COA.

Wednesday, April 28th: 10:00 a.m., Dress Rehearsal for "Talent Show"; 1:30 p.m., Golden Agers, Chapter 1; 3:00 to 8:00 p.m., "Artistic Photos."

Thursday, April 29th: "Trip to White's" by Chapter 1; 9:00 a.m., Exercise; Afternoon Classes Cancelled; 2:00 p.m., Talent Show - "April in Agawam" (\$3.00).

Friday, April 30th: 10:00 a.m., Calligraphy; 10:00 a.m., Tai Chi; 1:00 p.m., Duplicate Bridge; 1:00 p.m., Cribbage; 1:00 p.m., Organ Lessons.

No one covers all the local news like us, every week...

Fifth Annual 'Literary Day' Event In Agawam

The Greater Westfield Area Headstart program in Agawam will be promoting literacy through its fifth annual Literary Day event.

Each year, a book has been selected and guest readers have been invited to read it to the program's students and families. This year, the event will be held on March 26th at 10:00 a.m. at 733 Main Street, Agawam.

Following a reading of this year's book choice, "If You Give A Mouse A Cookie," we will be serving cookies and milk to all in attendance.

Among those who have been invited to be guest readers are Senator Michael Knapik, Representative Cele Hahn, Senator Linda Melconian, Senator Andrea Nuciforo, Jr., Representative Walter DeFillippi, and Representative Daniel Keenan.

For more information or to answer any questions, please contact the Head Start's main office at 1-413-562-0584.

Ag. Senior Center's Weekly Lunch Menu

Monday, March 29th: Chunky turkey salad on a roll, broccoli salad, grapes.

Tuesday, March 30th: Baked chicken leg, rice Pilaf, cabbage, carrots, whole wheat bread, prunes.

Wednesday, March 31st: Ziti with meatballs, tossed salad, garlic bread, cake.

Thursday, April 1st: Hamburg on a roll, lettuce, tomato, cheese, potato au gratin, pineapple.

Friday, April 2nd: Clam chowder, seafood salad on a roll, tomato and cucumber salad, pears.

(Menu subject to change without notice.)

Southgate Liquors, Inc.

842 Suffield St., Southgate Plaza
(Route 75), Agawam

"Hop" On Down For Our Easter Specials!!!

Corona \$9.99 Plus Deposit (12-Pk. N.R.)	Kennedy's Canadian Whiskey \$10.99 (1.75 Ltr.)	Cider Jack \$8.99 (12-Pk. N.R.)	Bella Spumante 2/\$8.99 (750 ml.) <i>Imported From Italy</i>
Seagram's Gin \$9.99 * * After \$3.00 Mail-In Rebate (1.75 Ltr.)	Introducing Black Marlin Australian Chardonnay \$6.99 (750 ml.)	Rubinoff Vodka \$8.99 (1.75 Ltr.)	Michelob (Reg. & Light) \$9.99 Plus Deposit (18-Pk. Cans)
Otter Creek Copper Ale \$8.99 Plus Deposit (12-Pk. N.R.) Mud Bock Spring Ale Now In Stock!	Michelob (Reg. & Light) \$7.99 Plus Deposit (12-Pk. Btls.)	Molson (Golden Or Light) \$6.99 Plus Dep. (12 Pk. Cans) \$12.99 Plus Dep. (Case - Cans)	Washington State Columbia Crest Varietal Wines \$1.00 Off 1 Btl. <i>Buy 3 Btls. And Get \$2.00 Off Each Btl.</i>
Gallo White Zinfandel \$3.99 Or 3/\$9.99 (750 ml.)	New Tequila \$4.95 Plus Deposit (6-Pk. Btls.)	Red Dog Or Ice House \$10.99 Plus Deposit (30-Pk. Cans)	Busch (Reg. Or Light) \$10.99 Plus Deposit (30-Pk. Cans)

All Major Credit Cards Accepted
Mass. Lottery Headquarters
Prices Effective March 26th - April 3rd
We Wish All A Safe And Happy Easter!

“Agawam Day Picnic” In Florida...



EDNA AND DON COFFEY at the “Agawam Day Picnic” in Tarpon Springs, Florida.



A TOTAL OF 93 PEOPLE recently attended the annual “Agawam Day Picnic” held at Fred Howard Park in Tarpon Springs, Florida. IN TOP PHOTO: Ann Sorel, Don Sorel, George Taupier (in the back), Diane Curran, and Bill Martel. IN PHOTO BELOW: Joe Curran, Jim Taupier, Lyman Simpson, Miriam Taupier, Joe Faucette, and Junie & Marie Fontana.

Curbside Recycling For Fluorescent Lamps, Computers, & T.V.’s

Agawam and BFI have teamed up to offer the first curbside recycling program for fluorescent lamps and computers and televisions in Hampden County - and one of very few in Massachusetts.

“Beginning April 5th, BFI will be offering Agawam residents the opportunity to recycle their fluorescent lamps by putting the unbroken fluorescent lamps on the curb next to their trash,” Stan Walczak District Vice President for BFI explained.

“Our drivers will then take them to a central location to be recycled. We want to help recycle these lamps because they contain mercury and when they are broken in the trash, they mercury is released and harms the environment.”

“We are really pleased that BFI is introducing this program in Agawam. To our knowledge, this is the first example of a solid waste hauling company offering this service to any community anywhere,” Jack Stone, DPW Superintendent noted. “BFI’s cooperation in providing free collection will allow us to cover the processing costs associated with recovering the mercury.”

“We are also going to see our televisions and computers recycled,” Stone added. “We’re asking residents to put their unwanted computers and televisions on the curb on the metal bulky waste day and then BFI will have them recycled rather than thrown out,” Stone explained.

“Computers and televisions contain several pounds of lead each and these can be released into the environment when they are not recycled. BFI is thrilled to be the first commercial hauler to offer this curbside recycling program. We hope to expand it to other communities in Hampden County in the near future,” Walczak noted.

For more information on these new programs, contact BFI at 800-367-7778.

For the best in local goods and services, be sure to check our classified ads in each edition - AAN!!!

* * *

Organizational Meeting Scheduled For Agawam Senior Men’s Golf League

The Agawam Senior Men’s Golf League will be holding its organizational meeting on Wednesday, April 7th at the Agawam Municipal Golf Course, 128 Southwick Street, Feeding Hills beginning at 8:00 a.m.

Members must be at least 60 years of age to compete in the league, which will play on Thursday mornings. Persons can sign-up at the Senior Center or at the golf course.

For photo coverage in The AAN, please call photographer Jack Devine at 789-0053; however, please give him at least 48 hours’ notice prior to your event.

* * * * *

HOMETOWN CANDLE COMPANY



Try
‘Fresia’ &
‘Jasmine’:
Two Great
New
Scents!

“The Scents of Life”

(413) 786-3900

~ The Galleria Shops ~

360 North Westfield Street (Rte. 187) • Feeding Hills, Mass.

OPEN: Mon. thru Sat. 10AM-5PM; Sun. 12 Noon - 5PM

The
“Scents”able
Choice

25% OFF
Maple Sugar

35% OFF
Cinnamon
Stick
- Scent of
the month -

New Scents
• MAC
DELITE
• Apricot
Nectar
• Creme
de Menthe



DAPHNE ANN GAUTHIER

The Gauthier Family Announces Birth Of Daughter, Daphne Ann

Brian & Kristen Gauthier of Chicopee announce the birth of their daughter, Daphne Ann Gauthier, on September 4, 1998.

Daphne weighed eight pounds, nine ounces and was 21½ inches long.

Proud grandparents are James P. & Erin Votzakakis of Agawam and Edward & Doris Gauthier of Aldenville, Chicopee. Maternal great-grandparents are James & Evelyn Votzakakis and Ann Shea of Feeding Hills. Paternal great-grandparents are Leo & Yolande Croteau of Aldenville, Chicopee.

Daphne was baptized on Feb. 28, 1999 at St. Rose de Lima Church in Chicopee. Her uncle, James M. (Jay) Votzakakis and Pamela Watjus served as Godparents.

“Memory Lane Chorus” Preparing For WWI Concert

The “Memory Lane Chorus” of the Agawam Senior Center is starting preparations for a concert of the songs of World War I in the fall.

The Chorus was formed for the Intergeneration Program with the School Department in 1997 and participated in a program of the songs of World War II that year.

During the past year, a program of “Memories of Broadway” was presented at the Junior High School in conjunction with the Junior High School Chorus. Since that time, several programs have been presented at the Country Estates and the Senior Center for Christmas and Valentine’s programs, and they will sing at the Springfield Hobby Club in April.

The group is always open to new members, and practice sessions are held at the Senior Center on Tuesday afternoons from 3:00 to 4:00 p.m. The emphasis of the group is focused on a “sing along” style. Harmony is provided by the members who can do so, and solo, duet, and trio numbers are also included in the program repertoire. Membership is not limited to senior citizens, and a wide variety of songs is included in the regular sessions.

Over 60 songs from Broadway musicals dating from 1920 to 1980’s were presented in the 1998 production. Some 30 songs from the World War II era were presented in 1997.

The fall production on World War I will feature many songs that depict the many moods of the country and its servicemen as well as the general population. Over 100 songs are under consideration that deal with various aspects of the war. Other songs that were popular from 1914 to 1918 will also be included in the selection process which will be continuing during the spring months, with a program date around Veterans’ Day in November.

Saturday Morning Breakfast At The Spfld. Turnverein

Come join us for breakfast this Saturday morning, March 27th, between 9:00-11:00 a.m., sponsored by the Ladies’ Auxiliary of the Springfield Turnverein, 176 Garden Street, Feeding Hills.

Pancakes, sausage, orange juice, milk, and coffee will be served. Cost for adults is \$3.50 and children 10 and under, \$2.

Weather permitting, there will be an Easter Egg Hunt at 10:00 a.m. for those taking part in the breakfast.

Bring the family and enjoy a visit with the Easter Bunny. Even if you don’t have children or grandchildren to bring, please join us!

Marine Cpl. Michael DiMatteo Receives Letter Of Appreciation

Marine Lance Cpl. Michael DiMatteo, son of Amedeo and Marina DiMatteo of 184 Tobacco Farm Road, Feeding Hills, recently received a Letter of Appreciation while assigned with Marine Corps Security Force Company, London, England.

DiMatteo was recognized for his superior performance of duty. Displaying remarkable dedication and initiative, DiMatteo consistently performed his demanding duties in an exemplary and highly professional manner.

The 1997 graduate of Agawam High School joined the Marine Corps in June 1997.

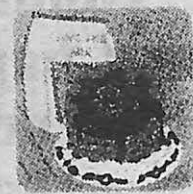
Our deadline is each Tuesday at 12:00 noon ... ADVERTISER NEWS!!!



Agawam Unico



Pancake Breakfast



ALL PROCEEDS TO BENEFIT AGAWAM VETERANS MEMORIAL

**Sunday, APRIL 11, 1999
8:00 am – 12:00 noon**

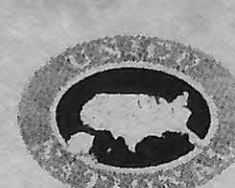
**Polish American Club
139 Southwick St.
Feeding Hills, MA**



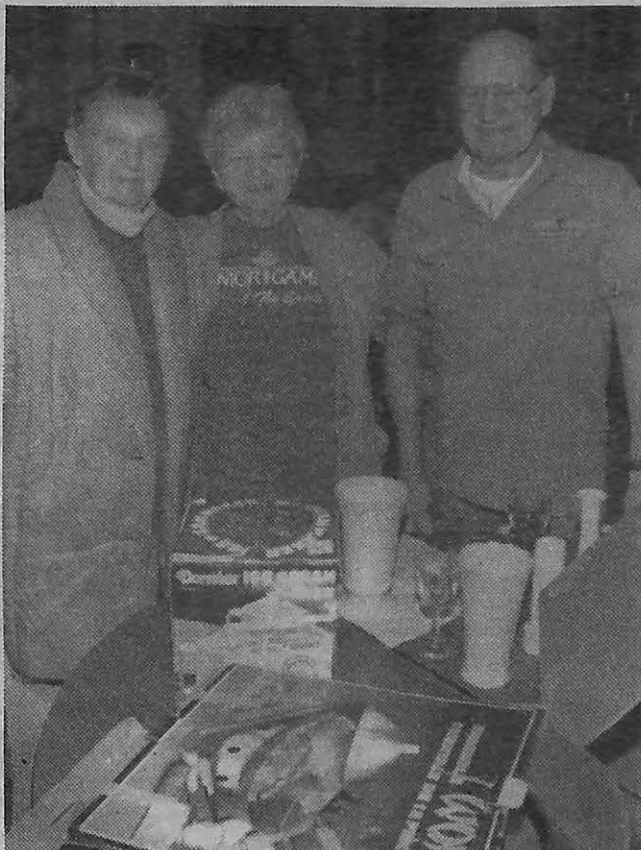
**Donation- Adult \$4
Children under 8 \$2**



**Tickets available at the door or call
Sal Morassi @ 786-0177**



ASGA Holds Tag/Easter/Bake Sale...



ON SATURDAY, MARCH 20TH, the Agawam Senior Games Athletes (ASGA) held a large Tag/Easter/Bake Sale at the Agawam Senior Center. Among those in attendance at this fundraiser were (from left to right) Angelo Pumbo, Vi Presz, Ginny Ingram, Gertrude Duvall, Desiree Jacobs, Hal Deyo, Lena Peloquin, Lorraine Fontaine, and Janice Bonk. Advertiser News photos by Jack Devine.

Golden Age Club Chapter I April Calendar Of Events

Thursday, April 8th: Trip to Mohegan Sun Casino

Friday, April 9th: Board of Directors' Meeting, 1:00 p.m., Agawam Senior Center.

Wednesday, April 14th: Installation Dinner Meeting at the Colosseum Banquet House in West Springfield. Entertainment by Dale Toepfer.

Wednesday, April 28th: Meeting Day at 1:30 p.m. Program to be announced.

Thursday, April 29th: Trip to White's in Westport, MA. "Tribute to Frank S. and Sammy D." Also, visit to Vanity Fair.

Please be sure to patronize your local businesses...

* * *

Navy Petty Officer 2nd Class David I. Schwartz Arrives In The Adriatic Sea

Navy Petty Officer 2nd Class David I. Schwartz, son of Melvin A. Schwartz of 22 Federal St., Agawam, recently arrived in the Adriatic Sea while assigned to the aircraft carrier *USS Enterprise*, home-ported in Norfolk, Virginia. Currently on a six-month deployment, Schwartz's ship is the lead ship of the *USS Enterprise* Battle Group.

Diverted from a port visit to Cannes, France, Schwartz's ship arrived in the area to increase the NATO presence where negotiations between Serbia and ethnic Albanians in the Yugoslavian province of Kosovo approached a critical deadline. Shortly after arriving, Schwartz's ship's air wing

began conducting flight operations.

Carriers, like *USS Enterprise*, are forward deployed around the world to maintain a U.S. presence and provide rapid response in times of crisis. They serve as a highly visible deterrent to would-be aggressors and, if deterrence fails, offer the most versatile and powerful weapons available, including Tomahawk cruise missiles and tactical aircraft.

The 1981 graduate of Cromwell High School of Cromwell, Connecticut, joined the Navy in February 1984.

Why not "surprise" your friends and loved ones with a birthday ad! They cost just \$30, so bring yours in today...

Happy 90th Birthday, Rupert!



Love,
The Kane Family

Rejean J. Remillard Insurance Agency

Auto ♦ Home ♦ Life ♦ Workers Comp ♦ Liability ♦ IRA's

Conveniently Located in Feeding Hills Center

"Where Good Drivers Receive Valuable Discounts Without Group Hassles"

Your Local Family Owned And Operated Agency Since 1970



23 Southwick Street
Feeding Hills, MA



Open Monday- Friday 8:30am to 5:00pm
Saturday 9:00am to Noon

(413) 789-3070

Sponsored By Agawam Cultural Council...

Young At Heart Chorus Coming To The Middle School

The Young At Heart Chorus is returning for its third performance for the Agawam Cultural Council on Friday, April 9th, at 7:30 p.m. at the Agawam Middle School auditorium.

The Chorus is a unique senior citizen performance group whose members range from 65 years young to 93 years. They have become famous for their interpretations of the music of the 20th century.

One *Boston Globe* reviewer stated that "they're hip, they're hot, they're happening!" Zany impersonations, instrumental improvisations, and audience participation are always key elements in the Young At Heart show.

The members of the group have become international stars since first appearing at an international arts festival in Holland. They were received with open arms and sold-out shows and were asked to return. In 1998, a three-week tour of Holland and Belgium brought more rave reviews. Their enthusiasm and lust for life make their performances enjoyable for all ages.

The performance is free and is part of the First Friday Series sponsored by the Agawam Cultural Council and the Massachusetts Cultural Council. Parking is available in the back of the school.

For further information, call 786-1859.

Golden Age Club's Chapter II Calendar Of Events For April

April 7th: Installation Banquet at the Oaks, Suffield St., Agawam. Social hour at 11:00 a.m. and dinner served at 12:00 noon. Installation of officers for 1999. Entertainment provided by the West Side Tappers.

April 13th: Bus trip—Summer Squash Maple Sugar tour, Bennington, Vermont. Dinner & show at the Autumn Inn.

April 21st: Regular meeting at 1:30 p.m. at the Senior Center. Mark Lavallo, representative from Fire Tech and Safety of New England will present a video on the new thermal imaging camera. Also, Steven Martin, Deputy Fire Chief, will speak on home safety.

April 23rd: Board of Directors' meeting at 1:00 p.m. at the Senior Center.

April 26th: Bus trip to Mohegan Sun Casino.

Membership dues for 1999 can be mailed to Harry Durant, 66 South Westfield St., Feeding Hills.

Chapter II is inviting seniors living in Agawam to join their Golden Age Club.

"CRANKERS" Slate Annual Spring Poker Run And Dinner

The "CRANKERS Antique Car Club" of Agawam will host its ninth Annual Spring Poker Run and Dinner on Sunday, April 11th at the VFW Post 1632, 194 South St., Agawam.

Poker Run registration will be held from 12:00 noon to 2:00 p.m., with dinner at 3:30 p.m. The menu will include ziti and meatballs, salad, rolls and butter, coffee, soft drinks, and a cash bar. Cost is \$8.50 per person, and free for children under 12.

All types of vehicles are welcomed. You don't have to have an antique to go on this fun tour.

To order tickets, send your check to "CRANKERS Antique Car Club," P.O. Box 172, Agawam, MA 01001. Be sure to include your request for the number of tickets being ordered.

Elm-Belcher Masons To Once Again "Adopt-A-Highway"

Members of the Elm-Belcher Lodge of Masons, as part of its awareness programs, will again participate in the Adopt-a-Highway Program from April through November.

During this time, the litter will be picked up from both sides of Route 57 in Agawam from the Route 75 overpass, west to South Westfield Street exit, once a month. The state has placed signs on Route 57 to identify the assigned area.

This program will start in April during the week of Earth Day.



PREPARING FOR THE Agawam Lioness Club's April 15th Meatball and Ziti Dinner: standing - Kathy Turnbull, Bernice Burton, Alice Olson, and Rosemarie Maniscalco; seated - Marianne Campbell and Pat Lalancette. Advertiser News photo by Jack Devine.

Agawam Lioness Club Schedules Annual Meatball & Ziti Dinner At The Lions' Den

The Agawam Lioness Club is currently planning its annual Meatball and Ziti Dinner.

It will be held on Thursday, April 15th, at the Lions' Den on the Exposition grounds in West Springfield. Servings will be from 5:00 to 7:00 p.m.

All the meatballs and sauce will be made by the

Lioness members themselves.

All proceeds from projects are given to the different Lioness charities, which include scholarships.

Tickets for the Meatball and Ziti Dinner are available from any club member.

All the hometown news with us ... AAN!!!

The Law Office of Scott E. Skolnick

will be relocating to

**567 Springfield Street
Feeding Hills
as of April 1, 1999**



**Phone Number
(413) 786-6727**

**Fax Number
(413) 786-7564**

Church News

Weekly Calendar From Ag. Congregational

This Sunday, March 28th, is Palm Sunday. At Agawam Congregational Church, located at 745 Main Street, Agawam, Rev. Fuller's Sermon will be, "Letting Go..." taken from Text: Philipians 2:5-11. His Children's Message will be, "Sticks & Stones," taken from Text: Isaiah 50:7A. Worship Service begins at 10:30 a.m., with Church School for Crib Room through the sixth grade taking place during the service. Church School for grades seven through 12 will meet at 9:00 a.m.

Palms will be handed out following the service.

A Confirmation Retreat will take place this Friday and Saturday, March 26th and 27th, at the Framingham Conference Center.

Rev. Curt Fuller and Cynthia Arnold will lead this spiritual journey for the ninth-grade class.

The Holy Week schedule is as follows:

The Midweek Service on Wednesday, March 31st, will not be held.

On Maundy Thursday, April 1st, the Service of Tenebrae and Confirmation will be at 7:00 p.m. The Confirmands are: Taryn Albano, Danya Decoteau, Mike Follis, Sarah Gates, Ryan Sullivan, Adam Tapply, Amilee Young, and Lucy Young.

A Community Good Friday Service will be held at the First Baptist Church of Agawam on April 2nd at 7:00 p.m.

There will be three Services on Easter Sunday: A Sunrise Service with the First Baptist Church at 6:30 a.m. (at the Springfield Turnverein), as well as Services at 9:00 and 11:00 a.m. Join us for one or all three special Services. A light breakfast will be held at the church following the Sunrise Service.

Men's Prayer Time is held weekly on Tuesdays at 7:45 a.m. This half-hour includes a devotional reading, prayer, and a time of refreshments and fellowships.

All are welcome to this very special time. For more information, contact Rev. Fuller at 786-7111.

A Falcons Hockey Night for all ages will be held this Friday evening, March 26th. We will leave the church parking lot at 6:15 p.m.

Interested? Call the church office for more information at 786-7111.

A Baked Chicken Supper will be held on Saturday, March 27th, at 5:30 p.m. Cost is \$7 for adults, and \$4 for children under 12.

Call the church office at 786-7111 for your reservations. The church office is open from 8:30 a.m. to 12:30 p.m.

Reservations close on Friday, March 26th.

The Adult Bible Discussion Group will meet each first and third Wednesday of the month at 7:45 p.m., following the 7:00 p.m. Midweek Service. The next Discussion Group will meet on April 7th.

All are invited to attend this informal, non-threatening, fun group. For more information, please call the church office at 786-7111.

Ag. Congregational Schedules Baked Chicken Dinner

The Agawam Congregational Church will be holding a Baked Chicken Dinner on Saturday, March 27th, at 5:30 p.m.

The dinner includes baked chicken, roasted potatoes, vegetable medley, cole slaw, rolls, beverages, and brownies with ice cream for dessert. The cost is \$7 for adults and \$4 for children.

The dinner will be held at the church, located at 745 Main Street, Agawam. Reservations are recommended, but a few walk-ins will be accepted.

Reservations can be made by calling Anne Hamel at 786-2908 before 12:00 noon on Friday, March 26th.

"Church News" is a weekly feature of The Agawam Advertiser News...

Palm Sunday Message From Agawam United Methodist Church

Palm Sunday is celebrated by Christians far and near as a reminder of Jesus' entry into the City of Jerusalem, and his being hailed King.

His message which followed was disturbing to many. It called on people to make changes. Some of these changes were to be radical. It was shortly after this that the disturbed authorities developed an intense strategy to put Jesus to death.

Their behavior moved from one extreme to the other.

Human history has revealed this as a recurring pattern of behavior. Our admiration and sometimes love for others is often ephemeral.

Examine the relationship between those who shortly after marriage, after confessing the deepest love for each other, find reason to turn from one another, or examine the ease with which people recant their pledge of loyalty to the ideals that once governed their lives.

Our goal on Palm Sunday is not only to remember our human weakness, but also to renew our pledge to be faithful followers of one who dauntlessly creates wholesome changes and enables his followers to accommodate the changes that make for spiritual richness and growth in their spiritual lives.

We invite you to join us at worship as once again we experience the call to genuineness and faithfulness in Christian discipleship.

Holy Thursday, Holy Communion at 7:00 p.m.; **Easter Sunrise Service**, 5:30 a.m.; **Easter Morning Service**, 9:30 a.m.

Holy Week Services At First Baptist Church In Agawam

The observance of Holy Week at First Baptist Church begins with Palm Sunday service of worship at 9:30 a.m.

Pastor Richard Barnes will speak on "Truly Praised," using scriptural text from Philipians 2:1-11. Special music will be offered by the choir.

Church school classes for all ages will be held after the social hour which follows worship. Nursery care is always provided.

The deacons will hold their regular monthly meeting in Lockhart Parlor at 7:00 p.m., also this Sunday evening.

On Maundy Thursday, April 1st, at 7:00 p.m. there will be a communion service in Bodurtha Hall, with special music and appropriate readings.

First Baptist Church will host an ecumenical service of worship on Good Friday evening in the sanctuary at 7:00 p.m.

Participating churches are the Agawam Congregational Church and the Agawam Methodist Church. Pastors and lay people from each of the churches will coordinate the leadership of the event.

You are cordially invited to attend any or all of these Holy Week services. The First Baptist Church is located on the corner of Main & Elm Streets, and is a member of the American Baptist Churches, USA.

Vendors Sought For May 1st Tag Sale

Vendors are being sought for a tag/rummage sale to be presented to the public by the Catholic Women's Club of Agawam from 9:00 a.m.-3:00 p.m., May 1st in the parking lot of St. John the Evangelist Church on Main St., Agawam.

The size of each space is 15'x18' and the cost for each vendor is \$15. Food and beverages will be available on the premises.

Any interested person may call Catholic Women's Club president Betsy Ciempa at 786-5160 for additional information.

**Now Showing at
Hampden Savings Bank**

Starring:

- Free ATM Transactions Worldwide**
- Free Debit Card**
- Free Overdraft Protection**

What the critics are saying about Free Checking Magic . . .

"Two Thumbs Up... saves time and it's easy to use."

"Spellbinding...it's free and there's more to come!"

"Winner...and it's from a local bank."

Free Checking Magic

Changing plain old free checking into a powerful financial tool.

Coming Attractions
Bank by Phone or Internet

Springfield:
19 Harrison Avenue 736-1812
1363 Allen Street 782-5291

West Springfield:
220 Westfield Street 781-3360

Longmeadow:
475 Longmeadow Street 567-3321

Hampden Savings Bank
Since 1852

EQUAL HOUSING LENDER Member FDIC/DIF All Deposits Insured in Full

Church News - continued...
News And Notes From
F.H. Congregational

You are welcome to join with us at the Feeding Hills Congregational Church, which is located at 21 N. Westfield Street in Feeding Hills. Sunday worship hour begins at 10:00 a.m. and will include the choral cantata "What a Morning" by Jay Althouse and Sally K. Albrecht.

The Lector will be Lani Kretschmar. The lectionary readings for March 28th, Palm Sunday, are Psalm 118:1-2, 19-29; Matthew 21:1-11.

Coffee Hour will be hosted by Bernice Burton, with cookies made by Sunday School members and friends. Children are invited to attend worship with their parents, leaving at a designated time for Easter egg coloring; nursery care will be provided for the very young.

The Board of Christian Education will again be hosting movie nights at the church. For those who don't wish to watch a film, we'll also be baking cookies for use the following Sunday during coffee hour.

The next movie night will take place this Saturday, March 27th, at 7:00 p.m.

Join us for "Come to the Center: An Invitation in the Spiritual Journey" next Sunday evening at 6:30 p.m.

Our monthly evening worship hours are contemporary in style, and everyone is welcome to worship with us.

All are invited to attend a service of Tenebrae on Maundy Thursday, April 1st, in the sanctuary beginning at 6:30 p.m. The service will be followed by a symbolic Seder in Griswold Hall at 7:15 p.m.

The Seder should last approximately an hour and will be led by members of our Confirmation Class.

Lenten activities will continue on Good Friday, April 2nd, beginning at 6:30 p.m. at the parsonage. There will be a "Love Feast," which will include the ceremonial washing of feet.

On the calendar:

Friday, March 26th: 5:00 p.m. to 12:00 midnight, Creative Memories.

Saturday, March 27th: 9:00 a.m. to 5:00 p.m., Baby Shower (Johnson); 7:00 p.m., CE Movie/Cookie Night.

Sunday, March 28th: 10:00 a.m., Palm Sunday Cantata; Egg coloring for Sunday School students; 6:30 p.m., Worship Service; 7:00 p.m., Play practice.

Monday, March 29th: 4:00 p.m., Girl Scouts; 6:30 p.m., Cub Scouts.

Tuesday, March 30th: 7:00 p.m., A.A.

Wednesday, March 31st: 4:00 p.m., Girl Scouts; 6:30 p.m., Girl Scouts; 7:00 p.m., Choir.

Thursday, April 1st: 6:30 p.m., Maundy Thursday Service of Tenebrae, followed by Seder.

Friday, April 2nd: 6:30 p.m., Good Friday gathering at the parsonage; 7:00 p.m., Radio Club.

Activities At
Sacred Heart
Church In F. Hills

COFFEE HOUR

There will be a "Coffee Hour" to welcome into our parish community the R.C.I.A. candidates who will be receiving the Sacraments of Baptism, Eucharist, and Confirmation.

The coffee hour will be held immediately following the 9:00 a.m. Mass on Sunday, March 28th, in the Parish Center.

RUMMAGE SALE

Just a note to ask you to keep the upcoming "Rummage Sale" in mind as you go through your spring and summer clothing. That pretty outfit that you bought your child for Easter last year and is now too small, would be a good seller — children's clothing always goes first!

Also, household linens sell fast. Worn but usable towels sell well, too — just please make sure they are freshly washed. In the Attic Treasure Room, everything sells; what you no longer want might be the very thing someone is looking for!

The Rummage Sale is on Thursday, April 22nd, in the Parish Center. It is such a good money maker, and all money earned is used to help people in need in the parish and community.

AGAWAM CATHOLIC SINGLES GROUP

The Agawam Catholic Singles Group meets on the second Thursday of each month at St. John's Parish Center, Agawam.

Military Band Concert - Friday, March 26th. Call Joanne, 786-1583.

CAN YOU HELP?

Someone is in need of a twin bed. If you have one that is in good condition, please call Sr. Eileen at 786-8200. Thank you very much.

HOLY WEEK OBSERVANCES

Passion (Palm) Sunday: Saturday, March 27th, 4:00 p.m.; Sunday, March 28th, 7:30, 9:00, and 11:00 a.m.

Holy Thursday: Evening Mass of the Lord's Supper — Thursday, April 1st, 7:00 p.m.

Good Friday: Friday, April 2nd — Children's Service, 11:00 a.m.; Celebration of the Lord's Passion, 7:00 p.m.

Holy Saturday: Saturday, April 3rd — Blessing of Easter Food, 12:00 noon; The Vigil of Easter, 7:00 p.m.

Easter: Sunday, April 4th — Eucharistic Celebrations at 7:30, 9:00, and 11:00 a.m.

Go quickly and tell his disciples: "He has been raised from the dead and now goes ahead of you to Galilee, where you will see him." That is the message I have for you. (Matthew 28:1-10)

Remember, our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you!

Valley Community
Church Cordially
Invites The Public

The congregation at Valley Community Church, 152 S. Westfield St. in Feeding Hills invites you to share with them in worship and fellowship.

Our journey with Christ through Lent continues with our Palm Sunday Service, March 28th at 9:30 a.m.

Pastor Robert Loesch will deliver the message, "The Christian Cup," and the Scripture lesson is from Mark 10:32-45.

Maundy Thursday, April 1st: We will hold a Communion Service at 7:00 p.m. in remembrance of the Passover and the Lord's Last Supper.

Good Friday, April 2nd: A Prayer Vigil will commence at 3:00 p.m. and will continue through to Easter morning. This is a reflective time to be alone with Christ in prayerful meditation during the dark hours of His suffering and death.

Good Friday, April 2nd: We will hold a 7:00 p.m. service reflecting in solemnity the crucifixion of our Lord.

Easter Morning, April 3rd: We will welcome the dawn with our spectacular Sunrise Service atop the hill overlooking the glories of God's works. Feeding Hills Congregational Church will once again join us for this grand re-awakening to the celebration of our Lord's resurrection. The public is invited to attend our 6:00 a.m. service, but are reminded that the clocks "spring" ahead one hour that morning.

We will follow the service with a Pancake Breakfast (please call the church at 789-2445 and let us know if you plan to attend).

Easter Church Service will commence at 9:30 a.m. with Pastor Loesch leading us in the glorious affirmation of our faith, "We Believe In The Risen Lord," scriptures from Matthew 28:1-10.

Other notices of importance are Junior and Senior Choir meet Wednesday, March 31st at 6:15 p.m. and 7:00 p.m., respectively, and church children are invited to an Easter Egg Hunt and Lunch on Saturday from 11:30 a.m.-1:00 p.m. on the church lawn.

As a non-denominational church, we welcome all visitors of the Christian faith to join us in worship. Many people respond to this particular time of year as a needy one for spiritual nourishment and rejuvenation.

Perhaps attending Holy Week at Valley Community Church will stimulate you to seek Christ on a more consistent basis and allow God's word to administer to you, not just one day of the year, but all the days of your life. We welcome you.

This message
is brought
to you
by

The
NEW LIFE
CHRISTIAN
CHURCH

(413) 789-
1377
or

Toll Free:
(877) 643-
9801

Reprinted
with permission
from
Our Daily
Bread

MERCY AND
REWARD

READ:
1 Timothy 1:12-17

This is a faithful saying... that Christ Jesus came into the world to save sinners, of whom I am chief. —1 Timothy 1:15

When the great Puritan preacher Thomas Hooker (1586-1647) was on his deathbed, a friend tried to console him by saying, "Brother Hooker, you are going to receive your reward." "No, no!" he breathed. "I go to receive mercy!"

In sharp contrast, A. W. Tozer recalled the prayer of a man who had the idea that he could earn heaven as a reward for trying to keep the Ten Commandments. It went something like this: "Now, God, I admit I have not kept number 1 and number 3 and number 7 and number 9. But remember, Father, that I have kept all the others."

How foolish! This man failed to see that if he had broken one commandment, he was guilty of breaking them all (Jas. 2:10). His works were earning him condemnation, not salvation.

As the apostle Paul reviewed his 30-plus years of sacrificial service, he saw himself as the "chief" of sinners and totally dependent on God's mercy. Although he undoubtedly anticipated the rewards he would receive, he gloried only in the cross (Gal. 6:14). There Jesus paid the price for sin so that everyone who trusts in Him will receive mercy.

The wonder of God's mercy and grace! Someday I will "go to receive mercy." I hope you will too. —HVL

*'Tis mercy all, immense and free,
For, O my God, it found out me;
Amazing love! How can it be
That Thou, my God, shouldst die for me. —Wesley*

GRACE IS GETTING WHAT WE DO NOT DESERVE.
MERCY IS NOT RECEIVING WHAT WE DO DESERVE.



Member
American Optometric Association

Dr. Andrew E. Boraski
Optometrist

Comprehensive Eye Health Care
Convenient Evening And Saturday Hours
Contact Lenses Of All Types
Credit Cards Accepted: VISA, MasterCard, & Discover
Contracted Provider For:

BC /BS Of CT
BC /BS Of MA (When Applicable)
HMO Blue, Blue Care Elect, Blue Care 65, & Blue Choice
Secure Horizons
Medicare
Tufts
AETNA /U.S. Health Care
Met Life
ConnectiCare
Kaiser Permanente /CHP
Health New England

334 Walnut St. Ext.
Agawam, MA 01001

(413) 789-0031

Church News - continued...**St. John's Parish
News And Notes****EASTER PLANTS**

On Tuesday, March 30th, our Easter plants will be ready for delivery to our homebound and nursing home parishioners.

REKINDLING THE FIRES OF BOY SCOUTING

After a 14-year absence, there is once again a Boy Scout Troop here at St. John's.

On Wednesday, March 24th, six Cub Scouts of Pack 77 crossed over to Boy Scouts, and thus began Troop 77. As a new Troop, the Scouts are in need of camping equipment.

Anyone wishing to donate new or used equipment, please contact Jim Chaban at 786-3561. We wish the Troop well!

AGAWAM CATHOLIC SINGLES CLUB

Meetings are held on the second Thursday of the month at 7:00 p.m.

Anyone interested in joining should call Frank, 789-2764, or Kay B., 786-8442.

March 26th: Military band concert. Call Joanne, 786-1583.

ST. JOHN'S OVER-60 CLUB

* **Boston Trolley Trip** on Thursday, May 6th. Feel the drama of the Revolution in America. Visit Quincy Market, lunch at the Marriott Long Wharf. Price: \$52. For reservations, call Lil, 786-9586, or Barbara, 569-9830.

* **Saratoga Performing Arts** will be presenting "Swan Lake," a full-length ballet. The Club has tickets reserved for the matinee on July 8th, and this will include a visit to the National Museum of Dance and lunch at Hall of Springs. Make reservations early. Cost: \$57.00.

ST. JOHN'S HOLY WEEK SCHEDULE

Passion (Palm) Sunday: Saturday, 4:00 and 6:00 p.m.; Sunday, 7:00, 9:30, and 11:30 a.m.

Holy Thursday: Evening Mass of the Lord's Supper — 7:00 p.m.

Good Friday: Stations of the Cross — Children's Stations, 12:00 noon; Adult Stations, 3:00 p.m. Celebration of the Lord's Passion — 7:00 p.m.

Holy Saturday: Blessing of Easter Food — 10:00 a.m. The Vigil of Easter — 8:00 p.m.

Easter: Eucharistic Celebrations — 7:00, 9:30, and 11:30 a.m.

**"Spring Fair" At
Mittineague United
Methodist Church**

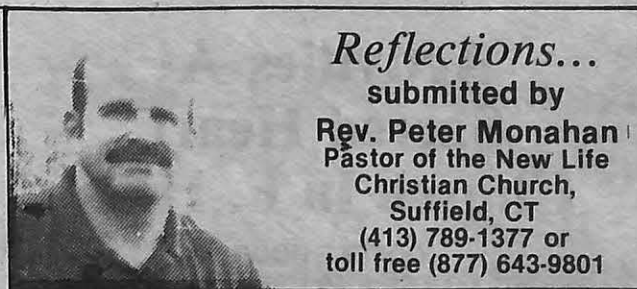
Mittineague United Methodist Church will be holding a "Spring Fair" featuring "Breakfast With the Easter Bunny" on Saturday, March 27th from 8:30 a.m.-1:00 p.m.

Also featured will be a next-to-new table, crafts table, bake table, and Easter candy table.

The church is located at 800 Amostown Road across from Fausey School in West Springfield.

For more information, contact the church at 788-0304.

— ADVERTISER NEWS —

**Reflections...**

submitted by

Rev. Peter Monahan
Pastor of the New Life
Christian Church,
Suffield, CT
(413) 789-1377 or
toll free (877) 643-9801

The Season Of Lent

Years ago, I had a radio alarm clock set to CBS Newsradio out of New York City. I chose that station to wake me up in the morning because they would mention the time of day every couple of minutes, which made it difficult for me to kid myself that I had more time to sleep. After a while, though, I had to change the station, because in between the time checks came the reports of the rapes, murders, and robberies which had occurred the day and night before. The sheer volume of man's inhumanity to man became depressing to listen to.

In spite of what the evolutionists would try to have us believe, the human race has not progressed morally over history. Whether one measures humans back to the cave man or Adam and Eve, our generation is not morally superior to the first generation. They were sinners then, just as we are now. When Adam and Eve contemplated rebelling against God in the Garden of Eden, God warned them that if they did, **in the day you eat of it you shall die.** They did, and they did. As a result of Adam and Eve's conscious decision to rebel against God, death was introduced into the world, where it had not been before. The season of Lent acknowledges the first sin, as well as its impact on all of Adam and Eve's descendants.

Once humankind had fallen into sin, there was no way we could alter our situation ourselves. God had created people to have life in relationship with Himself; on the awful day when Adam and Eve sinned, that precious life was extinguish-

**Faith Bible Church
To Start Holding
Two Sunday Services**

Faith Bible Church will be starting two services on Sundays beginning April 11th at 8:30 a.m. and 10:30 a.m.

Nursery and children's Sunday School will be provided at both services. Please join us.

**Volunteers Sought For
Tag Sale On May 1st**

Vendors are being sought for a tag and rummage sale set for 9:00 a.m. to 3:00 p.m. on May 1st in the parking of St. John the Evangelist Church, Main Street, Agawam.

The size of each space will be 15 by 18 feet, and the cost is \$15. Food and drink will be available.

Interested persons may contact Betsy Ciempa at 786-5160.

ed. Although their bodies didn't die at that moment, something far more precious did. From that time on, all our righteous deeds are like a filthy cloth.

God gave the prophet Ezekiel an awesome and awful vision of our spiritual state from His point of view. "He brought me out by the Spirit of the Lord and set me down in the middle of a valley; it was full of bones. There were very many lying in the valley, and they were very dry. He said to me, 'Son of Man, can these bones live?' I answered, 'O Lord God, You know.' Then He said to me, 'Son of Man, these bones are the bones of the whole house of Israel.'" To the Jewish people, the idea of being left unburied in a valley was horrid. Those who presume to think they can present themselves before the Almighty God of the universe on their own terms are in for a rude awakening.

That wasn't the whole vision God gave to Ezekiel. There was more, much more. "Then He said to me, 'Prophecy to these bones: thus says the Lord God to those bones: I will cause breath to enter you, and you shall live.'" Just as Jesus wept over the grave of His friend Lazarus, so God is grieved by the death, both spiritually and physically, of all those who are estranged from Him. Jesus called out to His dead friend, "Lazarus, come out!" God says to us, "I will cause breath to enter you, and you shall live." The season of Lent reminds us that there is hope for us yet, if we will respond to God.

Psalms 130 says, "If you, O Lord, should mark our iniquities, Lord, who could stand? But there is forgiveness with You, so that You may be revered." Lent is the season of acknowledging that we have failed ourselves and God. Sin does have its impact on us; the daily news reports verify that beyond argument. However, the Bible tells us that while the wages of sin is death, the free gift of God is eternal life in Christ Jesus our Lord.

During this season of Lent, may we pray along with the Psalmist: "I wait for the Lord, my soul waits, and in His word I hope; my soul waits for the Lord more than those who watch for the morning."

**Faith Bible Church
Invites Public To
Good Friday Service**

Come and join Faith Bible Church on Good Friday as Pastor Jasmin goes through the last 24 hours of the life of Christ before the crucifixion.

He will be going into great detail regarding the death of our Savior.

Join us at 7:00 p.m. on Friday, April 2nd, at 370 Shoemaker Lane in Agawam. Call 786-1681 for directions.

* * *

*For the best in local goods
and services, be sure to
check our classified ads
each and every week...*

* * *

Family Dentistry

Gentle, Caring Dentistry At An Affordable Price

Michael J. Calabrese
D.M.D., M.S.



- Cleaning/Filling
- Crown and Bridge
- Root Canal Treatment
- Cosmetics/Aesthetics
- Dentures
- Periodontal Care

Evening And Saturday Appointments Available

24-Hour Answering Service

850 Springfield Street, Feeding Hills

786-0555

ALAN L. FERRIGNO

Attorney at Law
546 Springfield Street
Feeding Hills, MA 01030
(413) 786-9454

- Personal Injury/Auto Accidents
- Wrongful Discharge from Employment
- Age/Sex Discrimination
- Incorporation
- Estate/Medicaid Planning/Wills
- DWI Defense

Over 20 years professional experience

Church News - continued...

Ham & Bean Supper At Agawam Baptist



AGAWAM BAPTIST CHURCH held a ham and bean supper last Saturday evening (March 20th). From left to right: Chip Bishop, who was determined to keep his Patriots sweatshirt stain-free while dishing out baked beans; Warren Hutchinson, Archie Pegorara, and Everett Hodge; and Annie Watson. Advertiser News photos by Jack Devine.

Call Jack Devine at 789-0053 for photo coverage in The AAN...

HOW CLOSE ARE WE TO A CURE FOR CANCER?



IN HER CASE, ABOUT 31 MILES.

While advances in medical research have given thousands of Americans with cancer more hope than ever, we still haven't been able to solve the most basic problem of transportation.

But you can help. And we hope you will.

Through the American Cancer Society's Road to Recovery program, you can help by volunteering to drive a cancer patient to and from a treatment facility. If you have a car, safe driving skills, and can drive as little as one morning or afternoon a month, you can help give someone the most precious of all gifts: the chance for a fuller life.

For more information, call your American Cancer Society at 1-800-ACS-2345. Call today. And help us drive cancer from the face of the earth.



In the **go-go** world of banking,
there's still one bank
that knows how to **yield.**

5.05% Annual Percentage Yield*
on a **16-month** CD.

When is the last time you saw a yield like that?

All it takes is a minimum deposit of \$500.

There's never a maximum at Westfield Bank.

All deposits are fully insured by FDIC/DIF.

But you have to act fast. Offer ends 3/31/99.

WESTFIELD



BANK

*The Annual Percentage Yield (APY) is effective as of 3/4/99 and subject to change without notice. \$500 minimum deposit required to open an account. Substantial penalty for early withdrawal. At the end of 16-month period, product automatically converts to 18-month CD at prevailing rate. This offer may be withdrawn at any time.

Member FDIC/DIF An equal housing lender



Spotlight On Business

Westfield Bank Donates To The Comm. Music School

Westfield Bank President Donald A. Williams recently announced that the bank has made a donation to the *Focus on the Future Campaign* for The Community Music School of Springfield. The gift of \$5,000 will qualify the bank as a CMSS Sponsor in the newly renovated facility located at 127 State St. in Springfield.

At the check presentation, Bruce H. Eger, Vice President of Commercial Lending, and Lauri St. Cyr, Branch Manager, noted that "The arts are a vital part of the Springfield community. With our new location in downtown Springfield only a few blocks away, we look forward to being active participants in the school's music programs."

Eric Bachrach, Executive Director, stated, "Your support and generosity will help the Community Music School of Springfield achieve its capital, endowment development, and program expansion goals as it moves into the 21st century. The ultimate beneficiaries of this important program will be the children and adults of the region. Thank you."

Westfield Bank is one of the largest community banks in the area with assets of over \$580 million. The bank, founded in 1853, maintains its headquarters in Westfield. Branches are located in West Springfield, Agawam, Southwick, and East Longmeadow. A new location in downtown Springfield is scheduled to open this spring.



LAURI ST. CYR (left), Branch Manager of Westfield Bank's newly renovated facility at 127 State Street in Springfield, and Bruce H. Eger (right), Vice President of Commercial Lending, present a \$5,000 gift to Sheldon Wolf. This donation was made on behalf of the "Focus on the Future Campaign" for The Community Music School of Springfield.

Molta Associates Are Now Members Of Int'l Sterling Society

Carol Landers of Coldwell Banker Keenan & Molta Associates' Longmeadow office and Peg Lis-Barone of the Agawam office have been chosen as members of the company's International Sterling Society, an honor bestowed upon only six percent of the more than 69,000 Coldwell Banker Sales Associates worldwide.

"Being a member of the Coldwell Banker International Sterling Society is one of the highest honors among our Sales Associates," said Alex Periello, President and CEO of Coldwell Banker Real Estate Corporation.

Both Carol and Peg have demonstrated superior sales performance and are an asset to the Coldwell Banker network."

* * * * *

"Spotlight On Business" is a weekly feature of The Agawam Advertiser News and is just one more reason why you turn our pages every week...

* * * * *

Best local news - AAN!

Home Of The Week



WEST SPRINGFIELD

New England charm abounds in this unique 8 Rm Cape designed by noted architect Royal Barry Wills. Liv Rm w/built-ins and frpl. All gleaming hwd flrs. 2 frpls. 2 zone heat. 2-plus car gar. Fam Rm and much more. All set in a beautiful location. Must see to appreciate.

789-0772 Linda Lewis 789-7588

Heritage Village townhouse	\$79,900
Building lot - public sewer & public water	\$49,900
5 Rm Ranch, gar., super yard	\$85,900
Cedar sided 3 BR Ranch w/view, Southwick	\$114,900
Split level w/4 BRs, 2 Baths, Great area	\$124,900
7 Rm, 3 BR, 1 1/2 Bath Vinyl sided Cape on 1/2 acre. Gar.	\$127,900
6 Rm, 2 1/2 Bath, 2 car gar R/Ranch	\$144,900
Secluded 7 Rm Col, 2 1/2 Baths, Treed priv lot	\$146,900
New 2,500 Sq. Ft. 4 Bedrm, 2 1/2 Bath Col on cul de sac on 2 acres	\$249,900

"Call For A Free Market Analysis"

Call Any Of Our Professional Hometown Realtors

Landmark Realtors

Community Shops
1325 Springfield Street
Feeding Hills



GUIDING YOUR WAY TO
QUALITY REAL ESTATE
SERVICES

(5 Locations To Serve Your Needs) **789-0772**

There's a first time for everything...



It's only natural...

Dr. Tami Nelson
Hampden County Chiropractic
850 Springfield Street
Feeding Hills, MA 01030
786-4820



Spotlight On Business - continued...**Legal
Memo**

by

Alan L. Ferrigno, Esq.
546 Springfield St., F.H.
(413) 786-9454**Products Liability
Bicycle Rim—Loss Of Control**

The plaintiff was allegedly injured when he lost control of his bicycle while descending a roadway at a high rate of speed.

The plaintiff and three friends rode their bicycles to a mountain and rode up the paved roadway, to the top of the mountain. At the top, the four bicyclists stopped to rest. Before beginning to descend the mountain, the plaintiff allegedly said, "Last one down buys the beers," and began riding down the mountain. No one witnessed the plaintiff's loss of control.

The plaintiff's friends found him on the side of the roadway at the bottom of a curve located part-way down the mountain road. While he was in the hospital, a newspaper interviewed the plaintiff. He told the reporter that he was going too fast around a curve and lost control of the bicycle.

However, after granting that interview, the plaintiff claimed that he was advised by one of his friends that the friend had observed a mark on the roadway at the accident scene which led the friend to believe that the tire on the front rim of the plaintiff's bicycle had become detached from the rim, causing the plaintiff's loss of control.

The plaintiff brought suit against the manufacturers and sellers of the bicycle rim and tire. The plaintiff contended that the rim and tubular tire were defective in that the type of system involved - gluing the tire to the rim - resulted in a likelihood of tire detachment under certain conditions.

The plaintiff contended that the warnings and instructions contained in the owner's manual were not adequate to advise of the hazards of tubular tires.

The plaintiff was awarded \$545,000 as a settlement.

Attorney Alan L. Ferrigno maintains an office at 546 Springfield Street, Feeding Hills, Massachusetts. If you have a legal question, Attorney Ferrigno will attempt to address the same in this column. Please send any questions to the address listed above.

* * *

For all the
hometown
news, you
turn our
pages each
and every
week...
**Advertiser
News!!!**

* * *

**Jeanne Garvin Of F. Hills Is A Manager With
LANDRY, LYONS, STEARNS & YERRALL**

Charles E. Reiter, President of LANDRY, LYONS, STEARNS & YERRALL/Better Homes and Gardens, is pleased to announce the new management team at the firm.

Among the managers of the firm's 14 sales offices is Jeanne Garvin of Feeding Hills.

The new management appointments are the result of the two largest real estate firms in the area merging to form LANDRY, LYONS, STEARNS & YERRALL and being acquired by GMAC Home Services. The merger was officially consummated on February 4th and they now operate 14 sales offices in the Greater Springfield area.

Charles E. Reiter is President of the new firm, Diane Tufts and Mary Leahey are Senior Vice-Presidents, while Mary Noone is Vice-President. Currently, the firm has over a 34 percent market

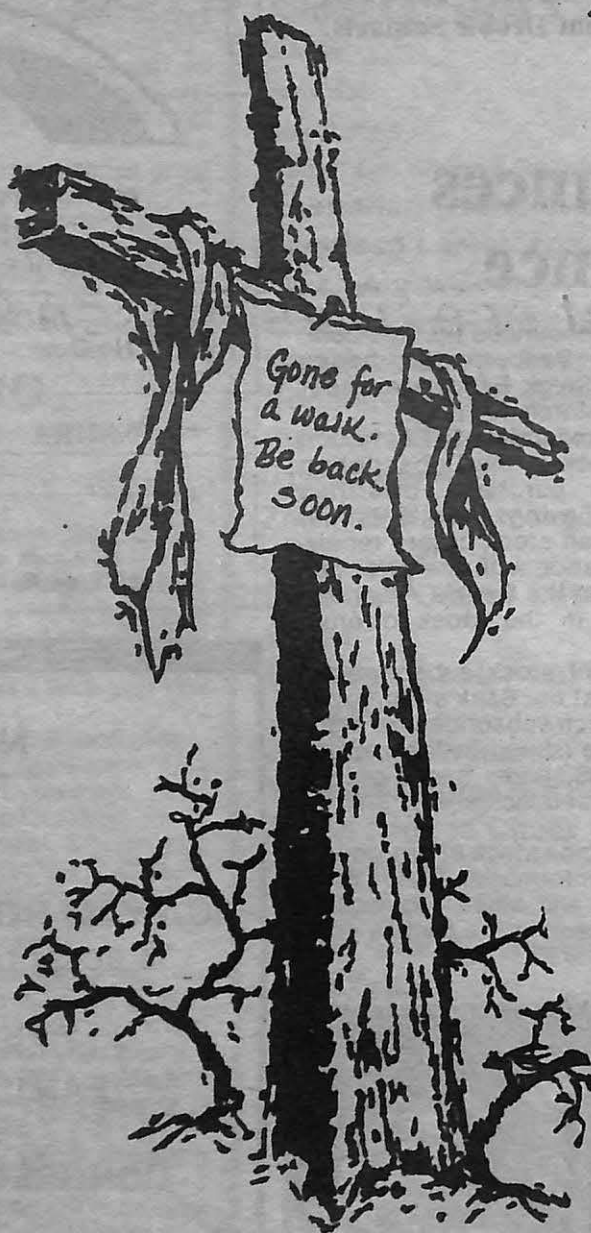
share of the real estate business that is transferred in the area (based on statistics taken from MLSPIN 1/1/99-3/11/99) through the local real estate Association.

LANDRY, LYONS, STEARNS & YERRALL is the largest real estate company in the Greater Springfield area, is owned by GMAC Home Services as well as being a division of Carlson Real Estate/Better Homes and Gardens, the third largest real estate firm in New England.

They have over 240 real estate agents throughout 14 sales offices ready to serve the real estate buying and selling public offering Buyer and Seller representation, in-house mortgage services, and the exclusive **HOME GUIDE** and **TV Home Showcase**. The firm also has the largest inventory of homes available for sale in the Greater Springfield area.

Our deadline is each Tuesday at 12:00 noon ... ADVERTISER NEWS!!!

HOLY WEEK at ST. DAVID'S

**PALM SUNDAY - MARCH 28**

8:00 a.m. - Eucharist with Palms

10:00 a.m. - Palm Procession and Eucharist

MONDAY OF HOLY WEEK - MARCH 29

6:45 p.m. - Evening Prayer

7:00 p.m. - Prayer Meeting

TUESDAY OF HOLY WEEK - MARCH 30

6:45 p.m. - An Order for Evening

WEDNESDAY OF HOLY WEEK - MARCH 31

6:45 p.m. - Tenebrae Service & Prayers for Healing

MAUNDY THURSDAY - APRIL 1

5:30 p.m. - Seder Supper

7:00 p.m. - Holy Eucharist, Foot Washing, Stripping of the Altar

GOOD FRIDAY - APRIL 2

10 a.m. - Children's Service

12:15 p.m. - Ecumenical Service

7:00 p.m. - Good Friday Office & Stations of the Cross

HOLY SATURDAY - APRIL 3

11:00 a.m. - Caregivers' Eucharist

5:00 p.m. - Children's Eucharist w/Youth Music Ministers

EASTER SUNDAY - APRIL 4

8:00 a.m. - Festival Eucharist

10:00 a.m. - Festival Eucharist w/Special Music Ministers

JOIN US THIS WEEK AS WE WAIT FOR HIS RETURN

St. David's Episcopal Church

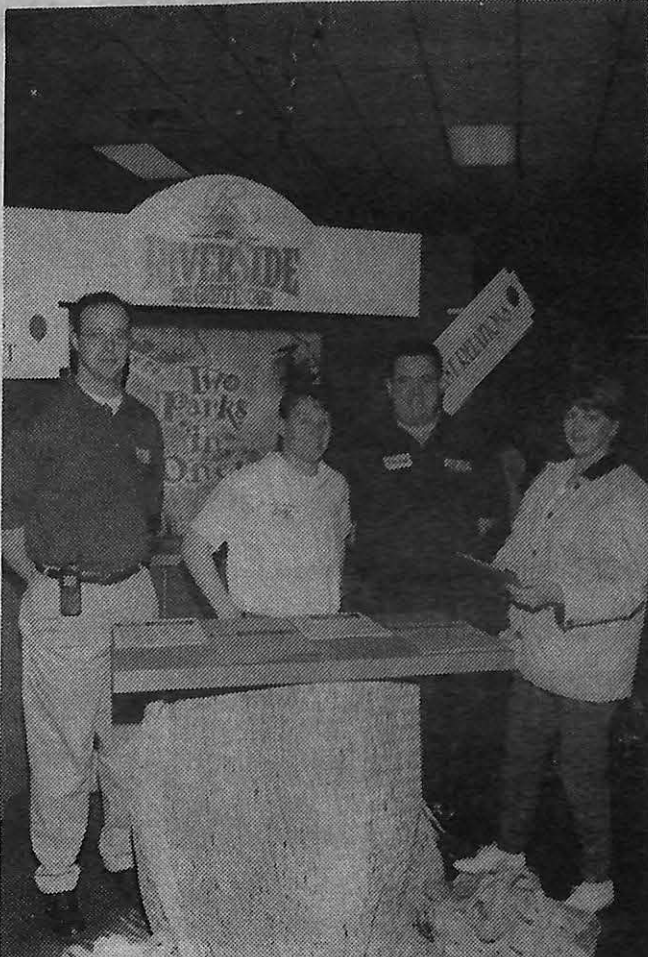
699 Springfield Street • Feeding Hills, MA • (413) 786-6133

Worship Services: Saturday 5 pm & Sunday 8 am & 10 am

Sunday School & Nursery Care: Sunday 10 am

The Reverend Len Cowan

"RECONCILING AND TRANSFORMING LIVES IN JESUS CHRIST OUR LORD"

*Spotlight On Business - continued...***Riverside Park Holds "Job Fair"...**

MARKETING DIRECTOR Ron Severt (center) with Eric Boucher and Adam Rivest at Riverside Park's recent "Job Fair." Advertiser News photo by Jack Devine.

RIVERSIDE PARK conducted a "Job Fair" on Saturday, March 13th. **IN LEFT PHOTO:** Eric Davis, General Manager Tim Black, and Jason Freeman. **IN RIGHT PHOTO:** Marketing Director Ron Severt, Eric Fluet, Jason Freeman, and applicant Debbie Samuels.

Advertiser News photos by Jack Devine.

Regarding Market Value Of Common Stock...

Woronoco Savings Announces Final Regulatory Clearance

Woronoco Savings Bank and Woronoco Bancorp, Inc. announced recently that the Office of the Commissioner of Banks for the Commonwealth of Massachusetts and the Federal Deposit Insurance Corporation provided final regulatory clearance of the appraisal of the pro forma market value of the common stock of Woronoco Bancorp, Inc.

Such appraisal will determine the aggregate dollar amount of common stock at Woronoco Bancorp, Inc. to be sold in the conversion. The final appraisal indicates a pro forma market value of the common stock to be sold in the conversion of \$55,545,000, or 5,554,500 shares, of common stock at a price of \$10 per share.

In addition to the stock sold in connection with the conversion, Woronoco Savings Charitable Foundation, a charitable foundation established for the benefit of the communities in which the Bank maintains a banking office, has been established in connection with the conversion and will receive a contribution from the Company of 444,360 shares of common stock.

The offering of the common stock of Woronoco Bancorp, Inc. expired on February 12, 1999.

Woronoco Savings Bank announced that the common stock of Woronoco Bancorp, Inc. began trading on the American Stock Exchange under the symbol "WRO" as of March 19, 1999.

The Bank received approximately \$87.8 million of orders for common stock in the Subscription Offer. Pursuant to the purchase priorities established by Woronoco Savings Bank's Plan of Conversion, as amended, all stock orders received will be filled in accordance with the priorities and procedures set forth in the Bank's Amended Plan of Conversion and in the stock offering materials.

Based on the amount of stock subscriptions received, it is expected that the Bank's Employee Stock Ownership Plan, which subscribed for eight percent of the stock to be issued in the conversion, will purchase 479,908 shares based on the final conversion appraisal and inclusive of shares issued to the Foundation.

Subscribers for the common stock of Woronoco Bancorp, Inc. may obtain information about their specific stock allocations and other information about the offering by contacting the Bank's conversion center at (413) 568-5733.

Service Is Our Business!

Service Department

Open Monday to Thursday
7:00 A.M. - Midnight
7:00 A.M. - 5:00 P.M. On Friday



**All Ford Cars, Vans, Trucks
And Lincoln Mercury Products**

*We Service And Honor Ford Motor Company
Warranties, Even If You Didn't Buy From Us!*

SARAT FORD

245 Springfield Street
Agawam



FOR YOUR INSURANCE COVERAGE

**DISCOUNT
AUTO**

HOMEOWNERS
No Down - 12 Equal Payments

ORMSBY
INSURANCE AGENCY INC.

737-0300

1-800-698-0055

FAX: 413-737-0617

e-mail: ormsby@janet.com

1233 Westfield St., West Springfield

NOTICE

**THE
AGAWAM HOUSING AUTHORITY**
is accepting applications

for
**ELDERLY HOUSING
FAMILY HOUSING**
and
CONGREGATE HOUSING
from

qualified applicants for
State-Aided Public Housing
Applications are available
at the

AGAWAM HOUSING AUTHORITY
66 Meadowbrook Manor
Agawam, MA
or by calling
(413) 786-1297

EQUAL HOUSING OPPORTUNITY

Spotlight On Business - continued...



COMMON SENSE
with
Raymond Rose
THE PIONEER GROUP

How To Make The Most Out Of Your Potential

Many people are not happy with their lives in at least one area ... be it health ... or career ... or relationship ... or spirituality - and they don't know how to change.

Even though many believe that it is something "outside of themselves" that is making them unhappy, the real problem is their **personal belief system** ... people have been programmed to believe things that are not true.

People who accomplish great things in life usually do so because when they look around, they see opportunities to bring their dreams into reality. Thus, **if people can change their beliefs, they can change their world!**

THE 10 CORE BELIEFS

I've learned that there are 10 beliefs that are unique to all peak-performing individuals. Take a moment right now and imagine what your world would be like if you made these beliefs part of your life today.

1. Winners are not born ... they are made.
2. The dominant force in your existence is the way that you think.
3. You can create your own reality.
4. There is some benefit to be had from every-day adversity.
5. Each one of your beliefs is a choice.
6. You are never defeated until you accept defeat as a reality and stop trying.
7. The only real limitations on what you can accomplish are those that you impose on yourself.
8. You already possess the ability to excel in at least one key area of your life.
9. There can be no great success without great commitment.
10. You need the support and cooperation of other people to achieve any worthwhile goal.

HOW TO CHANGE YOUR BELIEF SYSTEM

Negativity is the major stumbling block when it comes to change ... each of us has the choice to think and act either with a positive or negative attitude. If you choose the negative, it's because you've been conditioned to think that way ... it's simply a bad habit. **You must change your thinking** to win over your current reflex.

Reassess all your long-standing beliefs ... especially those about yourself. Often you will find that the basis for a belief doesn't stand up under scrutiny.

Monitor your self-talk for one full day ... write down everything you tell yourself about that day's events ... you'll be amazed at the extent you have been conditioned to see things in a negative (and unproductive) way! **You must make your self-talk all positive.**

Make a list of all of your assets and liabilities ... Am I healthy? Do I earn a reasonable income? Do I have valuable skills? Realize that you have many assets that you take for granted every day ... your eyes, your ears, your hands, your feet, a brain, and more. If you look at everything objectively, there is absolutely no way that your liability list would be longer than your **asset list.**

REPROGRAM YOURSELF

The only way to reprogram your mind for success is to change what has been entered in your memory files. Take the time to find a nice, quiet place and repeat to yourself the specific change you want to make in your life. Next, imagine yourself living this change ... and having it become a normal part of your life.

An important factor in success are **challenging goals.** A goal that you are firmly committed to embeds itself into your subconscious, forcing you to stay on course until you reach your target.

Look at the areas of your life that you want to improve ... and then write down your specific goals.

Refer back to your list everyday to set your priorities.

Write a daily to-do list of all activities that will further your goals.

Always remember that it's your choice on how you elect to live your life.

* * *

Ray Rose's "Common Sense" is a regular column in The AAN...

* * *

Molta Associates Are Members Of Coldwell Banker's International Diamond Society

Kathy Neilsen, Linda Santinello, Frank Pinney, Cate Shea, Laura Stevens, Rich Tariff, Debra Taylor, Andrea Lyons, Gary Burnett, Chet Kasperek, and John Langevin of Coldwell Banker Keenan & Molta Associates have earned membership into the company's International Diamond Society, an honor bestowed upon only six percent of the 69,000 Coldwell Banker Sales Associates worldwide.

"Being selected as a member of the Coldwell Banker International Diamond Society is one of the highest honors among our Sales Associates," said Alex Perello, President and CEO of Coldwell

Banker Real Estate Corporation.

Coldwell Banker Real Estate Corporation, a subsidiary of Cendant Corporation (NYSE:CD), franchises more than 2,900 independently owned and operated real estate offices with more than 69,000 Sales Associates throughout North America.

Coldwell Banker Online, one of the most comprehensive real estate industry web sites, is located at <http://www.coldwellbanker.com>. For more than 90 years, Coldwell Banker has been North America's premier full-service provider of real estate services.

For the best in local goods and services, be sure to check our classified ads in each edition...

* * * * *

AGAWAM PUBLIC MARKET

Shop Early ... Closed All Day Easter Sunday!!!

USDA CHOICE

Jordan's Skinless & Shankless Hams	
Whole	\$1.89 Lb.
Butt Half	\$1.89 Lb.
Shank Half	\$2.49 Lb.
Center Cut Slices & Roast	\$2.69 Lb.
Australian Oven-Ready Whole	
Boneless Lamb Legs	
(4 1/2 Lb. Avg. Weight)	\$2.39 Lb.
Janik's Easter Kielbasa	\$2.39 Lb.
Boneless Spoon Roast	\$2.69 Lb.
Boneless Sirloin Steak	\$2.99 Lb.
Flavorite Boneless Hams	
(4 Lb. Avg. Weight)	\$1.99 Lb.
Zonin Italian Sausage	
(Hot Or Sweet)	\$1.99 Lb.
Boneless Center Cut Pork Roast	\$2.39 Lb.
Boneless Center Cut Pork Cutlets	\$2.89 Lb.
Standing Rib Roast	\$4.99 Lb.
Boneless Prime Rib Roast	\$5.99 Lb.
Fresh Ground Chuck	
5 Lbs. Or More	\$1.69 Lb.
10 Lbs. Or More	\$1.39 Lb.
Fresh Ground Round (Extra Lean)	
5 Lbs. Or More	\$2.49 Lb.
10 Lbs. Or More	\$1.99 Lb.
Grade "A" Skinless & Boneless Chicken Breast	
	\$2.39 Lb.

PRODUCE

Fresh Asparagus (1 Lb. Bunch)	\$1.99
Fresh Broccoli (Bunch)	99¢
Large Slicing Tomatoes	89¢
Red & Green Seedless	
Grapes	\$1.39 Lb.
Bananas	49¢ Lb.

DAIRY & FROZEN

Hood 1% Low Fat Milk (Gallon)	\$2.19
Hood Easter Golden Egg Nog (Quart)	\$1.89
Hood Skim Milk (1/2 Gallon)	\$1.29
Grade "A" Jumbo White Eggs (Dozen)	99¢
Friendly Ice Cream (1/2 Gallon)	2 For \$7.00

DELI

Land O' Lakes White American Cheese	
	\$2.99 Lb.
Cooper Sharp Cheese	
	\$3.99 Lb.
Thumann's Gourmet Turkey Breast	
	\$4.99 Lb.
Storemade Rare Roast Beef	
	\$4.99 Lb.
Hormel Genoa Salami	
	\$2.99 Lb.
Margherita Pepperoni Sticks	
	\$2.99 Lb.
Russer Virginia Baked Ham	
	\$2.99 Lb.
Fresh Seafood Salad	
	\$3.99 Lb.

SEAFOOD

Frozen Swordfish Steaks	\$2.99 Lb.
--------------------------------	------------

* * *

We Have A Nice Selection Of Easter Potted Flowers...

* * *

The Staff Of The Agawam Public Market Wishes Everyone A Happy And Healthy Easter Holiday...

* * *

PLAY YOUR MEGABUCKS HERE

Winning Lottery Tickets Cashed Daily

Prices Effective

Mon., Mar. 29th — Sat., Apr. 3rd

We Accept VISA & Mastercard

We Accept USDA Food Stamps

Open Sundays 8-5

768 Main St. Agawam

786-7476

Tuesday & Wednesday

Krakus Imported Ham (Sliced Or Pico)

\$2.99 Lb.

Spotlight On Business - continued...

Timely Tips On How To Manage Your Finances

by Sue N. Alvanos
Personal Financial Advisor
American Express
534-3883.

Be Prepared When The Tax Deadline Hits

April 15th isn't far away. While it's too late to change history, it's not too late to make sure you get all the savings you can from your return. Here are some tips for getting your tax return ready and taking advantage of the opportunities available to you.

Organize your tax records. At a minimum, you should have kept one folder in which tax-related papers were filed during the year. Such documents include receipts for deductible expenses, income records, investment statements (showing costs bases and proceeds on sales, interest dividends, and capital gains and losses), retirement account activity, home sale documents - including receipts for any improvements you made - and other pertinent records. Now it's time to sort them into income and expense categories.

Take all deduction available to you. Many taxpayers fail to take advantage of odds-and-ends deductions that can save them substantial cash. For instance, some commonly missed deductions follow. Keep in mind that these may not apply to everyone:

- Accounting fees and expenses for tax preparation and IRS audits.
- The cost of software used to prepare your taxes.
- Labor union dues.
- The cost of tools and uniforms used for work (for some occupations only).

Don't report income that isn't taxable. Several types of income aren't necessary to report for income tax purposes, including some inheritances, life insurance proceeds, child support payments, some personal injury damages, and most disability benefits. Be sure to investigate all your income sources to determine if they are reportable before filing your return.

Contribute to an IRA. If you qualify and are looking for a last minute deduction, consider contributing to a traditional Individual Retirement Account (IRA). You can make your contribution up until April 15th of 1999 and still take the deduction on your 1998 taxes. If your income is too high to make a tax-deductible contribution, a Roth IRA is a smart way to accumulate tax-free income for your retirement.

Take advantage of the child care tax credit. If both you and your spouse are employed and pay someone to care for children under the age of 13, you're entitled to a child care credit equal to as much as \$720 a year for one child and \$1,440 for two or more children. The IRS also lets you use the credit toward the cost of summer day camp, nursery school, or the cost of a live-in nanny.

Don't get penalized. Many taxpayers make the common mistake of failing to file a return on time or failing to pay the tax when the return is due. This mistake usually results in a tax penalty. If you're concerned that you may not be able to file your return on time, be sure to request an extension. However, if you get an extension, you are still required to pay any tax due at the time of filing. You can also request a payment extension if your family has experienced undue hardship and won't be able to pay your taxes at filing time. Interest is due on the unpaid balance.

Being prepared for April 15th may take some extra work on your part, but the potential savings often make it worth the effort. Some specific tax issues may require consultation with a tax attorney. Also, consider working with a financial advisor who can help you identify tax-saving opportunities and develop a financial plan that keeps more of your money working for you throughout the year.

* * *

For photo coverage in The AAN, contact photographer Jack Devine at 789-0053; however, please give him at least 48 hours' notice prior to your event. Thank you!

* * *

Pam Savioli

Landry, Lyons & Better
Stearns & Yerrall REAL ESTATE
(413) 748-7565



Inspect Before Buying...

If you're thinking of buying an older home, it may pay to hire a professional home inspector. Since many people buy homes based on emo-

tional reactions, an inspector can provide a realistic picture of a home's condition. The inspector can verify the home's condition and point out any problem areas that may need to be fixed. If possible, consider accompanying the inspector - you may find out details that may not appear on the report and pick up some useful repair tips.

Another advantage of hiring an inspector: It may be easier to negotiate a price on the home if you have a professional opinion of the home's condition.

For more information on buying a home, call Pam Savioli at (413) 748-7565.

GREAT INTEREST

in Westbank's New IRA Certificates

1 1/2 Year - \$1,000 Minimum

4.96%

APY*

1 Year - \$1,000 Minimum

4.86%

APY*

Take Advantage of IRA Tax Savings
by choosing the IRA that suits your needs:
Traditional, Roth or Education.

For additional information and a FREE BROCHURE
call Christine Kozikowski at 747-1431
or stop at any of our thirteen convenient offices.

WESTBANK
PARK WEST BANK AND TRUST COMPANY

* Annual Percentage Yield (APY) assumes interest remains on deposit for one year at stated rate of interest. Minimum balance to open and earn APY is stated in this ad. Interest compounded and credited to the account monthly. APY is accurate as of 1/9/99. This offer may be withdrawn at any time. Substantial penalty for early withdrawal. Deposits are FD.I.C. insured to \$100,000. Fees could reduce earnings on your account.

MEMBER FD.I.C.



For Your Health

The Center For Self-Development Now Provides Services For Individuals

As a catalyst for reaching a higher level of wellness, development, and enrichment, The Center for Self-Development, a referral service, has opened its doors to the public.

With a history of providing quality, professional services to businesses in both the public and private sector, the Center has now structured their operations to respond to you, the individual. Offering programs in the areas of Business and Career Counseling, Revitalizing Personal Potential, Counseling and Therapies, and Success through Wellness, the Center extends a cordial invitation for you to fulfill your aspirations.

"Our goal is to provide a person with the mechanism and tools to achieve their maximum potential in the areas of personal and professional development," stated Judes Ziemba, M.Ed, CDth, C.H.T., the owner of the Center for Self-Development.

As a starting point, the Center offers a comprehensive assessment and analysis structure that allows you to identify areas in your personal and professional life that needs your attention. Once you have developed your customized plan, the Center refers you to an expert in the area(s) you want to explore. "The assessment tool we use helps people understand their basic human behavior, discover who they are, how they interact with others, and how to identify the specific issues they want to resolve," said Ms. Ziemba.

Seasoned competent counselors and facilitators cover a variety of helping services, including nursing education and administration, nutrition and exercise, acupuncture, aromatherapy, hypnotherapy, behavior therapy, business start-ups, divorce counseling, human development, human resource management, personal growth, creativity, career counseling, motivational speaking, publishing, financial counseling, and much more.

These individuals offer small group workshops, seminars for large groups, and one-to-one consultations in private settings that most meet your needs and your schedule. "We offer a concept that is geared toward wellness, and offers an alternative to more timely or costly medical modules, while maintaining personalized and confidential integrity," Ms. Ziemba stated.

Being available to all people, the Center can offer the personality and assessment tools as well as specialized services to the business, home, office, or offsite service center. "Our clients' needs are the focus of our attentive, compassionate,



JUDES ZIEMBA, owner of the Center for Self-Development.

and confidential sessions," Ms. Ziemba said.

We offer 24-hour access to the Center via voice mail, and messages are treated confidentially and will be responded to as soon as possible. All services are offered by appointment only to ensure flexibility with your schedule. The Center is open to take your referrals Mondays, Wednesdays, and Thursdays between 9:00 a.m. and 3:00 p.m.

"We are here to allow people to gain insight and suggestions for improvement in both personal and professional life skills. We want people to receive information they can use immediately," Ziemba stated.

Blood Drive To Be Held By Wilbraham Women's Club

The Wilbraham Women's Club is sponsoring a blood drive on Good Friday, April 2nd from 1:00-7:00 p.m. in the Fellowship Hall at the Wilbraham United Church.

The local Brownie Troop No. 165 is assisting with this drive. For donor appointments, please call 596-6735.

The public is cordially invited to participate.

It's Only Natural

Chiropractic Care
by
Dr. Tami Nelson
Chiropractic
Physician
Hampden County
Chiropractic
850 Springfield St.
Feeding Hills
786-4820

Sacroiliac Pain...

At the base of the spine is the bone called the sacrum. The sacrum is attached on either side to the iliac bones. These bones make up the pelvis. The joints where the bones attach are called the sacroiliac or SI joints. Dysfunction of proper motion of this joint is termed SI subluxation or SI syndrome.

SI syndrome is a common cause of back pain and can give rise to buttock and leg pain. The role of the SI joints is to dissipate weight, absorb shock, and provide bipedal locomotion. SI dysfunction or problems result from trauma such as blows, falls on the buttocks, or attempts to save yourself from falling.

Knocking the SI joints out of place can affect the entire spine. The SI joints are held in place by small ligaments, which can be stretched out of position if there is a traumatic dislocation. This can result in the whole pelvic girdle tilting to one side. Tissues in the area become inflamed and the muscles spasm, pulling the hip bones out of place.

A second problem comes on slowly, producing a chronic condition. Muscle atrophy on one side and over-development on the other can be associated with a scoliosis, pelvic tilt, or shortening of one leg.

Over time, the entire spine can be affected. One shoulder blade or rib cage may appear more prominent than the other. Eventually, uneven pressure on the spine may grind away at the protective discs between the bones.

The goal of chiropractic treatment includes restoring a normal relationship between the sacrum and ilium. A chiropractor examines and evaluates the joint to restore proper motion.

Also, it is important to assess the feet for any disorders or structural anomalies. Pronation, supination, or heel strike can affect the pelvis.

Some additional advice for SI pain:

- Do walk briskly two to three miles a day to strengthen ligaments.
- Don't rely on bed rest. Ligaments will further slacken from disuse.
- Don't bring knees to chest, perform sit-ups, or bend over at the waist. These motions may displace joints.
- Don't apply heat. Heat expands the ligaments and contributes to further instability.
- Do ice the area. Ice reduces inflammation.

If you think you're suffering from an SI problem, give our office a call today.

Dr. Nelson maintains an office at Hampden County Chiropractic, 850 Springfield Street, Feeding Hills, 786-4820.

ADVERTISER NEWS

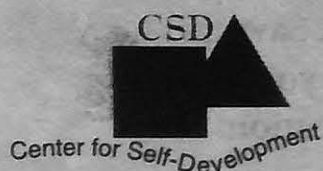
Hearing Screening Slated For March 29th At Agawam Senior Ctr.

Mercy Hospital's Weldon Mobile Hearing Center will conduct free hearing screenings and hearing aid checks at the Agawam Senior Center on the last Monday of the month, March 29th, beginning at 9:00 a.m.

In addition, full diagnostic hearing tests, evaluations, fittings, sales and service of hearing aids, and assistive-listening devices, can be scheduled on a fee-for-service basis.

The hearing van's audiology equipment is operated by nationally-certified audiologists from the Weldon Hearing Center at Mercy Hospital.

For a reservation, call the Agawam Senior Center at 786-0400, ext. 242 or 243.



*A referral service,
with you in mind*

**Business and Career Counseling
Revitalizing Personal Potential
Counseling and Therapies
Success through Wellness
Hypnotherapy**

*For more information,
call Judes Ziemba
789-4511*

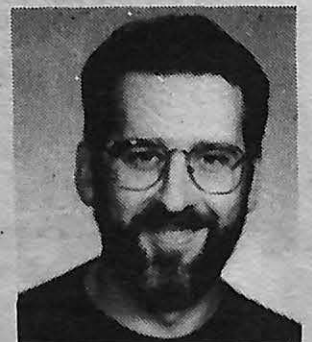
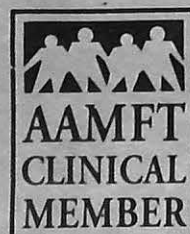
Individual, Couple & Family Therapy

... when **responding** becomes a choice rather than always **reacting** ...

Special areas of work include:

- Marital and relationship conflict
- The connection between therapy and spirituality
- Parenting and school related issues
- Death, Loss & transitions
- Feminism and men's issues
- Finding & protecting the inner child and true self

**Free
initial
consultation**
Sliding Scale
Fee available



Daniel Pender, MA., M.F.T.
Marriage & Family Therapist

OFFICE **AGAWAM, MA**
IN: **(413) 789-4460**

For Your Health - continued...

At The Dinner/Dance For Epilepsy Awareness...



THE WESTERN MASSACHUSETTS Epilepsy Awareness Committee held its Fifth Annual Dinner/Dance for Epilepsy Awareness and Silent Auction on Saturday, February 27th, at Chez Josef. This year's event raised over \$20,000, which will be used to fund WEE KAN TU (a camp for children who have epilepsy). IN LEFT PHOTO: The members of the Western Massachusetts Epilepsy Awareness Committee. IN RIGHT PHOTO: Carol Pietroniro, Mrs. and Dr. George Howard III, Bill Murphy, and Vincent Pietroniro.



OVER 700 PEOPLE attended the Fifth Annual Dinner/Dance for Epilepsy Awareness and Silent Auction. From left to right: Kim Martel, Cindy Palazzi, and Carol Pietroniro (left photo); Dr. George Howard III (who received this year's "Inspirations For A Cure Award") and Millicent Kelly, L.D., R.D., a past recipient of this award (center photo); and Carol Pietroniro and Jamie Botwick (right photo).

For Your Health - continued...

Fifth Annual Dinner Dance Held For Epilepsy Awareness

"If you add a little to a little, and then do it again, soon that little shall be much." - Hesiod.

The Western Massachusetts Epilepsy Awareness Committee hosted its **Fifth Annual Dinner/Dance for Epilepsy Awareness** and Silent Auction on Saturday evening, February 27th, at Chez Josef in Agawam.

This year's recipient of the *"Inspirations For A Cure Award"* went to Dr. George Howard III from Baystate Medical Center. He was honored for his commitment and dedication to his patients and their families, and also for his work with the Epilepsy Foundation of Massachusetts and Rhode Island. He has served on the Professional Advisory Board for the past eight years.

Over 700 people attended this unbelievable event, including 18 year-old Jamie Botwick from Woodbridge, Connecticut. Millicent Kelly, L.D., R.D., from Johns Hopkins Hospital, and Dr. Fred Hirschenfang, our past recipients of the *"Inspirations For A Cure Awards,"* returned for the gala event. Representatives from Boston Children's Hospital, the Brigham & Women's Hospital, and Baystate Medical Center also attended.

The Western Massachusetts Epilepsy Awareness Committee is comprised of approximately 15 committed people. Our main goal is to bring epilepsy awareness to our surrounding communities and to raise funds for the much-needed research. We welcome anyone wishing to serve on this committee.

This year's event raised in excess of \$20,000! All the proceeds will be donated to help fund our very first camp for children who have epilepsy ... **WEE KAN TU — A CAMP FOR CHAMPS!**

Alliance For The Mentally Ill To Meet March 29th

Clinician Kim Hines from Gould Farm in Monterey, Mass. will be the guest speaker on Monday, March 29th from 6:00-8:00 p.m. at the monthly meeting of The Alliance for the Mentally Ill at the Agawam Senior Center.

As we approach the year 2000, Gould Farm stands as a prototype for community-based psychiatric rehabilitation that is internationally recognized and emulated.

Gould Farm's services remain rooted in the belief that **every** person has something valuable to contribute to the community despite mental or emotional limitations.

With almost a century of experience, in the year 1990, William J. Gould, visionary and pioneer in social reform, conceived of a plan for emotional rehabilitation based on the principles of respectful discipline, wholesome work, and unstinting kindness.

Thirteen years later, "Brother Will" and his wife, Agnes, purchased an unpromising farm in the Berkshire Hills, giving birth to America's oldest therapeutic community. As we approach the year 2000, Gould Farm stands as a prototype for community-based psychiatric rehabilitation that is internationally recognized and emulated.

*** * YES! * ***

**NURSE AIDES
HOME HEALTH AIDES
PERSONAL CARE
AIDES**

*Homecare visits
of 6 to 8 hours
are available now!*

- Excellent pay
- Paid vacation
- No employment fee

Call today!

734-6900

Int-rim
HEALTH CARE®



Your Back And Your Health

by Dr. Joseph
S. Schlaffer
Schlaffer
Chiropractic Offices
192 Shoemaker Lane
Agawam

Preventing Injuries To Older People

Anyone can suffer a painful and disabling accident at any time. But older people are at increased risk because they:

- * are more likely to have accidents that can seriously injure or even kill them;
- * usually have a harder time recovering from an accident than younger people do, and;
- * may have pre-existing conditions that complicate their injuries and prevent them from healing rapidly.

This problem is a serious public health concern with a huge impact on the health care system. It deserves your personal attention. Even if you aren't elderly and in less than top physical condition. Even if you aren't showing some (or many) of the common signs of age, you may have an aging friend or family member who is infirm and in jeopardy.

The chiropractic profession, with its philosophical emphasis on wellness and conservative, preventive patient-care strategies, is well suited to assist in protecting older people from injuries.

Your chiropractor can give you important insights and practical guidance concerning ways to improve health and well-being—including a great deal of sound advice and preventive treatment options for older people.

Drs. Joseph and Katherine Schlaffer have been helping young and old alike get well, naturally, for over 20 years. Call 789-1369 or 789-1073 for an appointment.

"For Your Health" is a weekly feature of The Agawam Advertiser News...

* * *

Fitness Tips...

Resistance Training Which Routine Is Best?

by Carmela A. Kirk, RN
Fitness Director, Fitness First

Resistance training involves focusing on each muscle individually. It is essential for toning, defining, building, and strengthening. When lifting weights, like all exercise routines, there are a couple different ways to do things.

You can work your entire body each time and do it about three times per week OR you can split your routine to a two- or three-day split.

This means you would do legs, chest, shoulders one day, and back, biceps, and triceps another day. You can also split it up further if you want or mix-up your muscle groups differently. That is personal preference. Which kind of routine, whole body vs. split, depends on what you want out of your routine, what kind of time you have to spend on it, and personal preference.

A full body workout is a great place to start if you are beginning. You can do each and every muscle, every other day. This takes a little longer, but you are exercising fewer days. This routine is great for most people with a goal of toning and defining.

You can do a couple exercises per muscle group and a few sets each. If your goal is building and strengthening, you will have to add exercises up to about four per muscle group. This may take a couple hours each visit, but again, you will be exercising fewer days.

A split routine is great for someone who can be at the gym more often; five to six days per week. A two-day split takes half the time each time you come. This is a great way to really build and strengthen. You can really focus on the muscles you are working that day. Most athletes, once they have lifted a while, move into a two- or three-day split and really concentrate their efforts.

Time restraints are a big factor. What works for you is a decision you have to make. You can certainly reach your goals no matter which routine you choose. The important thing is, of course, that you do it.

ADVERTISER NEWS

**Dr. Andrew E. Boraski
announces a new associate...**



Dr. Elizabeth Ryan
formerly of
Medical West
Associates

- Contact Lens Fittings
- Laser Vision Correction Consultations
- Expanded Evening and Saturday Hours
- Cataract and Glaucoma Evaluations
- Accepting Most Insurances

**334 Walnut Street Extension, Agawam, MA 01001
(413) 789-0031**

For Your Health - continuing...



"Let's Talk About It"

by Dan Pender
Marriage &
Family Therapist
P.O. Box 449
Agawam, MA 01001
(413) 789-4460

Caring For And Parenting Your "Self"

Nowadays, parents are struggling with all types of challenges facing them and their children. One *Agawam Advertiser News* reader wrote asking me to talk about what I think is the single most important parenting tip I could recommend. My response is intended for parents, yet applies to how we relate with other adults and to children and youth not our own as well.

Today's parents are or should be aware that our youngest teens are, for example, much more sexually active than were the previous generations. Compound this fact with the increased risk of contracting an infectious disease, the younger age of those sexually active, the number of abortions among teens, and their overall increased difficulty emerging into their own personal identity.

We can then begin to appreciate the serious challenges facing our young people and the adults caring for them. Whatever your opinion about how best to handle these difficult circumstances, one specific relationship consideration that I think is important in order to *respond* to ourselves and a situation, in as healthy a manner as possible, is to know the difference between how we *react* and/or *respond*.

What I think is essential, first and foremost for parents, is to stop and consider the difference between how you *react* and/or *respond* to a person or situation. Whether the issue is premarital sex, cheating at school, fighting with a sibling, latent soiling of the bed, struggles with drug use, or living with someone prior to marriage, these and other situations can contribute to increased stress and anxiety within a family.

When the stress level in the family system is *relatively low*, it is always much easier to choose an appropriate response where you have both the best interest of the other person(s) and yourself in mind. Whereas, when *relatively high* stress levels exist, we can simply find ourselves reacting to a person or circumstance as if we have no say in determining our own behavior. Yet, I believe it is primarily during these times of *low stress* that we need to stop, recognize, and learn to evaluate the difference between the two.

We can also benefit from learning what difference, if at all, there is in us when we catch ourselves *reacting* and when we are better able to *respond* to a particular person or situation.

Being able to respond requires an ability to care for your "self." Simply *reacting* can speak to a lack of self guidance and/or loyalty to powerful, oftentimes invisible, systemic family and societal patterns influencing our behaviors. *Responding*, however, involves making verbal and conscious how those systems work and influence you, as well as how to monitor yourself to learn your hot buttons. The better able we are to respond and self direct, the more quickly we can rebound and be less determined by our reactive tendencies.

Your consideration of the following important questions could help you better understand how we *react* and/or *respond* challenge our parenting and relationships in general.

How are you different in times of stress versus calm? What *resources* are more accessible during one time versus another? How well do you generally take care of yourself and attend to what is problematic in your life? When those increased times of stress occur, are you any better able to have a choice as to how to respond versus being stuck involuntarily reacting to a person or circumstance?

A clinical example of mine describes this dynamic and might prove helpful. All his life, the belt, hand, fist, or object was used to put him in line. This is what he learned his parents did in their relationship when up against stressful, painful, and/or difficult situations that they were ill-equipped to deal with.

He did the challenging therapeutic growth work which enabled him to benefit from understanding the importance of what Family Systems Therapist Dr. Murray Bowen calls the **generational transmis-**

sion contest the "hitting" played. Not only was this *new* perspective "eye opening," it also gave him a tool to work on caring for himself more directly.

The **naming** of this powerful and usually *unspoken* systemic passing down of this very destructive family pattern helped him realize how this pattern greatly influenced his lack of freedom to *respond*. It also helped him see how stuck he felt in, what oftentimes felt like, his own violent involuntary reaction to hit. He is now able *not to hit*, although hitting still remains a powerful first reaction tendency, especially during high stress time.

He has gained many new resources to counter this pattern of reactivity. He is able to ultimately care for himself better. His growth around this and other issues has directly impacted his parenting skills today and the possibilities for his children to parent into tomorrow without hitting.

This man was able to no longer blame and take greater responsibility for his own actions by ultimately caring for, or as I like to say, parenting him "self."

There are numerous other treatments and techniques available in the mental health system to attend to this issue of "hitting." Domestic violence and child abuse are serious concerns and warrant serious action.

It is important to use the many community resources to help combat this most serious social and family problem. I believe the more directly we as parents, as persons, care for self, the greater chance the presenting issues our children and society challenge us with will be faced with less reactivity and greater freedom to respond to both ourselves and the other.

If we are willing and able to prioritize care for self, this is the single greatest recommendation I can give to parents and persons valuing healthy relationships. The connection is that direct to our children and adult relationships.

More on how this relationship dynamic works with couples next time. In the meantime, **please write with your feedback, relationship questions, and topics** and "Let's Talk About It."

Dan Pender, MA, MFT, is a Marriage & Family Therapist with a private practice in Agawam, MA. He is a Clinical member of the American Association of Marriage & Family Therapy and can be reached at P.O. Box 449, Agawam, MA 01001, (413) 789-4460.

* * * * *

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you!

Nutrition Counseling

with

22 News' Nancy Dell, MS, R.D.



now accepting:

- Tufts Insurance
- Secure Horizons
- Harvard Pilgrim

Call for appointment or information
850 Springfield Street, Feeding Hills

786-2957

RELIEF FROM DRY, ITCHY, IRRITATING CONTACT LENS WEAR.



Technological Breakthrough In Comfort.

Proclear Compatibles™ soft contact lenses are made from the first soft contact lens material ever to be cleared by the FDA to carry the label "may provide improved comfort for contact lens wearers who experience mild discomfort or symptoms relating to dryness during lens wear." Only available through your eyecare practitioner. Call today.

proclear
compatibles

Richard W. Gallerani, OD

Julianne Rapalus Gallerani, OD

Agawam Eye Associates

656 Springfield Street, Feeding Hills
789-2106

For Your Health - continued...

Support Groups, Courses, & Programs At Noble Hospital

SUPPORT GROUPS

Alcoholics Anonymous: Sunday evenings, 8:00 to 9:00 p.m. In Conference Room A at Noble Hospital, 115 West Silver Street, Westfield.

Free of charge. All are welcome.

Stroke Support Group: Wednesdays, April 14th and 28th, 5:30 to 6:30 p.m. In the Bronson Rehabilitation Center Dining Room at Noble Hospital.

Free of charge and open to individuals recovering from a stroke, spouses, caregivers, and other interested persons.

Diabetes: Tuesday, April 27th, 1:00 to 2:30 p.m. In Conference Room A at Noble Hospital.

Free of charge and open to individuals who have diabetes and their support persons.

Better Breathers: Wednesday, April 14th, 2:00 p.m. In the Third Floor Cardiopulmonary Classroom at Noble Hospital.

Free of charge and open to individuals with respiratory or pulmonary difficulties and their support persons.

Thomas A. Tremblay, R.R.T., C.P.F.T., will present "Exercise for the Patient with Chronic Obstructive Pulmonary Disease." Please call 572-5081 with any questions.

COURSES/PROGRAMS/CLINICS

Free Athletic Injury Clinic: Thursdays, April 1st, 15th, and 29th, 5:00 to 7:00 p.m. At Noble Hospital's Sports and Rehabilitation Center, 76 Main Street, Westfield.

On the first, third, and fifth Thursdays of every month, a certified athletic trainer will evaluate athletic injuries. Then, based upon the evaluation, remedial exercises or physician referral may be recommended.

For an appointment, call 562-3522.

Sneezing To Wheezing: "You And Your Allergies." Lecture with John V. O'Neill, M.D. Wednesday, April 7th, 6:00 p.m. In Conference Room A at Noble Hospital.

The lecture is free of charge. Seating is limited and advance registration is required.

To register, call Noble Hospital's HEALTHBEAT at (413) 568-2328.

Cosmetic/Plastic Surgery with Dr. Gary Russolillo: Tuesday, April 20th, 6:30 to 7:30 p.m. In Conference Room B at Noble Hospital.

Gary Russolillo, M.D., will present a lecture about Body Contouring, Surgeries, Lip Enhancements, Facial Surgeries, and Skin Care Procedures. Also included will be a live chemical peel demonstration.

The presentation will be followed by a complimentary personal consultation. Registration is free, and seating is limited.

Pre-registration is required. To register, call Noble Hospital's HEALTHBEAT at (413) 568-2328.

CPR Course: Wednesdays, April 21st and 28th, 6:30 to 9:00 p.m. In the Education Department/Ground Floor at Noble Hospital.

This two-part course provides American Heart Association Adult, Child, and Infant Certification. The cost of the course is \$45.

To register or obtain more information, call Noble Hospital's Education Department at (413) 572-5172.

15th Annual Run For A Noble Cause: 5-K Road Race and Kids' Race. Saturday, April 24th. Registration at 8:30 a.m. 5-K Race at 10:00 a.m.; Kids' Race at 10:45 a.m. Sponsored by Noble Hospital.

Call Noble Hospital's HEALTHBEAT, (413) 568-2328, for a registration form or for more information.



Food for Thought

by Nancy Dell
Registered Dietician

Weight Management: Registered Dietitians Answer Frequently Asked Questions

Making healthy choices that fit your lifestyle, so you can do the things you want to do, is the first step in achieving and maintaining a healthy weight. Since many people have the same concerns about managing weight, here are answers from registered dietitians (RDs) to the most frequently asked questions.

How do I know I'm at a healthy weight? Body mass index or BMI is a standard "tool" for helping you judge your body weight and the amount of body fat you have. BMI calculates a weight-to-height ratio and assigns a number to the result. The higher the BMI number above the normal range, the greater the degree of overweight. Generally speaking, a BMI of 27 is considered overweight and 30 or above is severely overweight.

People with a higher percentage of body fat tend to have a higher BMI, except for body builders. Carrying excess body fat, not muscle, puts you at greater risk for health problems such as heart disease, cancer, diabetes, and stroke. As with weight charts, BMI is only a guideline. Consult your doctor or registered dietitian about the weight and BMI that are healthy for you.

What is the best way to lose weight? The secret to successful weight management is not just losing weight but keeping it off permanently. Although there really isn't one "best way," RDs advise that slow, gradual weight loss is healthier, easier to manage, and more likely to be permanent.

To make healthful eating and physical activity choices:

- * Be realistic — make small changes over time in what you eat and the level of activity you do.
- * Be adventurous — expand your tastes to enjoy a variety of foods.
- * Be flexible — go ahead and balance what you

eat and the physical activity you do over several days.

* Be sensible — enjoy all foods; just don't overdo it.

* Be active — walk the dog; don't just watch the dog walk.

Use the Food Pyramid Guide as the basis for your healthy eating pattern. Be sure to include the minimum number of servings from each food group. A registered dietitian (RD) can help you develop a healthy eating plan that will fit your lifestyle.

Can I lose weight by counting fat grams or calories? You need to monitor both calorie and fat intake to lose weight. A low-fat eating pattern is not necessarily low in calories. In order to lose weight, your calorie intake must be less than calories burned. Portion size is also key to any healthy eating plan. Large servings of even low-fat foods can undermine your weight loss goals.

What should I do if I hit a plateau? Hitting a plateau during a weight loss program is normal. Your body requires fewer calories to function as your weight decreases. Everyone's body levels off at a different weight.

Some people will level off at a higher weight than others. Gradually increasing the amount or intensity of your physical activity may help you continue to lose, while for others it will help to maintain your new weight. Even a modest weight loss of five to 10 percent with maintenance can provide important health benefits.

Any activity that gets you moving, helps you on the way to a healthy lifestyle. Get energized with a brisk walk in the morning, at lunch, and after dinner. Try a fun new activity like line-dancing or roller blading. Take the stairs instead of the elevator. You'll be more fit without adding more time to your fitness routine.

Are prescription medications an option for me? If you only need to lose a few pounds, prescription weight loss medications are not for you. These medications may be one part of a weight management program for obese patients that also includes diet counseling from an RD, regular physical activity, and lifestyle changes.

Prescription medications for weight loss generally reduce appetite, making it easier to control food intake. Talk with your physician to determine if prescription medication should be part of your weight loss program.

Nancy Dell, MS, is a registered dietitian in private practice in Feeding Hills and the media representative for the Massachusetts Dietetic Association. She can be reached at 850 Springfield Street, Suite 4, Feeding Hills, MA 01030, (413) 786-2957.

Nancy Dell's "Food for Thought" is a regular feature of the AAN...

* * * * *

* * *

Be sure
to check
our
classified
ads, each
and every
week...
AAN!!!

華 CHINA STAR 星

Specializing in Chinese Food to Take-Out

382 Main Street
Agawam, MA.

789-7170 • 789-7196

Buy Any Two Lunch Or Dinner Combos, Get 3rd Combo For

★ ★ 99¢ ★ ★

No Quantity Limit

Expires 4/1/99 (With This Coupon)



Cecilia P. Calabrese

Attorney at Law



- Real Estate
- Business Law
- Bankruptcy
- Personal Injury
- Wills & Trusts

789-7654

Serving The Entire Greater
Springfield Area And Connecticut

FAST
FRIENDLY
SERVICE



Mr. SERVICE

In-Home Repairs On
All Major Appliances

Senior Citizen Discount
REFRIGERATORS • FREEZERS • MICROWAVE OVENS
WASHERS • DRYERS • DISHWASHERS • RANGES
DISPOSALS • AIR CONDITIONERS

Same
Day
Service

789-1883

Same
Day
Service

Win \$10,000 worth of Ethan Allen home furnishings from Coldwell Banker®



There's no better time to sell your house or buy a new home than spring-time. And there's no better place to start than with your local Coldwell Banker office.



Photo courtesy of Ethan Allen

You could win beautiful Ethan Allen home furnishings in our *Spring Into A Beautiful Home* Sweepstakes. It's easy! To enter, just fill out the form below and return it to your Coldwell Banker Sales Associate or local Coldwell Banker office before May 30, 1999.



www.ethanallen.com

MAKING
REAL ESTATE
REAL EASY.®



www.coldwellbanker.com

If your property is currently listed with a real estate broker, please disregard. It is not our intention to solicit the offerings of other real estate brokers. We are happy to work with them and cooperate fully. ©1999 Coldwell Banker Corporation. Coldwell Banker® is a registered trademark of Coldwell Banker Corporation. An Equal Opportunity Company. ☐ Equal Housing Opportunity. Each Office Is Independently Owned And Operated. No purchase or listing necessary. Void in DC, NJ, KY, MO, OK, RI, WV and Puerto Rico and where prohibited by law. **Abbreviated Sweepstakes Rules: No Purchase or Listing Necessary.** Sweepstakes only open to legal U.S. residents 21 years of age or older except employees and family members of Coldwell Banker Real Estate Corporation, Coldwell Banker and Ethan Allen, Inc. Void in DC, NJ, KY, MO, OK, RI, WV and Puerto Rico and where prohibited by law. **How To Play:** 1) Complete and return a Coldwell Banker or Ethan Allen entry/business reply card which must be postmarked by 6/1/99 and received by 6/8/99, or 2) Provide the information requested on the Coldwell Banker Internet web page at: www.coldwellbanker.com between 12:01 AM ET on 4/1/99 and 11:59 PM ET on 5/30/99, or 3) Complete a Flyer available at any participating Coldwell Banker office or open house and give completed form to a Coldwell Banker representative by 5/30/99, or 4) Complete an Ethan Allen Retailer Entry Form available at participating Ethan Allen locations and give the completed form to any Ethan Allen representative by 5/30/99, or 5) Enter by hand-printing name, complete address and daytime phone number on a 3" x 5" card and mailing it in an envelope postmarked by 6/1/99 and received by 6/8/99 to Coldwell Banker Sweepstakes, P.O. Box 6642, Saddle Brook, NJ 07663-6642. Maximum five entries per person; limited to one entry per person via authorized forms of entry, one entry per person via Internet, one entry per person via direct mail piece, one entry per person via flyer, one entry per person via Ethan Allen entry form and one entry per person via 3" x 5" card. Sponsor and Promoter are not responsible for lost, interrupted or unavailable network, server or other connections, miscommunications, failed phone or computer or software or telephone transmissions or technical failures, garbled transmissions or other errors or problems of any kind whether mechanical, electronic, human or otherwise; or for lost, late, incomplete, damaged, stolen, misdirected, illegible or postage-due entries or mail. Regional Prizes: The following prizes will be awarded in each of four Coldwell Banker U.S. Regions: (1) Grand Prize: \$10,000 (Retail Value) worth of Ethan Allen home furnishings. (1) First Prize: \$2,500 (Retail Value) worth of Ethan Allen home furnishings. (1) Second Prize: \$1,000 (Retail Value) worth of Ethan Allen home furnishings. Sales taxes and delivery charges are the responsibility of Ethan Allen, Inc. Expenses related to acceptance and use of prize are winners' sole responsibility. Prize Drawing: Winners will be selected on or about 6/15/99 in four random drawings from among all eligible entries received in each region. Odds of winning in any region will depend on the total number of combined eligible entries received in that region. By participating, entrants agree to abide by these official rules and to the decisions of the Sponsor and Judges, which will be final and binding in all respects. Sweepstakes subject to the official rules which may be obtained by sending a stamped, self-addressed #10 envelope for receipt by 8/15/99 to: Coldwell Banker Sweepstakes Rules, P.O. Box 6644, Saddle Brook, NJ 07663-6644. For a list of winners, send a stamped, self-addressed #10 envelope for receipt by 8/15/99 to: Coldwell Banker Spring Into A Beautiful Home Winners, P.O. Box 6644, Saddle Brook, NJ 07663-6644. Sponsored by: Coldwell Banker Real Estate Corporation, Parsippany, NJ. Promoter: Alcone Marketing Group, Darien, CT.

Enter me in the Coldwell Banker® Spring Into A Beautiful Home Sweepstakes!

I understand that there is no obligation on my part. Please return this form to your local Coldwell Banker® office by May 30, 1999.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: () _____ E-Mail Address: _____

I am interested in the following Coldwell Banker services:

- ☐ An approximate value of my property in today's market (this is not an appraisal)
- ☐ Home buying services
- ☐ Home selling services
- ☐ Relocation services ☐ Financing
- ☐ Please have a Coldwell Banker Sales Associate contact me.

Best time to call: _____

For information on Ethan Allen's products and/or design service call 1-800-228-9229 or visit the company's web site at www.ethanallen.com.



OFFICE USE ONLY--Required Sales Associate information

Name _____

() _____

COLDWELL BANKER (DBA) Phone _____

Sponsored by: Coldwell Banker Real Estate Corporation, 6 Sylvan Way, Parsippany, NJ 07054. If your property is currently listed with a real estate broker, please disregard. It is not our intention to solicit the offerings of other real estate brokers. We are happy to work with them and cooperate fully. © 1999 Coldwell Banker Corporation. Coldwell Banker® is a registered trademark of Coldwell Banker Corporation. An Equal Opportunity Company. ☐ Equal Housing Opportunity. Each Office Is Independently Owned And Operated. No purchase or listing necessary. Void in DC, NJ, KY, MO, OK, RI, WV and Puerto Rico and where prohibited by law.

CALL COLDWELL BANKER

KEENAN AND MOLTA ASSOCIATES

AGAWAM
789-9890

LONGMEADOW
567-8931

SOUTHWICK
569-0137

SPRINGFIELD
783-2000

WESTFIELD
562-7311

Corporate
569-0138

Foreclosure
748-6156

Education
783-0694

Relocation-Referral
567-8931

HOSKIN RUG & TILE

16 Southwick St., Feeding Hills, MA 01030

Mon.-Wed. 9 A.M. - 5 P.M.; Thurs. & Fri. 9 A.M. - 8 P.M.; Sat. 9 A.M. - 4 P.M.

(413) 786-8085

America's choice in floor fashions since 1958.

Offer good at participating stores only. See store for details. Financing subject to credit approval. Minimum payment required during desired interest period. If balance is not paid in full plan's expiration date, interest will be assessed from original date of purchase on average outstanding balance. As of 3/1/99, APR is 23.75% (may vary by location). Offer for retail sales only; contract and commercial sales exempt.

* \$500 Minimum Purchase, Subject To Credit Approval. See Store For Details.



Easy Financing with Exclusive Abbey Credit!

Plus **NO** Down Payment,
NO Interest Until The Year 2000!

Although we will not be at the Home Show this year, we
WILL BE offering Home Show pricing in-store.

Selected
Ceramic Tile

• 8x8 Tiles starting at
\$1.49 s.f.

• 12x12 Tiles starting at
\$1.59 s.f.

20% OFF
a Great Selection of
Other Tiles, too.

**SPRING
DEALS**

• Wilsonart and
Mannington
Laminate Planks
ON SALE AT ONLY

\$3.39 sq. ft.

Dozens of beautiful
styles and colors
available
in each.

Mannington
Vinyl

• Gold Series Naturscape @

\$40.05 sq. yd.

PLUS \$4.00 sq. yd. MFG. REBATE

• Ceramica @ **\$20.25** sq. yd.

PLUS \$3.00 sq. yd. MFG. REBATE

• Aurora @ **\$14.31** sq. yd.

PLUS \$2.00 sq. yd. MFG. REBATE

Fabulous
Plush Carpets

• Free Spirit @

\$2.49 sq. ft.

• New Scene @

\$2.29 sq. ft.

with dozens of new
styles arriving
daily during the
next few weeks

Beautiful
new contemporary
area rugs in stock
and dozens more
available to
choose
from.

**GREAT
BERBER DEALS**

WILDONES @ **\$1.82** s.f.

THUNDERBOLT &

WAINSCOTT @ **\$2.19** s.f.

WISE CHOICE, TURLINGTON &

SEASONS @ **\$1.89** s.f.

All prices incl. a
heavy 6 lb.
pad

Carpets That Matter!

Made from the strongest & most
stain resistant fibers.

• Dupont Stainmaster

• Monsanto Wear-Dated

• Anso Crush Resister

NOW thru
APRIL
15th

CARPET

VINYL

Hard
wood

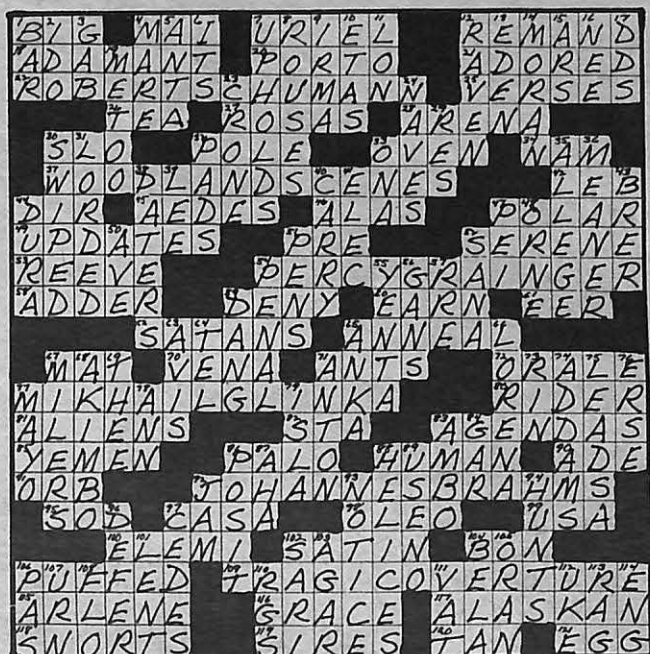
CERAMIC
TILE

Laminate



Arts

Last Week's Solution...



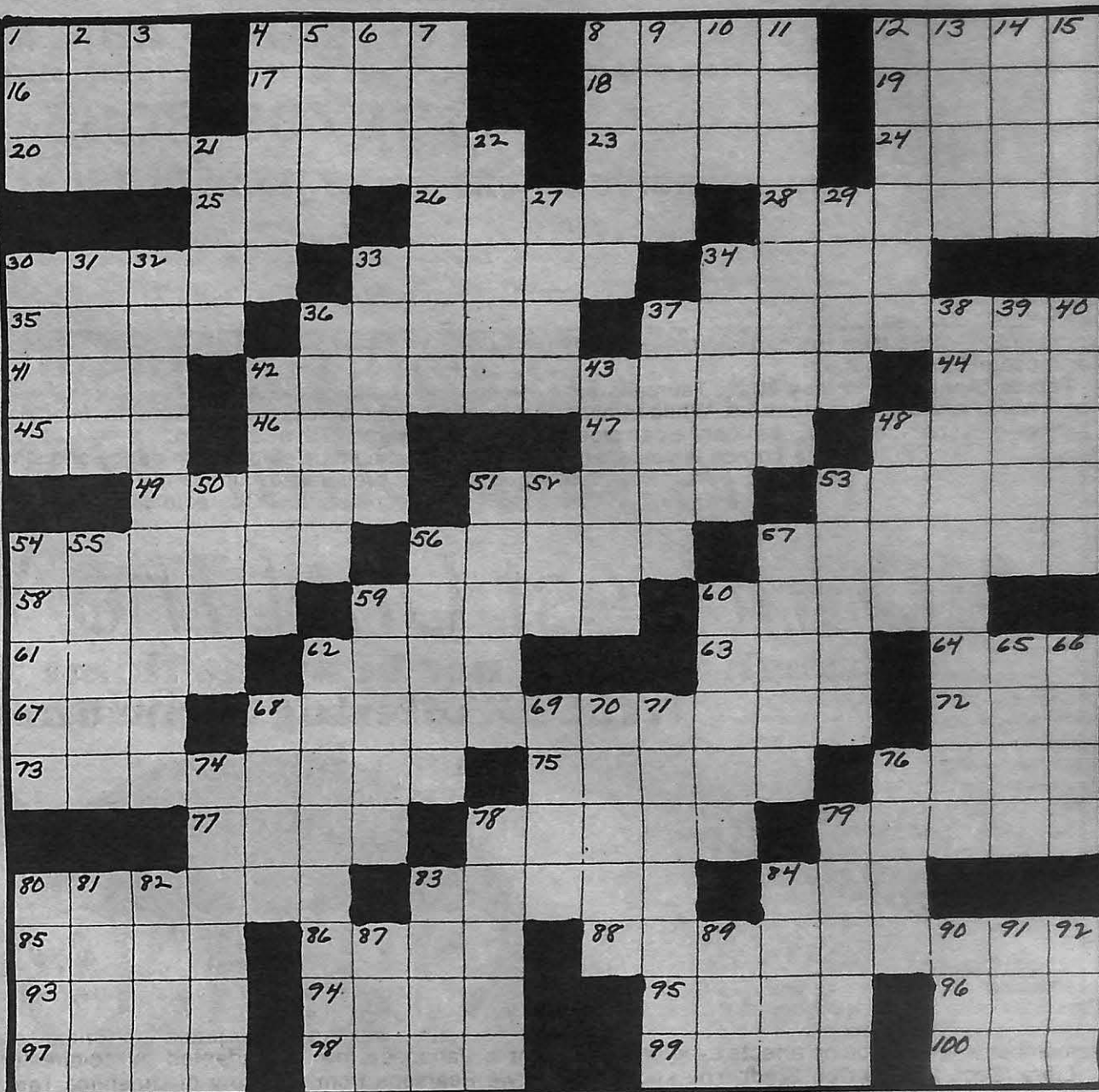
ACROSS

- 1 Joe DiMaggio's brother
- 4 Tipplers
- 8 Not up yet
- 12 S. Korean soldiers
- 16 Actor Vigoda
- 17 Military group
- 18 Rane's robe
- 19 Actor Jannings
- 20 Anvil locale
- 23 Roadside stops once
- 24 Clark Kent's co-worker
- 25 Golfer Ernie
- 26 Civil War General George
- 28 Put together
- 30 Curtis of S.A.C.
- 33 Brown Betty fruit
- 34 Needle fish
- 35 Actress Moran
- 36 Fisherman's basket
- 37 Wagner's "Flying —"
- 41 Comic Caesar
- 42 Midnight to 4 a.m.
- 44 Rankle
- 45 Danson of "Cheers"
- 46 Ike's WWII command
- 47 Quiet down word
- 48 French idea
- 49 Procrastinator's word
- 51 Like a new coin
- 53 Totalled up
- 54 Cubic meters
- 56 Be frugal
- 57 "Toonerville" vehicle
- 58 Pisa attraction
- 59 Singer Della
- 60 Grassy area
- 61 Mine contents
- 62 Booby trap often
- 63 "Women's —"
- 64 Devoured

DOWN

- 67 Duos (abbr.)
- 68 White collar workers
- 72 "— about" (wander)
- 73 Play views
- 75 English river
- 76 Darn
- 77 Lotion ingredient
- 78 "Trick or —"
- 79 Bold and pert
- 80 Cocktail instrument
- 83 Mountain nymph
- 84 One in Bonn
- 85 Persian sprite
- 86 Russian peninsula
- 88 Wholesaler
- 93 Club for Tiger
- 94 "— the Red"
- 95 Spad or Brad
- 96 Home to a Cockney
- 97 Chinese society
- 98 Pull hard
- 99 Author Zane
- 100 Mom's partner
- 1 Beaver creation
- 2 Sash for a kimono
- 3 Pre—
- 4 Besmirch
- 5 Singletons
- 6 Ascot
- 7 Prepared for mailing
- 8 Stage ad-lib
- 9 Harm
- 10 Sea eagle
- 11 Send to
- 12 Savor
- 13 General Bradley
- 14 Catte (Ger.)
- 15 Luge
- 21 Jerry's partner
- 22 Drive off
- 27 All in Bonn
- 29 Vault
- 30 "— we forget"
- 31 Cleveland's waterfront
- 32 Corn growing region
- 33 Intensity
- 34 Truly true grit

Meet The Master - by Dick Mastroianni...



- 36 Uses as an authority
- 37 Intimidate
- 38 500 A.D. to 1450 A.D.
- 39 Staggering
- 40 In want
- 42 What Rita reads
- 43 Pule
- 48 One to look up to
- 50 God of war
- 51 Mill product
- 52 Not hers but —
- 53 Spirited horses
- 54 Halts
- 55 Yankees' manager
- 56 Remits
- 57 Obey Chubby Checker
- 59 Arete
- 60 Lean
- 62 Plaintive musical setting

- 65 Cures hides
- 66 Whirlpool
- 68 Coe's distance
- 69 To be (Fr.)
- 70 Coffee additive
- 71 Showing the way
- 74 Opposite of giving
- 76 Lion's pride
- 78 Follow with a hound
- 79 Inane
- 80 "— and polish"
- 81 Audie Murphy was one
- 82 Elvis' middle name
- 83 Ken or Lena
- 84 Actress Adams
- 87 "— Pro Nobis"
- 89 Patriotic org.
- 90 T.V. squad
- 91 M.D.'s group
- 92 Mr. Buntline

Be sure to put your crossword puzzle skills to the test with "Meet The Master," each and every week in The AAN...

Best local news...

Malanson Carpet Cleaning

(413) 786-7170

Satisfaction Guaranteed
Owner Operated
Commercial Residential-Insured

Always Senior
Citizen Discounts!

3 Rooms or 3 Areas

Rooms or Areas **\$60** 12 x 12

Some Restrictions May Apply • Expires May 31, 1999

Whole House Special

Always Free Pre-Spray **\$99** 5 Rooms Or Areas 12 ft. by 12 ft.

Some Restrictions May Apply • Expires May 31, 1999

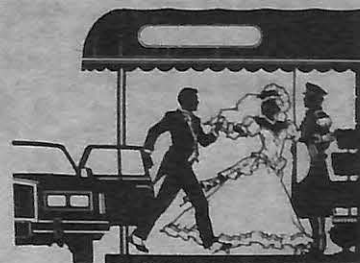
Sofa or 2 Chairs

\$45 Up to 7 ft. Long

Some Restrictions May Apply • Expires May 31, 1999

Springfield Turnverein

176 Garden Street
Feeding Hills
786-0924



Catering To:
Weddings
Banquets
Parties
And
Receptions

Two Rooms Available With
Seating Up To 250 People

A Weekly Look At Your Horoscope



by Dale Platenik

Aries (March 21st to April 19th): Arians have a bad rap for trying to control and manipulate things around them. Some people think it's just selfishness. But, taking care of yourself isn't entirely bad. You need to be the best you can be for yourself BECAUSE then you can be your best self for those others in your life.

Taurus (April 20th to May 20th): Taureans are very passionate and very stubborn. While intense feelings can spur creativity, obstinance can close the door of opportunity. The choice is yours, and you have many options coming your way this week.

Gemini (May 21st to June 20th): Sometimes, Gemini, your nervous system overloads and anxiety creeps into your being. This week, you need to slow down and ask yourself what the most important thing is to you. Then do what you can to achieve it. Joseph Campbell calls this, "Following your bliss."

Cancer (June 21st to July 22nd): Have you heard of a Mobius, Cancer? Cut a strip of paper about a half-inch wide, make a little twist, and seal both ends together. Now, follow the pattern around with your finger. The inside and the outside are continuous. They are the same thing. For this week, think of your life in this way.

Leo (July 23rd to Aug. 22nd): Do you feel you have come to a stagnant spot in your life right now, Leo? You are the thespian of the Zodiac. What you need is a fresh approach to your production. A change of venue could bring new inspiration.

Virgo (Aug. 23rd to Sept. 22nd): Have you heard of the Gaia Theory? In a nutshell, it hypothesizes that the Earth is a living organism and we are one with all other living things. Think about this and remember whatever you do affects everyone else.

Libra (Sept. 23rd to Oct. 22nd): You know that saying about the swamp? When you're up to your ears in alligators, it's hard to remember you went there to drain it. If you can find inner strength this week, tickle the gator's belly while you pull the plug; your life will get a little easier.

Scorpio (Oct. 23rd to Nov. 21st): In the Native American Bear Ritual, the bear freely gives of himself to feed the tribe. At the feast, the bear is symbolically present. Bear is revered and takes part in the ceremony, being offered the first piece of meat. The moral: if you are going to party in the spoils, invite those who helped you.

Sagittarius (Nov. 22nd to Dec. 21st): Spring is in the air and there is a new spring in your step. This is a time when you have changing attitudes about all those things your sign governs; philosophy, higher education, spirituality, and travel. Explore those new ideas and grow for it.

Capricorn (Dec. 22nd to Jan. 19th): A lot of the barriers that have been in your way are being removed this week, Capricorn. That isn't entirely a gift from the universe. You have found that with hard work and by opening yourself up to others, many perceived obstacles have disappeared.

Aquarius (Jan. 20th to Feb. 18th): Keep both your feet planted on the ground this week, Aquarius. This isn't a time for chasing after half-thought-out plans. It's good to have ideals, but in choosing how to attain them, you need to explore all the options.

Pisces (Feb. 19th to March 20th): Swans look so graceful and at peace as they float on a tranquil pond, don't they? But, remember, they paddle like crazy to go anywhere and you don't see that action. The idea is, even though you're working like mad, you can still be at peace.

(Editor's note: Dale Platenik of Holyoke has been an astrologer for 19 years, has taught it and related subjects, and works as a counselor in the field. She does individual Astrology charts based on the time, place, and date of birth. Charts can be natal, progressed, for couple's comparison, or used for business. She can be reached at 539-5934.)

* * *

For copies of his photos in this edition, please call AAN photographer Jack Devine at 789-0053. He has all the negatives and will be glad to help you...

* * *

Riverside To Hold Auditions For Summer Performers

Aspiring actors and actresses will have a chance to shine this summer. Riverside the Thrill Park, a member of the Six Flags family located in Agawam, is announcing entertainment auditions for the 1999 summer season. A new entertainment package is part of the park's expansion plans.

The Park is looking for exceptional local talent to cast more than a dozen performers in a variety of roles. Positions include male and female singers, dancers, and comic character actors, mascots, jugglers, and clowns.

"We have a brand new theatre opening that will feature 50's-style entertainment. We're eager to fill these positions with members of the local performing arts community," said Peter Shannon, Entertainment Manager.

Auditions will be held at the Riverside Human Resources building, located 1756 Main Street, Agawam (right across from Riverside Park) on Saturday, March 27th at 2:00 p.m.

Dancers should be prepared to dance and sing and singers prepared to sing and learn a short movement combination. Character actors should prepare an appropriate two-minute comic monologue.

All performers should bring a headshot and resume. Applicants must be at least 16 years-old. For more information, call the Riverside Entertainment Department at (413) 786-9300, ext. 3322.

Applications Being Taken For STAGE's Spring Vacation Camp

Applications are now being accepted for STAGE's School Spring Vacation Camp at The Red Door Theatre, 152 S. Westfield St. in Feeding Hills, MA.

This drama camp is open to students eight to 15 years-old and will be held Monday-Friday, April 19th-23rd from 9:30 a.m.-3:30 p.m.

The camp will end in four public performances of a Japanese folk tale adapted by co-director Lyle Pearsons from the story of Urashima Taro. This popular tale from ancient Japan concerns a young fisherman who rescues a tortoise from some taunting boys, only to find that it is an enchanted princess.

She invites Urashima to follow her into the sea to the palace of her father, the Sea King. Many of the elements of the Japanese theatre, including instruments, chorus, property men, and masks, will be employed to create this stylized and unique theatre. The fee is \$175 and applications may be requested by calling The Red Door Theatre at (413) 789-2026.

A Saturday morning workshop series for the very young actor (ages four-seven) is also being offered by STAGE productions. Co-producers Lyle Pearsons and Margie Secora lead the children through the activities involving music, movement, mime, and imagination to help them approach performing in a gentle, playful, yet disciplined creative manner.

Registration for these 11:00 a.m.-12:00 noon Saturday workshops start now. Classes begin April 10th and run for five consecutive Saturdays for only \$50. Call (413) 789-2026 for more information.

— ADVERTISER NEWS —

The Hilltop Players To Hold Auditions This Sunday Evening

The HILLTOP PLAYERS announce auditions for the comedy "AN EVENING OF CULTURE" Faith County II by Mark Landon Smith on Sunday, March 28th, from 7:00-8:00 p.m. at THE RED DOOR THEATRE, 152 S. Westfield Street, Feeding Hills, MA.

"AN EVENING OF CULTURE" is the hilarious attempt by the Mineola County Community Theatre to mount a production of "Romeo & Juliet" by "Mr. Bill Shakespeare." Juliet is played by Mildred Carson, who doesn't look her 50 years of age.

Bubba Bedford, age 20 and owner of Bubba's Gas & Co., plays the role of Romeo. Naomi Farkle Carlson, owner of the Bee-Luv-Bee Beauty Salon, is make-up artist, actress, and has even written extra dialogue to enhance Mr. Shakespeare's own words. The play takes place on opening night and even though the set isn't finished, a dog keeps barking offstage, the players don't know their lines, they're gonna give it a go!

Other colorful characters such as Delbert Fink, owner of Fink Pink Pig Farm, who is set-builder, Luther Carlson, owner of Luther's Lube & Tube, and Faye McFaye, the town sex-pot, make up this lively production, which is a laugh-a-minute.

The cast call is for five women ages 20-50 and three men ages 20-50. Cold readings will be done from the script. The show will be produced on May 14th, 15th, 16th, 21st, and 22nd. For more information, call 789-2026.

Operation Friendship To Hold Dinner And Mystery Production

Operation Friendship of America, a non-profit youth cultural exchange program will be presenting "She Should've Seen it Coming" on April 10th and 11th at 6:30 p.m. at the Feeding Hills Congregational Church at 21 North Westfield Street in Feeding Hills.

The plot involves a fortune teller who gives advice to some interesting personalities. Some of the characters you'll meet include the poor widowed Baroness, mother's boy Gilbert Nerdlike, Psychic Chum' Network's spokesperson, Dijon Warwick, Boom Boom, the human cannonball, and the famous psychic Madame Voyant.

Is she for real? Will a pending lawsuit against her find success? Come and find out. AND, help solve a crime ... Yes, the audience will be counted on to help Inspector Tousleau solve a very baffling crime.

Tickets are \$15 and include the show and a full dinner. The menu for the evening is a choice of entree (roast beef, capon, or vegetarian lasagna), tossed salad, baked potato, vegetable, rolls and butter, dessert, and beverage. Call 786-8743 or 786-9780 for reservations.

* * *

To community organizations, church groups, etc.: please be sure to publicize your events at least one week in advance ... AAN!!!

* * *



The Clip Shop

Nancy Gentile Is Back!

Walk-Ins Always Welcome
No Appointment Necessary

Open:
Tues. - Wed., 9 A.M. - 2 P.M.
Thurs. - Fri., 12 Noon - 5 P.M.
Sat., 9 A.M. - 2 P.M.

667 Springfield Street
Feeding Hills
786-7102

Education

Enjoying After-School Clubs...

Kids At Robinson School Are Mad About Science

by Kathy Cassanelli
News Editor

The instructor is wearing a white lab coat. The students are hypothesizing about sublimation and discussing the use of control groups and placebos in developing medicines. As part of their coursework, the students are constructing electromagnets, learning about the properties of electricity, exploring the world of polymers, and building Newton's color wheels.

Sounds daunting, but these students are learning how scientific principles affect them and the world around them — and they're having fun doing it. Which is the whole point of the after-school science clubs being conducted at Robinson Park School by Mad Science of Western New England.

Robinson Park Principal William Sapelli said the eight-week program is divided into two sections; one for third- and fourth-graders, and another for the younger students. Sapelli said it has been a big hit with the kids as well as with their parents, and could give the kids a leg up when it comes time for them to take state-mandated assessment tests as fourth-graders.

"We had 40 kids sign up for the program and attendance has been high each week," Sapelli said. "That shows how much the children are enjoying it, especially when you consider they've just put in a six-hour school day."

One of the best features of the program, as far as fourth-grader Kayla Bryant is concerned, is getting to bring home something from the workshop each week.

At the third workshop, Kayla, along with her classmates, mapped out the taste sensations on their tongues; used Life Savers to compare their senses of taste and smell; and did a taste test comparing Coke and Pepsi. The kids also made gumdrops using Jell-O powder and water.

"I've liked everything so far," Kayla said.

Parent volunteer Lisa Bryant noted, "Any time the kids want to learn more, it's a benefit for them and they're learning science while having fun."

PTO Vice-President Gayle Lombardini said the kids are attentive and enjoy picking up the scientific terms Dr. Atoms (a.k.a. Beth Sanders) uses in explaining the scientific principles behind the experiments and demonstrations.

Program Stresses Scientific Vocabulary...

Ms. Sanders, Program Specialist with the Northampton-based branch of an international franchise, said the program intentionally stresses using the vocabulary of scientific terms, such as hypothesis, sublimation, or control group.

"Knowing those kinds of scientific terms will make all the difference when these children take their Massachusetts Comprehensive Assessment Test," Ms. Sanders said.

SEE SCIENCE - Page 33...



IN TOP PHOTO: Amy Schreiber of Mad Science of Western New England with K-2 students at Robinson Park School. IN PHOTO BELOW: Program Specialist Beth Sanders (a.k.a. "Dr. Atoms") with the third- and fourth-grade science club students. Advertiser News photos by Jack Devine.



Best local
news...
AAN!!!

All-You-Can-Eat Breakfast

To Be Served On

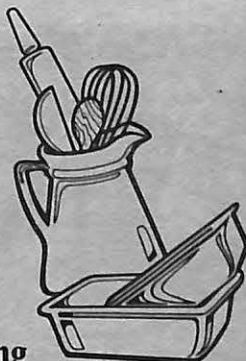
Sunday,
March 28th

At The Masonic Lodge Building
53 River Street, Agawam

Pancakes, Eggs, Sausage, Home-Fried Potatoes,
Homemade Biscuits, Coffee, Etc.

Served From 9:00 A.M. To 12:00 Noon
\$4.00 Per Person — Children \$2.50

Sponsored By Elm-Belcher Lodge A.F. & A.M.
A Special Masonic Awareness Event



Decisions. Decisions. Decisions.

Your loved ones may make more than 120 decisions related to your funeral—most in the first 24 hours after your death. Fortunately, there's a way to avoid adding to their burden of grief. It's called preplanning, and with Curran-Jones & Family Considerations®, it's a simple process you can do today.

To learn about all the facts and benefits of funeral preplanning, call us today. You'll receive a valuable Family Considerations® Planning Guide—absolutely FREE and without obligation.

For your FREE gift and no-obligation consultation, call today.

CURRAN-JONES FUNERAL HOMES
109 Main St., West Springfield
745 Cooper St., Agawam
EDWARD F. DAY FUNERAL SERVICES
134 Chestnut St., Holyoke
781-7766



Family
Considerations®

SCIENCE - from Page 32...

In addition to the after-school workshops for elementary students, Mad Science puts on stage shows, teachers' workshops, and special events for parents and children featuring hands-on science activities.

A former elementary teacher and college instructor of teachers in training, Ms. Sanders said the goal of Mad Science (as in "I'm mad about science") is to instill in youngsters a real interest in learning more about science by making science fun for the students.

"Statistically, we know that kids' interest in science drops off at the fourth grade," Ms. Sanders said. "I want to catch them before they give up on science."

Ms. Sanders said the company runs three sets of totally different workshops, each running for eight weeks, in order to give interested students the chance to attend more than one science club session in a given year.

"The kids seem to like coming to the program and I think it's great for them to get in there with the hands-on activities," Mrs. Lombardini said. "My son, Brett, came home and made his own electromagnet."

Sapelli said he first learned about the program from staff members who were impressed with the program put on by Mad Science at their children's schools in other communities.

"I feel we can use as much science as we can get since we spend so much time teaching reading and math as the basic focus of the elementary grades," Sapelli said. "Due to a lack of time in the school day, our teachers can't always do these kinds of hands-on projects."

The science clubs meet for one hour a week at a cost of \$72 per child, with special discounts offered to families enrolling more than one child.

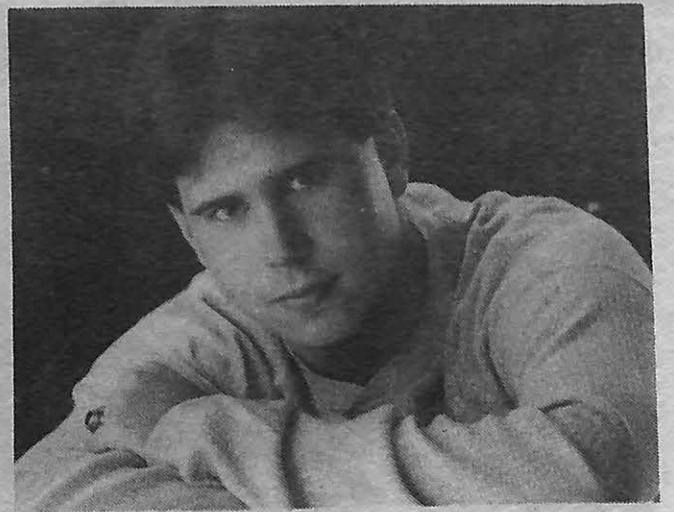
Shawn Sherry Earns Outstanding Freshman Award At Quinnipiac

Shawn Sherry, a 1998 graduate of Agawam High School, will be one of 15 college freshmen out of a class of approximately 1,400 to be receiving the "Quinnipiac Outstanding Freshman Award."

Shawn is currently a microbiology/biotechnology major at the college. He completed his fall semester achieving a 3.4 grade point average.

Quinnipiac College is located in Hamden, Connecticut. For the third consecutive year, the college has been named among the top regional universities in the *The U.S. News and World Report's* America's Best Colleges issue.

Quinnipiac placed in the top 10 in the North region according to the 1999 ratings. There will be an award ceremony for the recipients and their families on April 10th at the college.



SHAWN SHERRY

Feeding Hills Residents On Dean's List At University Of Hartford

Feeding Hills residents Eric Fay and Jeffrey Lyman were among students named to the Dean's List for the fall semester of the 1998-99 academic year at the University of Hartford, an independent, comprehensive institution of higher education, offering educational and career programs in 86 undergraduate majors and 57 graduate programs of study in its nine schools and colleges.

Professional Dev. For Agawam Schools Slated For Mar. 26th

On Friday, March 26th, the Agawam Public Schools will conduct a full day of professional development for all PreK-12 staff.

Consequently, schools will not be in session that day, since teachers will spend the entire day attending various conferences, workshops, and training sessions.

Students will return to school on Monday, March 29th.

Agawam Schools' Weekly Lunch Menu

Monday, March 29th: Steamed frank-furt in roll, oven-baked beans, oven potato rounds, chilled peaches, milk.

Tuesday, March 30th: Oven-roasted turkey, whipped potatoes, peas and carrots, dinner roll, applesauce or dessert, milk.

Wednesday, March 31st: Rotini with meatsauce, seasoned broccoli cuts, Italian bread and butter, chilled pineapple tidbits or chocolate brownie, milk.

Thursday, April 1st: Hamburg in roll, steamed rice, seasoned green beans, chilled peaches or ice cream cup, milk.

Friday, April 2nd: No school (Good Friday).

Best local news...



Polish American Club of Agawam

139 Southwick Street
Feeding Hills

(413) 786-0973

BINGO

EVERY TUESDAY 6:45 P.M.
DOORS OPEN 4:30 P.M.

TWO WINNER TAKE ALL'S



ALL PAPER GAMES

NON SMOKING SECTION

\$ AUTOMATIC VERIFICATION \$

ATTEND AN IMPORTANT HOME BUYER'S WORKSHOP

Saturday, April 10th, from 10:00 a.m. to 11:45 a.m.
at the West Springfield Professional Center
1111 Elm Street, Suite 21, West Springfield, MA

"BUYING A HOME... WHAT THE BANKS DON'T TELL YOU!"

Learn how to save thousands of dollars ... guaranteed!

Your instructions will be two of today's most knowledgeable professionals, Raymond Rose and Donald Thompson.

Key Topics Include:

- Important information for renters, first time buyers & move up buyers
- How to buy a house using little or none of your own money using various Federal loan programs
- The banks' criteria regarding job history, income, credit & debt
- Understanding points ... what they are ... when you should pay them ... when you shouldn't

- The many benefits of working with an Exclusive Buyers' Agent
- The difference between Buyers' Agents vs Seller's Agents vs Dual Agents
- Free Credit Analysis ... Free Mortgage Pre-Approval ... Free Interest Rate Lock
- What are closing costs ... and how you can easily reduce your "cash to close"
- The myths about banks and mortgage companies
- Complete information about FHA loans, VA loans, FmHA loans and much more.

For specific details and reservations,
PLEASE LISTEN TO THE RECORDED INFO MESSAGE AT

846-0981

Seating is strictly limited to 42 people ... our last seminar was filled to capacity ... call now for reservations!

Please be assured, there are no fees, no obligations and no gimmicks involved!
The purpose of this workshop is to make the public aware of the many unique programs that are currently available in today's real estate marketplace that can dramatically save you time, money & aggravation.

This public service seminar is proudly sponsored by

THE PIONEER GROUP

Phone 731-6800 Fax 731-6881

We Make Home Buying Easy!



THE "CAT" WOULD HAVE BEEN PROUD!!!: The staff at James Clark Elementary School on March 2nd, Dr. Seuss's birthday. IN LEFT PHOTO: Peggy Bitzas, Laura Lewis, Bev DeGeorge, and Nancy Swikalus. IN RIGHT PHOTO: Joyce Rheaume, Clark Principal Sandra Howard, Cindy Palazzi, and Doris Early.



Clark School Celebrates "Read Across America"

James Clark School, in conjunction with the entire nation, celebrated "Read Across America" on March 2nd, Dr. Seuss' birthday.

This day-long celebration began with a special lunch menu of green eggs and ham. Then, in the afternoon, the children gathered in the gym for a Seuss birthday celebration where each grade read a Dr. Seuss book to the rest of the school. After this, the children returned to their rooms to enjoy birthday cupcakes and ice cream.

The entire school was decorated for a birthday party, complete with streamers and balloons. The children were asked to wear red, white, and black on this day, and the entire staff sported the fashionable red and white striped Dr. Seuss stovepipe hat.

The main event that completed Clark's celebration took place at the school in the evening. The school staff sponsored a Family Literacy Night. Many of our community leaders, as well as the Police Department and the Fire Department, had volunteers set up in classrooms to read Dr. Seuss stories.

The first session began in 6:30 p.m., with three more sessions following at 6:45, 7:00, and 7:15 p.m. At 7:30 p.m., everyone was invited to the cafeteria to share in refreshments.

More than 200 parents and children attended this evening event, which proved to be a very exciting and rewarding experience for the young and the young-at-heart.

Best local news...

"GEE, I WONDER WHAT DR. SEUSS WOULD HAVE THOUGHT ABOUT THIS CELEBRATION IN HIS HONOR????": Clark School staff members Maggie Gage, Valerie Liptak, Barbara Root, and Kathy King.

For photo coverage in The AAN, please call Jack Devine at 789-0053.

DAVID GILLETTE ASSOCIATES

INSURANCE AND FINANCIAL SERVICES

*Annuities * Life & Health Insurance
Disability & Long Term Care Insurance
Employee Benefits * Executive Benefits
Estate Plan Analysis * Retirement Benefits*

David A. Gillette, CLU, ChFC

217 Suffield Village
P.O. Box 306
Suffield, CT 06078

Phone: (860) 668-5953
Fax No. (860) 668-0770

Securities offered through Tower Square Securities, Inc., Member NASD/SIPC
Supervisory Office: One Tower Square, Hartford, CT 06183 (860) 277-2185
Not Affiliated with David Gillette Associates

Your Hometown Husband And Wife Team With Over 30 Years Of Combined Experience In Real Estate Sales And Service



Linda Lewis, CRB
789-7588



Gary Arnold, CRB
789-7589

- Seller Representation
- Free Market Analysis
- Buyer Representation
- New Construction
- Free Consultation



Guiding Your Way To
Quality Real Estate Service

Bus.: 789-0772
Res.: 789-7588
Res.: 789-7589

1325 Springfield St.
Community Shops
Feeding Hills, MA 01030

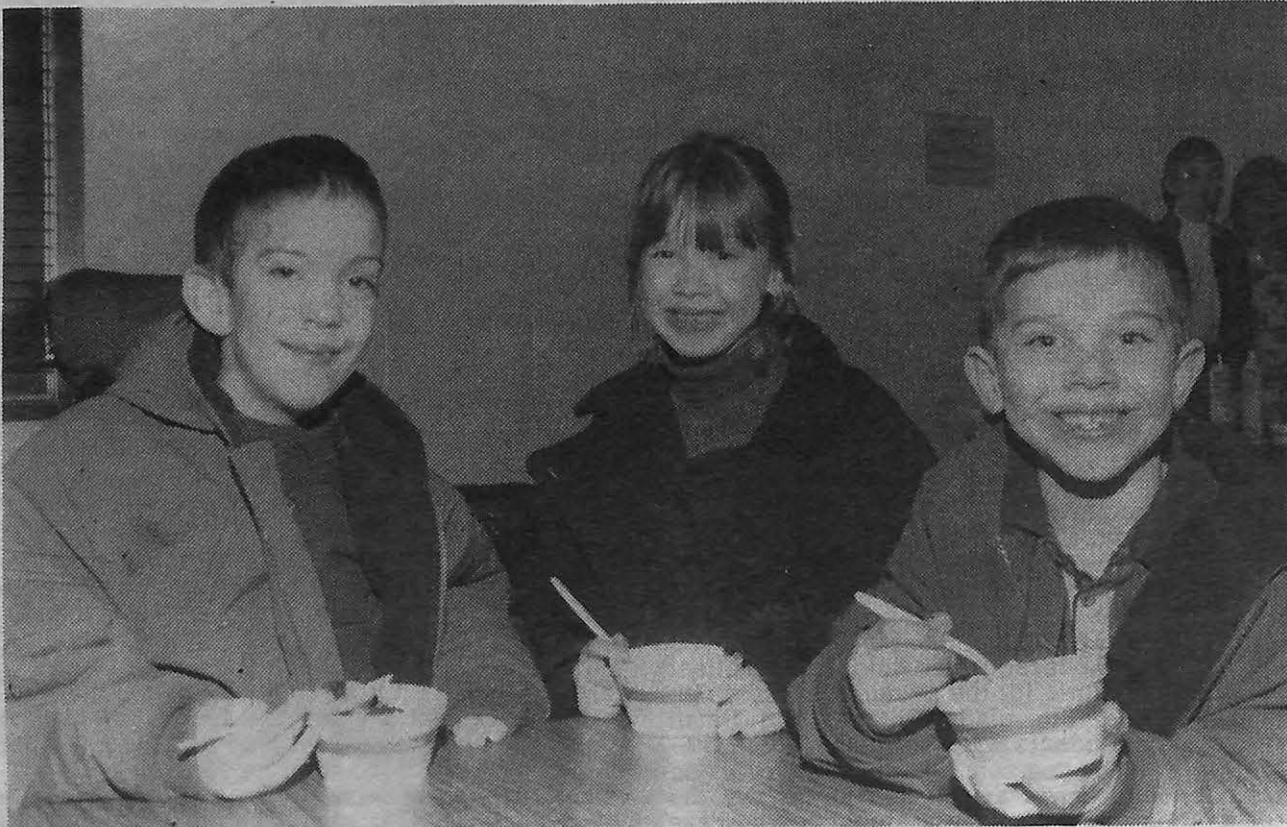
Phelps School PTO Holds Annual Ice Cream Sundae Night

The Phelps Elementary School PTO proudly held its annual Ice Cream Sundae Night on Tuesday, March 16th, for all the students and their families.

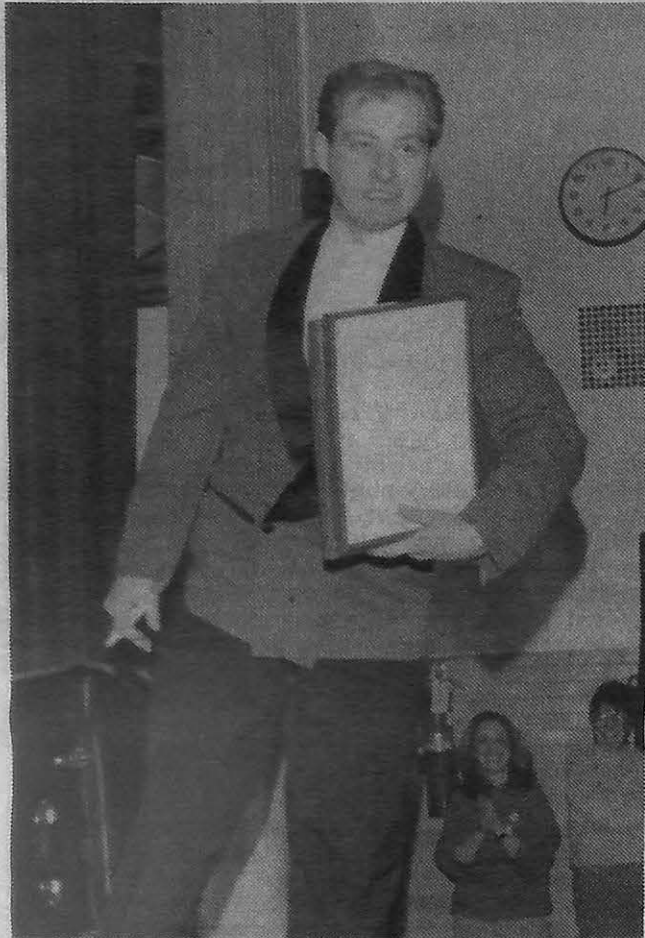
The PTO arranged for ice cream (donated by Friendly's), all the toppings (donated by John Lazazzara and Hershey's), and plenty of entertainment for all.

Illusionist David Garrity hosted this year's entertainment. David's unforgettable shows was a dynamic, high-energy performance that combined magic, music, comedy, and lots of audience participation. The children and the parents loved it.

"We'll definitely invite David back again," commented PTO President Denise Moffatt. "He was very successful in keeping children of all ages and the parents totally amused. That's hard to do!"



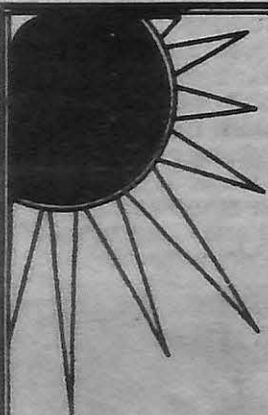
ENJOYING THEIR ICE CREAM at the annual Ice Cream Sundae Night at Phelps Elementary School (from left to right): Andy, Taylor, and Zach Dawson. Advertiser News photo by Jack Devine.



ILLUSIONIST DAVID GARRITY entertained the audience during Phelps' annual Ice Cream Sundae Night. Advertiser News photo by Jack Devine.



"COME AND GET 'EM!!!": Phelps PTO members Jo-Ann Sullivan, Joan Longhi, and Lisa Howe had fun making sundaes for the schoolchildren. Advertiser News photo by Jack Devine.



**DARKER
IMAGE**
*Tanning
Salon*

Introduces

**The Ultimate Voyager
Tanning Machine**

10,500 Watts Of Tanning

**Get A Base Tan
In 3 Sessions!**

**New Bulbs In
All The Beds!**

Reasonable Rates * Open 7 Days

303 Walnut Street
Agawam
789-0489



**Agawam Federal
Credit Union**

Great Rates On Car Loans

For Limited Time

**New
Car**

6.75% APR *
7.00% APR *
7.25% APR *

36 Months
48 Months
60 Months

** Annual Percentage Rate 10% Down*

**Used
Car**

7.50% APR *
8.00% APR *

36 Months
48 Months

** Annual Percentage Rate NADA Loan Value*

4 Washington Avenue Extension, Agawam



786-2100

Open To All Who Live Or Work In Agawam



News From The Agawam Jr. High PTO

The Agawam Junior High School PTO held its fifth meeting on **Monday, February 22nd**. Past meeting minutes and reports from the treasurer and School Council representatives were presented.

The Jr. High School nurse, Ms. Mary McEwan, spoke to us regarding a law that has been passed that requires all school nurses to achieve a master's degree (not necessarily in a nursing related field) and to take the literacy portion of the teachers' exam. We feel this is unfair to ask and have written to our legislators to voice our concerns. If you want more information, feel free to call her at the school.

Three funding requests were discussed, voted on, and all approved.

- Mr. Dennis Moran requested funds to bring Vincent Dowling, internationally known actor and director, to do a presentation for the Jr. High English classes.

- Mr. Scott Thompson, Ms. Susan Brown, and Ms. Christine Davis requested funds to help offset the cost of T-shirts for the students in Band, 7th grade Chorus, 8th grade Chorus, and Small Chorus. The students will wear these T-shirts??

- Mr. Scott Thompson, Ms. Susan Brown, and Ms. Christine Davis also asked us to pay the registration fee for the eight students who have auditioned and been accepted to participate in this year's Western Mass. Jr. District Music Festival. Students from the Jr. High will be performing in the Band, Orchestra, Jazz Band, Baritone Chorus, and Treble Chorus. Our congratulations to those students.

We are looking for volunteers to help out at the Book Fair on May 10th-14th, from 10:45 a.m.-12:30 p.m. If you can help out, call Mr. Costanzi at the school.

Mr. John Burns spoke to us about the Math and Science Night held at the Jr. High School on Wednesday, March 10th. It was a fun learning experience for all our children.

Please continue to support the Jr. High School by patronizing V&F Auto Service on Springfield Street. They will donate two percent of the parts and labor to the Jr. High School for the work done on your car. Be sure to tell them you want the Jr. High School to get the credit. Thank you for your support.

The next meeting will be held on **Monday, March 29th** at 7:30 p.m. in the cafeteria. We will continue planning the Staff Appreciation Breakfast for May and the eighth grade celebration for June.

If you cannot make the meeting but are interested in helping with either event, please contact Sue Hamlett at 786-6477.

Information Night Slated At AHS For Next Year's Seniors

On Thursday, April 8th, the Agawam High School Guidance Department will hold its annual Information Night for next year's seniors (class of 2000) and their parents. This is a very important night and you are encouraged to make plans to attend.

Six panelists will discuss the areas of the college application process, the SAT tests, the various military options, landing that first job, and community college versus a four-year college or university.

Seniors and their parents will be entering a very exciting but also stressful time next year. This program and the opportunity to ask questions of the panelists will make it easier to begin the task of finalizing plans for the year after graduation.

The Information Night will be held in the high school cafeteria beginning at 7:00 p.m. Please plan to be with us on April 8th.

Agawam Middle School Announces Spring Pictures

The Agawam Middle School spring fundraiser will be spring pictures. They will be taken by a different company from the fall pictures and there is no money needed up front or pressure to buy.

The Agawam Middle School PTO will make \$1.50 per student **photographed**, whether bought or not. *(The PTO will make a percentage of those packages purchased, as well.)*

Please have your child photographed, Thursday, April 1st!

Check our classifieds...

At The Agawam Public Library...

Program On Owls Teaches Appreciation

by Kathy Shepard
AAN Feature Writer

The Agawam Public Library was the site of fun and learning "All About Owls" on Saturday, March 20th.

Presented by Julie Collier as part of Science/Nature Programs of Wingmasters, the creatures were brought out "in the flesh" for children and family members to see and enjoy.

Julie Collier (half Native American) could imitate owl sounds specific to the species, demonstrating those of the great horned owl and the barred owl (without flaw). She first showed the audience "what an owl is not" and introduced a falcon that she called "Conn," which is short for its name, "Connecticut" (because he was found near the Connecticut River).

As a point of interest, Julie explained that the word "Connecticut" actually means "along the tidal river" in Algonquin. The bird is so attached to her that Julie informed us, "I can't leave home without him."

To illustrate "Conn's" ability to hear, Julie said that if he were at one end of a football field and she added another football field and went all the way to the end of it and dropped a pin, "Conn" would pick up the sound.

Known as the American kestrel, or sparrow hawk, the falcon was about the size of a bluejay (maybe four ounces). This kind of falcon is a loner and does not travel in pairs or groups. He would not obey a command to come out of the cage. He made Julie pick him up, but he flapped his wings on command and showed us some beautiful colors—slate blue and rusty red, with black lines under the eyes, which serve as anti-glare protection, much like the dark marks placed on the faces of football players so the sun will not reflect in their eyes.

Unusually Colorful

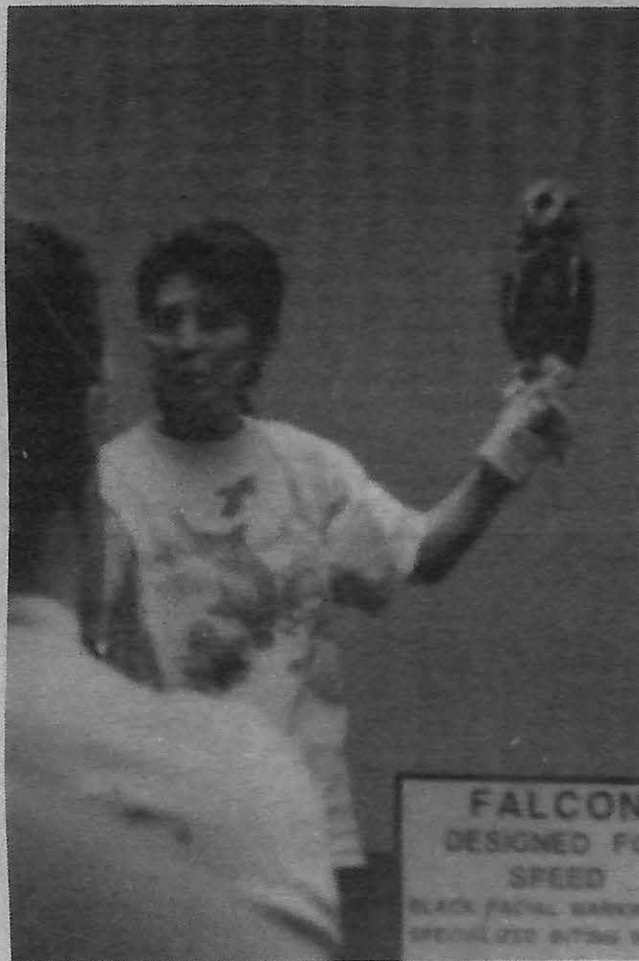
There are few birds of prey that are especially colorful, which was another reason Julie chose this falcon as a contrast to owls. To get around his stubborn side, which "Conn" revealed by refusing to get back into his cage a few times, Julie asked him if he wanted to go home and watch cartoons. He then submitted to being returned to his cage without protest (the reminder of watching cartoons in his room at home was enough).

The next bird was a screech owl, but Julie has never heard one screech. They are common in the Northeast, but hard to find because they look like part of a tree as they rest there. This one's name is Sachem, which means "Chief." The owl was reddish-brown and could turn her head half way around. All birds of prey can do this, including eagles, osprey, owls, and falcons.

Next came a short-eared owl named Abenaki, named for the Abenaki people (Native Americans still living in Vermont near the place the bird was found). This is an endangered species. The last time they nested near here was 1935, but there are some nests off the coast of Massachusetts at Nantucket and Martha's Vineyard.

They are "not easy-going owls" and because they live in open spaces, they are nervous. Their wingspan in 3½ feet, and she thinks that this owl came from Canada on her first year migration and probably flew into some power lines. She was injured when Julie got her from the Vermont Raptor Center and will stay with Julie at Wingmasters.

Next was a great horned owl named Osamequin, meaning "Golden Feather." Great horned owls can actually eat porcupines. Because of a poor sense of smell, even skunks are edible to them. They also hunt small birds at night and are



JULIE COLLIER WITH "Abenaki," a short-eared owl.

almost completely silent in flight, so when they do appear in daylight, they are harassed unmercifully by the smaller birds (called "mobbing") to get them out of the area. That is the reason for the mistaken belief that owls sleep in the daytime; they do not sleep, but they do hide.

Osamequin was born with a digestive abnormality and Julie believes the bird is in pain most of the time because she seems cranky. Julie hand feeds her tiny pieces of food and will keep the owl for as long as she lives, which could be from 15 to 20 years (up to 35 years).

Smallest Owl

The last and smallest owl presented at the library was the only bird without an Indian name—"Disney" is a saw-whet owl. He is tiny (only 3½ ounces), was hit by a car, and has been kept by Wingmasters. The birds feed on rodents, which are captive-raised and killed, frozen, and heated up before being served to the birds. There can be difficult choices when it comes to sustaining injured birds, for they are not able to hunt for themselves, yet their food and other needs must be provided.

The program ended with questions from the audience, and throughout the program, Julie would ask the young people if they could name a particular place, such as an island off the coast, guess the size or weight of a bird or its wingspan, or think of a reason that nature might give an animal a spot or marking. The young people in the group were quite knowledgeable.

The presentation gave a little humor, a lot of information about owls, falcons and other birds of prey, and a plentiful supply of enjoyment.

Service Is Our Business!

Service Department

Open Monday to Thursday
7:00 A.M. - Midnight
7:00 A.M. - 5:00 P.M. On Friday

All Ford Cars, Vans, Trucks And Lincoln Mercury Products

We Service And Honor Ford Motor Company Warranties, Even If You Didn't Buy From Us!

SARAT FORD

245 Springfield Street
Agawam



"Unofficial" School Historians...

Fouth-Graders Making Time Line At Clark School

The fourth-graders in Room 11 are making sure the community will get more than a look into the future of education when the new James Clark School addition is dedicated at an open house in May.

In September, Cindy Palazzi's students became the school's unofficial historians as they began to collect information for a time line featuring staff photos, highlights, and special memories of the 42 years since James Clark School welcomed its first students in 1957.

The completed time line will be displayed at the dedication of the addition as a visual reminder, linking the school's present, past, and future.

Each child in the class had a part in painting the illustration of the school that was drawn by artist-in-residence Helene Gates in the center of the huge banner. Already, the photos of current staff members have been posted on the time line to indicate the year they began working at Clark. Soon, the students will post the favorite memories they have gathered through a survey of the staff and the interesting facts they've learned in interviews of key administrators and school personnel.

Working in teams of three, the student reporters were somewhat nervous at first to be interviewing authority figures like the principal and the superintendent of schools, but that hesitancy soon faded. "It was a good experience for them to have to deal with people in authority whom they wouldn't ordinarily have contact with," Mrs. Palazzi said.

One teacher will never forget seeing a deer in the woods; another will never forget the day she brought a snakeskin to school, only to discover there was still a snake inside; and a school counselor enjoyed having his son attend the same school he was working in.

Student **Dan Geiger** thought they might get into trouble if they asked the wrong question, like, "How old are you?" But, after sitting down with their teammates before going out on their interviews, the young reporters were confident they would ask the right questions.

With teammates **Kelly MacIntyre** and **Zach Demers**, Dan found out that Superintendent of Schools **Frank Ameruso** had to compete against other candidates to get his job and that Ameruso wants higher achievements from the students.

Jessica Liquori, **Katelin Moran**, and **Justin McDonald** had to figure out approximately how many lunches (576,000) have been served at Clark in the 16 years since Miss Penny began working in the school cafeteria (by multiplying the number of days Miss Penny has worked times the average number of lunches served per year and adding those figures together).

Learning New Things About Their School...

Katelin said she enjoyed taking on the role of a reporter because she learned things she hadn't known before about her school.

"We're seeing what's happened over the years about the history of our school," **Tony Hall** added. "We learned how many teachers and how many principals have been here."

Principal **Sandi Howard** told the children she is the school's third principal when she was interviewed last fall. "Of course, I've only been her for five years, so I told the children there are others here at the school who know a lot more than I do about the history of the school," Mrs. Howard said.



CLARK SCHOOL's time line "historians": back row - **Zachary Demers, Nicole Gamache, Lauren Chartier, and Adam Plante;** front row - **Dan Geiger, Kelly MacIntyre, and Meghan Henry.** Advertiser News photo by Jack Devine.

Even with all the information they've already collected, the students say their time line won't be complete without the photographs, memories, and insights of former staff members and students at the school. The students are hoping that former teachers and students will share their photos, stories of fun things they did at the school, and the changes they've seen in the school to fill in some of the gaps on the time line.

Anyone with memories or photos to share can send them to Clark School, 65 Oxford Street, Agawam, MA 01001, before April 16th to be included on the time line.

"We're looking for more information," Mrs. Palazzi said. "We know there are a lot of people who came through this building, and we're hoping to tap into that to make our time line as full of information as we can."

Mrs. Palazzi said the students became interested in the idea of a time line early in the school year because their reading series opens with a story about a time line.

"We thought it would be a good time to look at the history of our school, with the new addition being dedicated in May," Mrs. Palazzi said.

Ag. Middle School Counselor's News

by **Thomas F. Dacey**
Middle School Counselor

The Middle School welcomes the second phase of the DARE (Drug Abuse Resistance Education) program. The DARE program is under the direction of Officer Karen Langevin of the Agawam Police Department.

This highly successful program provides the students with valuable strategies to help them avoid drug and alcohol abuse. In addition, the students receive training in personal safety and in enhancing their self-esteem.

Officer Langevin is presently working with rooms 201, 203, 205, 208, 210, and 212 of the fifth grade. The other fifth grade rooms received DARE instruction during the first half of the year.

The intramural pillo polo program is presently underway at the Middle School. Pillo polo, a type of floor hockey, is played after school in the gym. Competition is among sixth grade homerooms. This winter sport is very popular with the students.

The mid-term Student Progress Reports for poor academic achievement and other problems were issued on March 12th. The parents of students who received a report are asked to please sign and return them to the school if they have not already done so.

In the area of study skills, the sixth grade students are in the process of reviewing study skills with the counselor and are watching a video called "Study Preparation for School Success." The parents of all students can help by making sure their children have a quiet and comfortable place in which to study and have a particular time set aside each day when they can complete their homework.

During the week of March 22nd through March 25th, Mrs. Jeanne Trinque and Mr. Frank Meagher, the counselors at the Junior High, visited the Middle School to talk to the sixth grade students. They explained the Junior High program to the sixth graders and gave them information on what the Junior High is like and on what they can expect when they arrive as seventh graders.

Junior High PTO To Hold Next Mtg. On Mon., March 29th

The Agawam Junior High School PTO will hold its next meeting on Monday, March 29th at 7:30 p.m. in the school cafeteria.

All interested parents and teachers are invited to attend. Subsequent meetings will be held on the last Monday of the month.

*Eddie Knows How To Cook,
And Eddie Knows...*

PIZZA!!!

Bruno's Pizzeria

807 Springfield Street
Feeding Hills

Grinders And Calzones!

Hot — Fresh — Delicious

Eddie Also Serves:

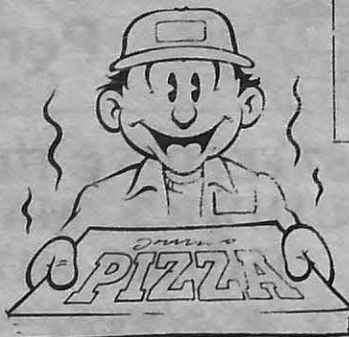
- Chicken Wings
- French Fries
- Mozzarella Sticks
- Chicken Nuggets
- Onion Rings
- Curly Fries

We Deliver 7 Days A Week

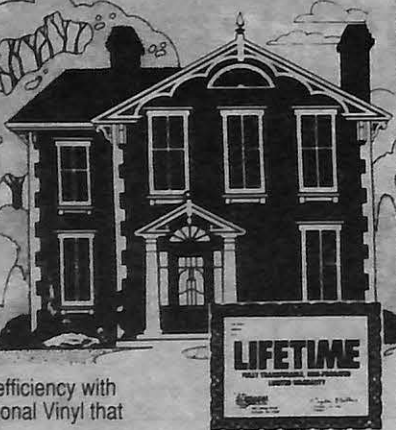
786-8717

Open 10:00 A.M. To Midnight (7 Days A Week)

Your Host — Eddie Santaniello And Family



**Upgrading
Your
Home
Starts
With
Replacing
Your Old
Windows!**



- Upgrade your home's efficiency with windows made by National Vinyl that insulate year round
- Easy tilt-in cleaning - glass and frame
- Colors available: White, Brown and Desert Sand
- Energy saving options available Low E - Argon - Foam wrap
- Wood grain interior
- Backed with the National Vinyl Limited Lifetime Warranty

Call today for free estimate:

**Hayden
Siding & Trim
786-6742**

From AHS Guidance Department...

Perceptions Can Be Misleading

by Judy Cohen
Agawam High School Guidance Counselor

Today, a young lady came into my office. Clearly, she was agitated. Her mother had called to discuss her failing grades. As I spoke to the young lady, she shared with me that her parents don't really care about her.

When she does something good, she never hears praise. Now that she is failing, they have gotten on her case. When she voiced her opinions, I could hear the undercurrent of anger. Her eyes were flashing, her lip was quivering, and her hands were gesturing.

As we talked further, I asked her an important question. "If your parents do not care about you, then why did they bother to call me?" She thought about this for a minute, but dismissed it and got back to her kick about their only butting in when she fails. I let her talk for a while to vent her emotions. Once I felt that she had let out a lot of her anger, we started talking about perceptions.

I explained to her that perceptions are assumptions; they really are guesses about a situation. We are assuming that someone feels a certain way when in reality he/she may not. Therefore, it is very important to share our feelings, to let the person know about our perceptions. This allows the person to know where we are coming from and to challenge our way of feeling. In doing this, our perceptions will change and will be based on reality.

Perceptions are so often misleading. They are the root of many arguments and hard feelings. Sometimes we look at a person, ask a question, and the response seems to be curt. Immediately, we may feel that person does not like us. WRONG! Maybe the person is in a hurry, so he/she had to give us a quick response.

Two young men were quite upset by the death of a classmate. One dealt with it by crying openly; the other chose to yell and scream at someone, yet did not cry. Outwardly, an observer might feel that the one who was crying was grieving more keenly, yet, in this case, that was not true. The perception was clearly wrong.

In a classroom, a teacher yelled at a student to get down to business, to do his work. The student perceived that the teacher disliked him. Instead, the teacher truly likes the kid and wanted him to succeed.

Many times kids come in my office upset that a friend is angry at them or no longer likes them. Just as often, the perception is wrong! In reality, the friend was having a bad day or had an argument at home and was taking his/her feelings out on the other friend. Only through sharing this can the onlooker know the true feelings.

It is so important to separate perception from reality. It is important to not make snap judgements; instead, it is necessary to search for the real meaning behind overt actions and feelings.

Years ago, I was handed the following which I have kept and shared with others. I hope you will find it insightful.

Hidden by Appearance

To really get to know someone,
You have to talk for a while.
You can't judge them just by looks
Or by a pretty smile.

What really matters is inside...
You must look and see what's there.
You might be surprised when you find
The friendship you could share.

So don't judge by appearances
But on whom you find inside.
Don't overlook the qualities
That looks can sometimes hide.

We all perceive things, we will continue to perceive things, but we all must remember to take time to find out if those perceptions ring true.

GUIDANCE BULLETIN

COLLEGE ACCEPTANCES: Congratulations!
Niki Reshamwala: University of Massachusetts, Syracuse University.

Marie Svadeba: Westfield State College, Holyoke Community College.

Dominik Koleczek: Holyoke Community College.

Diana Marsh: University of Massachusetts, Springfield Technical Community College, Holyoke Community College, Westfield State College.

* * *

For all the school-related news in Agawam, you turn our pages ... AAN!!!

* * *

Heather Hughes: Simmons College.

Robin Przybyla: College of St. Rose, St. Michael's College, University of Washington, Wagner College.

Jason Gagne: Rochester Institute of Technology, Western New England College, University of Maine.

Michelle Bruyette: Holyoke Community College, Springfield Technical Community College.

Jamie Pavelcsyk: Springfield Technical Community College, Holyoke Community College.

Sarah Latif: Westfield State College, Fitchburg State College, Bridgewater State College, University of Massachusetts.

Katie Ferguson: Holyoke Community College.

Charles Denison: Rensselaer Polytechnic Institute.

Noelle Baskin: Johnson and Wales University.

Nathan Kerr: Springfield Technical Community College.

Michael DeFilipi: Springfield College

Daniel Balbony: Hartwick College.

Jessica Briotta: Hartwick College.

Gregory Jubinville: Hartwick College.

Justin Kratovil: Hartwick College.

Jennifer Stacy: Elms College, American International College.

Mario Santillo: University of Massachusetts, Rensselaer Polytechnic Institute, Rochester Institute of Technology.

Joni Brodeur: University of Connecticut.

Jasjit Gotra: University of Massachusetts at Lowell.

Gwen Gonyea: Springfield Technical Community College.

Danielle DeForge: Assumption College.

Melissa Crough: Stonehill College, Northeastern University.

Jillian Rouvellat: University of Massachusetts at Dartmouth.

SCHOLARSHIPS: See your counselor for more information or an application.

Craig Owen Waryasz Memorial Scholarship: This award is available to any graduating senior who participated in varsity sports at Agawam High School and plans to enroll at an accredited school or higher education for the fall semester. Preference will be given to sports in which Craig participated, varsity hockey and soccer. Deadline: April 1, 1999.

Western Mass. Baseball Umpires Association Scholarship: Open to students who participated in Western Mass. high school baseball. Criteria include scholastic achievement, sportsmanship, recommendation of the baseball coach, and the answer to the question, "How has my participation in baseball affected me on and off the field. Deadline: May 15, 1999.

Exposition Area Alumni Scholarship: To be eligible for this scholarship, the applicant or the parent(s) or grandparent(s) must have been born or resided in the general Exposition area of West Springfield, Mass. Deadline: April 1, 1999.

Congratulations!!!



ANTHONY SAPELLI was recently chosen as the Junior High's "Student of the Month" for February. As a result of this honor, he received a \$50 savings bond. Advertiser News photo by Jack Devine.

Agawam Jr. Women's Club To Sponsor Annual Spelling Bee

The Agawam Junior Women's Club is sponsoring the annual town spelling bee on March 26th at 7:00 p.m. at the Agawam Middle School. The contest is open to the fourth, fifth, and sixth grades.

Competing in the spelling bee will be a representative from each homeroom class in the fourth, fifth, and sixth grades. The public is invited to attend the spelling bee.

Serving as the "pronouncer" once again will be Paul Sutton, former meteorologist at News 40 and an Agawam resident. The judges will be Roberta Doering, School Committee member; Judith Cline, Agawam Library reference librarian; and Kathy Mounemneh, an English teacher at Agawam High School.

Awards will be presented to all participants and prizes will be given to first- and second-place winners at each grade level.

For more information, please call Sue Godfrey at 786-9293, or Theresa Conklin at 786-6515.

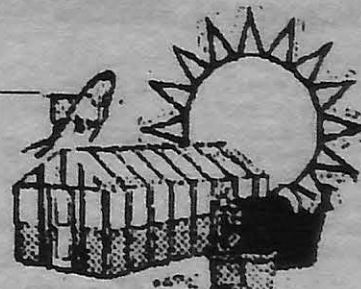
The spelling bee is being sponsored by the Agawam Junior Women's Club, a member of the General Federation of Women's Clubs and the General Federation of Women's Clubs in Massachusetts.

CALABRESE FARMS

Opening The Season
MARCH 31, WED.

with

Pansies
Easter Flowers
Perennials



Rt. 57, 257 FEEDING HILLS ROAD
SOUTHWICK, MA 01077

(413) 569-6417

Early Spring Hours, 10-5 Daily

Junior High Student Pens Winning Essay In Springfield Union-News Contest

by Kathy Cassanelli
News Editor

An aspiring young writer learned that persistence pays off and writing is really all about rewriting when her essay took first place in the annual writing contest sponsored by *The Springfield Union-News*. A reworked version of the essay that made it as far as the finals last year took the top honors in the writing contest for students in grades six through eight this time around.

Cylyn Williams first got the idea to write about the experiences her grandparents had in the late 1970's as the sponsors of two refugee families from Southeast Asia from her aunt, Fran St. Hill, who was a college student at the time.

Last year, Cylyn's English teacher submitted the essay to the contest and the entry made it all the way to the finals. When teacher Dennis Moran encouraged his English students to enter the contest this year, Cylyn decided to stay with a subject that held so many memories for her mother and her aunt of the boat people who shared their East Longmeadow home more than 20 years ago. After a rewrite and some polishing of the prose, the essay was sent off as one of 200 entries from schools across Western Massachusetts, Cylyn said.

"Mr. Moran had us enter the contest as a way to get us to write, but he didn't have to encourage me. Writing is one of my favorite hobbies and I write all the time. It's hard to start, but once I do, I let it all flow out," Cylyn said. "There's a very high possibility that I will become a professional writer."

Winning the \$100 in prize money was a thrill for the eighth-grader, and she's made a photocopy of the check to keep as a remembrance of the first time she earned money for her writing. But, Cylyn said she's most interested in the idea of somehow getting in touch with the Vietnamese or Laotian families who lived with her grandparents, Eileen and Thomas Williams, in East Longmeadow, under the auspices of the United Council of Churches' Vietnamese Refugee Relocation Program.



WRITING CONTEST WINNER Cylyn Williams with her English teacher, Dennis Moran, at Agawam Junior High School. Cylyn's first-place essay earned her \$100 in prize money. Advertiser News photo by Jack Devine.

"Since the essay was published in *The Union-News*, I'm hoping they might read it or read about this interview in *The AAN* and get in contact with my mother or my aunt or one of my relatives. I think it would be wonderful and it would make my mother so happy to hear from them," Cylyn said.

"My mother was the youngest of six children in the family and the only one still at home. She became friends with the young children of the Laotian family. At first they were very shy and stayed mostly to themselves, but after a period of time when the family began to feel safe, they allowed the children to play with my mother," she noted.

Overcoming Language And Cultural Barriers...

Over the years, the close ties between the families faded as the refugee families overcame language and cultural barriers to become American citizens and the Williams children grew up. Now both deceased, Mr. & Mrs. Williams passed on "tons of memories" to their granddaughter, but still Cylyn learned more details of the stories as she took on the role of reporter to interview her mother for the writing project.

"I took it very seriously and it made me feel important, like I was in charge of the situation. It felt like being Katie Couric on the news," Cylyn said.

Working on the story reminded her of how special it was for her grandparents to have done so much to help "Americanize" two families who had fled their homeland in a dangerous bid for freedom.

Despite the opposition of some friends, some family members, and some people in the community, the Williams' became the first family in Western Massachusetts to sponsor Southeast Asian refugees with the support of the Council of Churches, Cylyn said.

"My mother told me that my grandmother had been horrified to see God's children suffering after watching a report on the 'boat people' on television," Cylyn said.

* * * * *

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you!

* * * * *

HCC To Offer Two Public Speaking Classes

Holyoke Community College's Division of Continuing Education will offer two public speaking classes, "Communication Power for Women" and "Speak Easy" in April.

"Speak Easy" will meet on Tuesdays, 6:00-9:15 p.m., from April 6th through April 27th. Communications consultant Sasha ZeBryk of Agawam will offer participants tips on public speaking, such as maintaining audience interest; developing effective gestures and movements; speaking confidently and authoritatively; discovering ways to "hook" the audience; and developing a public speaking voice.

"Communication Power for Women" will meet one time only, on Monday, April 12th, from 6:00-9:30 p.m. The class will offer participants tips on how to make a powerful impact in a meeting; present ideas effectively; identify mannerisms that reduce credibility; distinguish between assertiveness and aggressiveness; recognize lightweight speech patterns; speak confidently before large groups; and handle people who consistently interrupt.

For more information or to register for the classes, please contact Holyoke Community College's Division of Continuing Education at 552-2950.

Bay Path College To Hold Open House For Prospective Students

Bay Path College will hold an Open House for prospective students and their families on Saturday, March 27th, from 9:30 a.m. to 1:30 p.m.

This informative session will include general information about the college; an overview of admissions; an opportunity to meet with financial aid representatives and representatives from the athletic department; a complimentary lunch; the opportunity to meet Bay Path College President Carol Leahy and faculty members; and a campus tour.

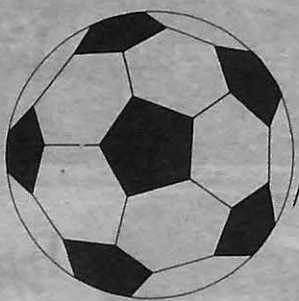
For more information and to register, please call (413) 565-1331 or toll-free, 1-800-782-7284.

— ADVERTISER NEWS —

The Agawam Soccer Association

will be holding

Sign-Ups for Fall Soccer



March 27th & May 1st
10:00 a.m. To 2:00 p.m.
Agawam Middle School



These sign-ups are for both

In-Town & Pioneer Valley Programs

(Boys and Girls between the ages of 5 and 17)

\$35 registration fee per child
\$85 Maximum per family

Child's Social Security Number and Date of Birth are Required.
Note: Co-ed under 17 league will play on Sunday afternoons only!
Any further Information please call Dave Shaw at 786-0899.

Sports



SENIOR CLASS MEMBERS OF THE 1998-1999 Agawam High varsity wrestling team pictured at the annual banquet. Back row, from left - Mark Engleman, Tom Shibley, Pat Renna, Scott Murphy, Adam Blair, and John Weinle. Front row - Justin Petrangelo, Rob Creanza, Ryan Gamache, Chris Wayte, and Asbel Nunez. Advertiser News photo by Jack Devine.



THE BACKBONE OF AHS WRESTLING in 1998-1999 at the annual banquet. From left - Assistant Coach Ryan Grealis, co-captain Mark Engelman, Coach Phil Tomkiel, co-captain Adam Blair, and Assistant Coach Chris Chechile. Advertiser News photo by Jack Devine.

Agawam Wrestling Review...

There Was Plenty To Cheer About For Tomkiel, AHS Wrestling

by Dave Rollins
Sports Editor

It doesn't seem quite right that the Agawam High wrestling team didn't come away with another Western Mass. Division I crown, considering it would be the final season of Coach Phil Tomkiel's stellar 25-year career. It wasn't to be. While the Brownies were game going for their 12th title in 13 campaigns (not to mention two state crowns), the Ludlow High Lions, like so many wrestling teams in these parts, wanted and got a piece of the defending Western Mass. champs by the thinnest of margins - 221½ to 221.

It meant an 11-4 season and the end of a career that the coach admitted went by before he knew it. "It was more than half my life," he smiled, looking back.

Usually, Agawam is known for its upper weight classes, where kids like Jon Jacobsen (state champion, three-time All-Western Mass. champion), Darrell Malachowski (state champion, two-time All-Western Mass. champ), Andrew Ingham (state champion, All-Western Mass. champ, twice) ruled for years. While the lighter kids set up the opposition with wins of their own, the big guys drove the nails in the coffin.

This time, the big guys, while wrestling to the extent of their ability, were trying to hold on to what the little guys gave them. "I knew it would be that way going in. It has been a long time since our upper weight classes had problems," Tomkiel admitted. Such was the Brownie dilemma.

Agawam went with three All-Western Mass. performers, junior Dave Moore (112's), senior Mark Engleman (145's), and senior Adam Blair (152's). They didn't disappoint. Each won the Western Mass. title again in their weight classes. They also got a championship performance from sophomore Eric Hogan (103's) who won that class in the tournament.

One Of The Best Matches Of The Meet
Senior Justin Petrangelo (189's) had one of the best matches of the season in that Western Mass. meet for the Brownies. He almost pinned top seeded Dmitri Privedenyuk of Ludlow, before losing a 10-5 decision.
"Our kids across the board were learning, including Justin. If we had Western Mass. a couple

of weeks later in the season, we could very well have won the whole thing," Tomkiel mused.
Agawam also had some success in the consolation rounds (for third place). Sophomore and rising star Aaron Gilbert (125's) won there. Also winning were senior Scott Murphy (160's) and Eric Pedersen (a junior) in the heavies.

SEE WRESTLERS - Page 41..

Bill Spear Home & Forestry Services

Residential —
Since 1979
— Commercial

- ★ TREE REMOVAL
- ★ TREE TRIMMING
- ★ SHRUB REMOVAL
- ★ LAND CLEARING
- ★ BRUSH CHIPPING
- ★ STUMP GRINDING

Year-Round 24-Hour
Emergency Storm Service

FULLY INSURED

Call Today To Schedule
All SPRING Work!!!

FREE ESTIMATES / SENIOR CITIZEN DISCOUNT

786-5081

All Phases of Professional Tree Work

Check
our
classified
pages
every
week
AAN!

TY SUBARU

AT BRADLEY INTERNATIONAL AIRPORT

"The beauty of all wheel drive"

We Service All Makes and Models

391 Ella Grasso Turnpike
Rte. 75 • Windsor Locks

(860)654-1600

"The Six Pack Oil Change"

Only at Ty Subaru!

only **\$69⁹⁵**

• Up to 5 qts. of oil incl. filter

retail value is \$119.70

1

2

3

4

5

6

AHS WRESTLING - from Page 40...

The underclassmen in the groups above will provide the base for next year's team - plus some others. "Watch the Pederson brothers, Brian and Ric (a freshman). Their experience this year in the heavies could bode well next season," Tomkiel said.

Junior Brian Chechile (140's) as well as sophomore Corey Federico (119's) also look to have a future with the team, as does sophomore Sean Gaffney (140's). They also have seven freshmen, besides Brian Pedersen, ready to step up.

"That is the beauty of our program. Wrestling doesn't always get the greatest athletes because of basketball and hockey in the winter. But we get our share of kids who are attracted by a winning team year in and year out and are willing to put in the grueling work to insure we keep winning."

No Replacement Named As Yet

Though, at presstime, the vacant coaching job hasn't been posted, Tomkiel hopes he'll at least be consulted on the person to replace him. "Things are in place. As I said, the kids are there. Who knows who'll show up once practice starts? Agawam is a wrestling town. They are out there. If the new guy can coach, he'll be very pleased with what we've left him."

Tomkiel, with almost 300 wins, revealed the challenges the new varsity coach will face. "He'll have to convince them they can win. It will be evident in their attitude, which will turn to fire and brimstone. They'll have to trust him - that his decisions are the best for them. Whoever gets the job in the end will be greatly rewarded," he smiled.



COACH KIM HEBERT (first row, far right) and members of the Agawam High Cheerleading squad enjoyed an outstanding 1998-1999 season.

Spring Lunker Derby Slated At Mawaga

The Mawaga Sporting Club, Inc. will host its 10th Annual Lunker Derby at the club's facility on Adams Street, Agawam on April 11, 1999, starting at 9:00 a.m.

Tickets are \$15 and also include breakfast, which will be served from 7:00-9:00 a.m.

Last year, over 200 anglers tested their skills competing for cash prizes of \$200, \$100, \$50, and \$25 for first, second, third, and fourth largest trout caught.

The club's pond will be well stocked

AHS Varsity Cheerleaders Bask In Glow Of Outstanding 1998-1999 Season

The Agawam varsity and junior varsity cheerleaders have recently completed a very successful 1998-99 season.

The varsity cheerleaders placed in the top two of both the Pioneer Valley and League Tournaments, advancing them to the state championships in Lowell on March 14th.

The junior varsity girls rounded out their competition season with a first-place finish at the Pioneer Valley League Tournament, which makes

them the 1999 Pioneer Valley junior varsity champions.

The coaches and cheerleaders would like to thank the parents, Booster Club, and their loyal and dedicated fans for their support during the competition season.

Also, they would like to congratulate all of the winter sports teams at Agawam High School for a terrific season. It's been a pleasure cheering for such outstanding athletes!

Other Services Available

Shocks • Struts
Engine Replacement
A/C • Major Engine Repair
Minor Engine Repair • Exhaust



— New Pit Stop Lube —

Oil & Filter Plus Kwik Vac. **\$18.95**
(Kendall Oil - Top All Fluids)

Agawam Tire & Auto Service Center

820 Springfield St., Feeding Hills
(Across From Bruno's Pizza)

For An Appointment Call **786-4494**

**Give Us The
Estimate And We
Will Match Or Beat
It — Guaranteed!!!**

Family Owned
And Operated
Paul LaPointe
Proprietor



All Tires On Sale

(Auto/LT's/Performance)

Prices Include:

Installation With Alignment, Road
Hazard, Lifetime Balancing & Rotation
Warranty, 55,000 Mile Wear Warranty.

Cooper 560 XT

P15580R13 - \$49.95 Each
P16580R13 - \$51.95 Each
P18575R14 - \$62.00 Each
P19575R14 - \$66.26 Each
P20575R15 - \$69.60 Each
P23575R15 - \$76.20 Each

With Coupon
(Expires 3/31/99)

Engine Tune Up

For Most Cars With
Electronic Ignition Systems

Save \$10.00

\$59 **\$69** **\$79**
4 Cyl. 6 Cyl. 8 Cyl.

Includes computerized engine performance analysis.
• Check battery, starting, charging combustion systems,
install new spark plugs • Set timing • Adjust
carburetor where applicable. (Extra charge if removal is
necessary). Limited Warranty for 6 Months or 6,000 miles,
whichever comes first. With Coupon & Appointment.
(Expires 3/31/99)

Car Connection Used Cars

'95 Dodge Ram 4x4 - \$13,500.00
'93 Toyota 4x4 - \$7,950.00
'91 S10 Blazer 4x4 - \$6,750.00
'92 S10 Blazer 4 Dr 4x4 - \$6,850.00

Transmission Oil Change

Includes Filter,
Gasket & New Oil **\$48.95**
4x4 Extra Labor If Needed

With Coupon
(Expires 3/31/99)

Wednesday Is 10% Off

**All Services And Tires
For Senior Citizens**

Brake Service

Save \$10.00

Now Only \$69.95

Front Or Rear. Most Cars. Semi-Metallic
Pads Extra If Needed. Expires 3/31/99.

Pothole Special— Rotate Tires Align Front End

\$39.00

Set Camber, Caster, & Toe.
Parts Extra If Needed.
[Most Cars]

(Expires 3/31/99)

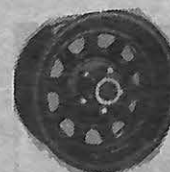
— No Appointment Needed —

★ The New ★ Pit Stop Oil Change Plus Kwik Vac.

\$18.95

With Coupon
(Expires 3/31/99)

Everyday Price
[Most Cars]



**10% Off All
American Racing
Custom Wheels**

Mass. State Inspection

8:00 A.M. - 5:00 P.M., Mon. - Fri.
8:00 A.M. - 1:00 P.M., Saturday

Let Our Reputation
Ride With You

Agawam's Complete Auto Tire & Service Center For Almost A Decade

Hours: Monday Through Friday, 7:30 A.M. To 5:30 P.M.; Saturday, 8:00 A.M. To 5:00 P.M.

Jackobek's Arm Key Ingredient As AHS Softball Defends Division I Title

by Dave Rollins
Sports Editor

Agawam High's Ali Jackobek is one of the top softball pitchers in Western Massachusetts. Last year as a junior, she helped lead the Brownies (18-4 overall, 15-3 league) to the Western Mass. Division I title with a record of 11-4, including two no-hitters and four shutouts. She was named All-Western Mass. for her exploits. Recently the senior took some time out to talk about her days at AHS.

Ali turned 18 on December 2nd. She has spent all four years of her secondary education at the High School. Her current curriculum includes physics, culinary arts I, sociology, AP English, and AP calculus.



ALI JACKOBEK

She is a two-year member of the National Honor Society and has been on the honor roll for just about every semester of her AHS career. Ali has been a member of the Renaissance Club all four years.

She is a member of SAVE (Students Against Violating the Environment), the Math Club, the Shakespeare Society, and the AHS Band (marching and concert), where she plays the bells and the flute. She will be going with them to Virginia Beach in April.

Ali has no top teacher. "I like all of them," she smiled.

She has a bunch of colleges in mind for her higher education - St. Anselm's in Manchester, New Hampshire, Western New England College in Springfield, Russell Sage College in Troy, New York, and Roger Williams College in Bristol, Rhode Island.

Though Ali hasn't pinned down a major yet, criminal justice interests her. She'd like to combine that with a minor in theatre. "I've always loved the theatre. I was disappointed when they dropped it at the High School."

Her athletic career at AHS included soccer and softball. Softball is tops for her. The most memorable sports moment for this student-athlete came last season. "It had to be when we won the Western Mass. Championship up at Szot Park against Wahconah," she said. Ali pitched a no-hitter for the 4-0 win.

All the hometown sports with us, each week - AAN!!!



ALI JACKOBEK returns to the hill for AHS in 1999 as one of the top hurlers in Western Mass.

This year, the defending softball champions will be without stars Kristen Patterson, Amber Conte, Amy Mastroianni, and Steph Fleming. They will not easily be replaced. But Ali says the team will move on. "We'll do what we've always done; work hard and do our best. We'll still be in it."

Ali's favorite food is ice cream.

Yellow is her favorite color.

"My favorite car," she replied to the question of her top wheels, "has to be my 1991 Hyundai."

Her favorite teams are the University of Connecticut's men's and women's basketball squads, and their respective battles in the NCAA tournament.

She likes to kick back and hang out with her friends wherever they might be.

Casual is her taste in clothes.

Music for her means the heavy metal rock group, Metallica. She also likes just about any kind of music except country.

Her top TV shows include 'Profiler' and 'Pretender.' "Watching them has increased my interest in law enforcement," she admitted.

Just about any movie she's ever seen is a favorite with her.

Ann is her mom's name. Carl is her dad. She has a sister, Karen, who is 26 and a former graduate of Agawam High.

Ali says she looks up to anyone who can give her a word of advice when she needs one.

Her days as a Brownie are coming to an end this June. In front of her is her senior season on the softball field. Her remembrance would be this: "I'm an all-around person with many moods for different times."

Softball Coach Deb Lickley has always echoed the talents of her star pitcher. "Ali is a talented kid who doesn't stop working in an attempt to improve herself."



ALI JACKOBEK has been a four-year flute player for the Agawam High Marching Mohawks.

Peter A. Parrotta

Bruno F. Parrotta

Parrotta's Auto Repairs & Sales

Family Operated Since 1975

Extensive Line of Domestic and Foreign Car Repairs

Tune-ups, Brakes, Muffler & Exhaust, Shocks & Struts, Electrical

* All Repairs are Guaranteed for 3 Months

ASE Certified Mechanics

Up To Date Diagnostic Equipment

Oil & Filter Special
Only \$19.95* (most cars and light trucks)

*Includes oil filter and up to 5 qts of oil

* Free under car inspections

Courtesy Ride to and from work if needed

Do you have nice wheels on your car?
We now have a contact-free tire machine!

Looking for a Pre-Owned Car?
We have a fine selection of cars to choose from.

786-0959

357 Main St., Agawam, MA 01001

789-3226

ARE YOU READY?

FEATHERLITE
MODIFIED SERIES

PLUS PRO STOCKS, TRUCKS,
SPORTSMAN & SUPER STOCKS!

PEPSI 200
MARCH 27th & 28th • RIVERSIDE PARK SPEEDWAY

These Two Skaters Proving That Hockey Is For The Girls, Too!!!

by Dave Rollins
Sports Editor

There was a time when girls and ice hockey went together like stripes and plaids. Sure, the intrepid young ladies who tied on the skates and went out to bang bodies with the guys usually got the worst of it. But times, they are a changing. Women's hockey is on the rise and always looking for young talent.

Agawam has two rising female hockey players in these parts - Whitney Brown, an eighth-grader at the Agawam Junior High, and Melissa Jubinville, a freshman at AHS. They are both 14 years-old and play for a high-powered, all-girls youth hockey team out of Cromwell, Connecticut called the Clippers. "We're an independent team made up of girls from 13-15. We play anyone in our age group, both mixed boys' and girls', all-girls', and all-boys' teams," Whitney pointed out.

This club plays a lot more games during their season than any high school varsity team. They are already at over 25 contests and still have two more weeks of competition. They are tournament tough - coming in second earlier this year at a tournament in Providence, Rhode Island and grabbing the championship at the Charles River Tournament in Boston a couple weeks ago.

In Beantown, they played five games and went 5-0. Over the Easter holiday, they'll travel to Toronto for five days to participate in yet another tournament against the Canadian kids where hockey is a religion.

Separate Paths

Whitney and Melissa arrived in the world of girls' hockey by separate paths. For Whitney, it was sort of an 'I'll show you' type of scenario. "Yeah, I used to be a figure skater and was good enough to get into some serious competition. But, we'd usually practice at the rink before the boys' hockey teams came out. When they did, they'd make fun of us." That did not set well with Whitney.

"I seriously took up hockey to shut them up. Then I found out I was really better at it than I thought and that it was even more fun than figure skating. This is my first full year on a girls' team. I did play a bit for six years before that on an all-boys' team."

She admitted that while their league does not allow body checks, there are ways to play rough and get away with it. "I like to hit and so does just about everyone else on our team. When we play an all-boys' team, they come at you. But the girls can hold their own. And once the boys realize that they aren't such intimidators, we can do our thing."

So far, Whitney, who is a right wing, has 15 goals and 10 assists. Her coach, John Malotte, had this to say about her - "Whitney is a finesse player who has come on strong as the year has progressed. She is always willing to learn and is without a doubt one of two kids on this team who has improved the most."

Then he added, "She is a former figure skater, as are a lot of girls on the team. They have been trained to use the edges of their skates, which means they can stay in sharp control. Maybe they can't outskate the boys end-to-end, but they can certainly out-manuever most of them in a tight situation in the opposition zone, when a score is on the line."

At presstime, Whitney may be heading to a school where she can continue to hone her hockey skills. For now, it doesn't look as though she is going to prep school, and AHS is not out of the mix yet, either.

Melissa comes from a hockey family. Her brother, Greg, starred for the Brownies. Her dad is an assistant coach with the Clippers. "He saw talent in me. He always wanted me to play the game. I did and it has been so much fun," she said. Melissa is on defense and is an intimidator. "I like to rush the puck as much as I can," she smiled.

That aggressiveness has translated into 19 goals and 20 assists for her. She is looking ahead to next year.

"I'm going to prep school. I've been accepted to Berkshire and Pomfret in Connecticut. They are both division one schools with strong women's ice hockey teams. Leaving Agawam High as a freshman will mean I'll have to repeat my freshman year."

But there is a lot of incentive for Melissa. She tried out for the National Under-19 girls' team and survived the first cut. This weekend, she will be in Rhode Island for the second cut tryouts. If she makes that, then it is on to Lake Placid in June for a chance to make the National Women's Under-19



WHITNEY BROWN is an eighth grader at the Agawam Junior High who played for the all-girls hockey team out of Cromwell, Connecticut.

Hockey Team.

Malotte, who is in his first year as a girls' coach, had this to say of his defender, "Melissa, for her age group, could be an all-star on a boys' or girls'



MELISSA JUBINVILLE, a freshman at Agawam High School, will be attending prep school next fall so she can play hockey.

team at any high school level.

"If the girls in the 13-15 division could be allowed to check, Melissa would not have any problems holding her own," Malotte noted.

SERVICE MAKES THE DIFFERENCE!



VINNY PALANGE

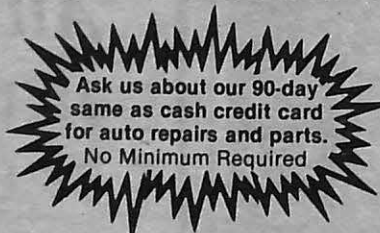
TECH-NET
Professional
AUTO SERVICE



FRANK PALANGE

**V&F
AUTO SERVICE**

443 SPRINGFIELD STREET



AGAWAM
789-2181

Hours: Mon. - Fri. 7:30 AM - 5 PM
Sat. 8:00 AM - 12:00 Noon

V&F is a professional Auto Service Center committed to serving you, our customer, with professional automotive repair at a **REASONABLE COST** with qualified technicians. We use quality **CARQUEST** Auto Parts, guaranteed Coast-to-Coast. We stand on sound business principles, and uphold high ethical standards. Our goal is to make your automotive repair experience friendly, and successful.

WARNING!!!

Don't Call Any Other Auto Repair Company Until You Listen To This FREE Recorded Message!

Learn 4 Costly Misconceptions About Auto Repair And The 6 Questions You **MUST** Ask Any Repair Shop Before You Set Up An Appointment!

**FREE
CONSUMER INFORMATION
CALL ANYTIME 24 HOURS A DAY
735-1717**

6 REASONS TO CALL V&F AUTO SERVICE

1. We'll fix only what is necessary. We'll NEVER pressure you into getting additional work done.
2. All work is guaranteed with a 6 month labor/1 year parts warranty.
3. We use only the latest in diagnostic equipment to make sure your problem is fixed right **THE FIRST TIME!**
4. We can provide a local ride for you. We want to make getting your vehicle repaired as convenient as possible for you.
5. Our technicians are ASE certified to make sure you get the highest quality repairs possible.
6. Coast to coast guarantee on most parts.

*Mention This Ad And Get A
Free Gift With Your Appointment*

789-2181

DeMarco Gearing Up For Div. I Battles As Lacrosse Starter For LeMoyne College

by Dave Rollins
Sports Editor

Rarely does a kid fresh out of high school step into a varsity athletic program in college. Former Agawam High soccer and lacrosse standout Jill DeMarco (AHS 1998) is one of those kids who has successfully made the transition.

Last fall, she made the women's varsity team at LeMoyne College in upper New York State as a freshman.

As a Brownie, Jill was a tough midfielder during her four-year varsity soccer career. She started out that way with the Dolphins. But, after seven games, they moved her up to a striker position because the team needed a better push up front.

"I was always around the ball on both zones. I guess it became obvious to them that being in the thick of the action was where I wanted to be. So, now I'm a striker," Jill explained.

While she didn't score any goals, she had five assists and was involved in setting up many of the scoring efforts. Perhaps her offensive contribution can best be summed up by the fact that the team could manage only one goal in the first seven games and 10 when Jill moved up to the front line.

LeMoyne (in Syracuse) had a stumbling Division II soccer program before Jill arrived. They'd been circling the drain for several years. "They used to get blown out by scores of 10-1 or 7-0," Jill said, then added, "This year, we went 2-16 and had many games where we only lost by a single goal."

It is a team made up of mostly freshmen and sophomores and they managed to win their first Northeast-10 Conference game in three years.

Not Surprised

Jill admitted that she wasn't that surprised to be starting as a freshman. Coach Patty Kloidt, who also coaches the women's lacrosse team, asked Jill to try out for soccer. "I saw the kids play and felt I could hold my own with them," the former Brownie said.

While Jill was a solid soccer player in high school, she was a standout in lacrosse as an attacker.

In her three years with Agawam High girls' varsity lacrosse, she was named to the All-Western



FORMER AGAWAM HIGH All-Western Mass. lacrosse star Jill DeMarco is starting as a freshman for Division I LeMoyne College.

Mass. squad as a junior and senior. Her spirited play and a ton of talent, plus attendance at such prestigious lacrosse camps as the ones held at the University of Maryland, Elms College, and clinics across New England, got her a lacrosse scholarship to LeMoyne. They are Division I in that sport and play in the Metro Atlantic Athletic Conference (MAAC). She has won a spot as a starter with the team. Jill will be a third home, which is right in front of the striker. "That is about as close to the goal as you can get, closer than I was in high school," Jill observed.

The lacrosse season will start at the end of this month. Needless to say, Jill can't wait for the action. "I just love to play. I think the reason is because I have a lot of heart. I want to win and when game time comes, I'm so pumped. It becomes even better when you genuinely like and respect your teammates. That's the way it is here."

LeMoyne is a small (2,000 students) liberal arts Jesuit school. Its tough requirements, both academic and athletic, were described this way by Jill: "That is the big difference between high school and here - we have no time for anything but classes, studies, practice, games, and when we aren't practicing or playing outright, there's conditioning."

Jill gave an example: "We run all the time. It's not like back in Agawam, where we had to run the fence, which is maybe a mile and we'd moan to the coach when we had to do it, which wasn't all the time. Here, it's four miles. You don't raise a voice. You do it almost every day."

Jill is an accounting major and loves the academic challenge of the school. She is still getting her feet wet, but she has this observation when she travels with the two teams around New England: "Sometimes we go down the Mass. Pike on our way to games in the Eastern part of our division. We go right by the exit to Agawam and Feeding Hills (where she lives). I point out to my teammates from other parts of New England that you take the exit and you will be where I was brought up!"

Check our classifieds - AAN!!!

SECOND ANNUAL EASTER PLANT SALE



Locally grown Easter plants will be available March 28th, 1999 at Sacred Heart Church in Feeding Hills or delivered by your participating Boy Scout. All flowers will be delivered with SEMI-OPEN BUDS and in a decorative pot cover.
CHOOSE FROM:
Lilies
Tulips,
Daffodils and
Hyacinths
in assorted sizes

Sacred Heart Church Boy Scout Troop 75

PLACE YOUR ORDER NOW

Call Ed Lacombe, Scoutmaster at 739-0308 or place your order with a Boy Scout at the Parish Center
SUNDAY, MARCH 14th & SUNDAY, MARCH 21st
after the 9:00 and 11:00 Masses

ALSO

Plants will be available
SATURDAY, March 27th
between 11 and 2
AND
SUNDAY, March 28th
after all Morning Masses
in the Church Parking Lot

SUPPORT YOUR TROOP!

Proceeds help purchase equipment, send scouts to camp and fund Scouting activities

Specializing In Collision Repairs **VERMETTE** AUTO BODY INC.

**Your vehicle deserves the best!
Why settle for less?**

- We Work With All Insurance Companies.
- We Use The Dupont Paint Matching System.

**COLLISION REPAIRS
INSURANCE CLAIMS WELCOME**

All Repairs Guaranteed!

787 Silver Street, Agawam
(Next To Lucia Lumber)

786-8226



**Complete Frame Straightening
And Unibody Repairs**

MA. REG. NO. 1842

In Tri-Parish Bowling...

There Are Now "Only" Two Teams Tied For First Place

As the round-three action in the Tri-Parish Bowling League continues to "heat up" (so to speak), things are definitely unpredictable from week to week.

Last week, we reported that there was a nailbiting three-way tie for first place as of Monday, March 8th. However, by the conclusion of the matches on Monday, March 15th, this three-way deadlock was whittled down to a two-team struggle for the top of the standings.

As you are reading this, Holy Cross and Boston College each boast a record of 19.5-8.5, and you can bet that the bowlers on each of these squads are going to do their utmost to "outduel" each other on the lanes by the end of this round.

In the meantime, St. Louis (which rounded out the first-place trio just one short week earlier) is now in third with a 17.5-10.5 tally, following closely by St. Anselm's (15-13).

As for the "middle-of-the-packers," the standings show that Fordham (14.5-13.5) has a slight

lead over Catholic University (12.5-15.5), St. Michael's (11.5-16.5), Georgetown (11-17), and St. Mary's (11-17).

And then we have lowly Notre Dame (8-20), which is still bringing up the rear in the Tri-Parish League. Judging how poor ol' ND is faring — or rather, not-so-faring — in this round, their nickname should be "Les Miserables."

When all was said and done on Monday, March 15th, the results of the matches went like this: Holy Cross downed St. Louis, 3-1; St. Michael's got the better of Fordham, 3-1; Boston College had fun with Notre Dame (a.k.a. "Les Miserables"), 3-1; St. Anselm's defeated St. Mary's, 3-1; and Catholic University clobbered Georgetown, 4-0.

"Lucky" LARRY VIENS was entitled to the bragging rights for the men on this night, thanks to his first-place finish with a 150 single string and a 384 triple string. "Richy" RICH SNYDER had no reason to sing the blues, either, courtesy of his

impressive 132 single and 364 triple.

As for the other hearty lads-of-the-lanes, RON "The Don" MENARD turned in a 134, 344 performance, followed by ROGER "Rabbit" JOSEPHSON (122, 334), GLENN "Not Sam" ADAMS (121, 317), "Jungle" JIM MCCORMICK (123, 311), and "Jolly" OLLY MULDER (116, 310).

In what can be described as a delightful surprise, MAYBETH "Miss Consistent" COUGHLIN (116 single string, 316 triple string) managed to be the ladies' top roller on March 15th — congratulations, Maybeth!!! Meanwhile, "The Mighty" DEB POIRIER (104 single, 293 triple) had to settle for second.

"Testy" BETSY CANNON (100, 288) also demonstrated her mettle on the lanes, as did JAN "Not The Man" FULLER (103, 287), "Go With The" FLO ROCHFORD (104, 285), CORI "Not Lori" NAPOLITAN (102, 284), and "Scary" TERRY CEROVICZ (100, 283).



Outdoors New England

by Kent Servis
Outdoor Writer

Time To Fish!

MAWAGA CLUB SCHEDULES SPRING LUNKER DERBY

The Mawaga Sportsman's Club has scheduled their Spring Lunker Derby at the Club Pond for April 11th. Breakfast will be included in the \$15 entry fee and lunch will be available.

The festivities start with breakfast from 7:00-9:00 a.m. and the Derby runs from 9:00 a.m.-1:00 p.m. with great prizes. More details next week!

DIVISION STOCKS LOCAL PONDS

Lakes and ponds throughout the Pioneer Valley are being stocked with some really nice trout by the Division this spring. When water levels stabilize, the streams will get their allotment. By the way, it really feels good to be able to mention the term spring in the present tense.

The majority of the trout stocked are in the nine- to 12-inch range, with some very large fish being thrown in for good measure.

Shore-bound anglers fishing the two boat ramps on Middle Pond have been doing OK with worms and Power Bait fished on or near the bottom.

Bass fishing is picking up. Reports are coming in that show some five pound-plus fish are being caught and released. With water temperatures still quite cold, slow moving presentations are the secret.

Suspending jerk baits like the new K.B. Special from Gag's Grabber Tackle Co. and lures like Suspending R's and Suspending Rogues are a top choice for early spring pre-spawn largemouth.

River levels are still kind of high and fishing conditions are far from being at optimum. Smallmouth action is available, but the main river is probably not the first choice. Sheltered coves and backwaters will both hold fish who are looking for relief from the fast currents.

SALT WATER SCENE

Sporadic reports on flounder catches are trickling in. Some flounder are being caught near the mouth of the Connecticut River and the Thames River. Action on cod has been improving at offshore wrecks when the weather has permitted the boats to get out. The Helen H. out of Hyannis reports good offshore cod fishing when they have gotten out.

Capt. Brad Glas of the Hell Cat out of New London also reports some better cod fishing with more market-sized fish and fewer undersized throwbacks.

White perch action is reported as fairly steady at Hamburg Cove and a few other inlets nearby. Grass shrimp are producing the bit, as well as small twister tail jigs. It is unfortunate that some anglers think that they can fill up buckets and buckets of these fish, without regard to conservation.

It is this sort of "take all you can get" attitude on the part of a few that is causing the depletion of some of our fishing stocks. I understand that they are quite tasty (I don't eat fish myself) but really guys, how much fish can you actually eat?

The first strippers are showing up in the lower river near Old Saybrook. They are mostly schoolies, but an occasional keeper keeps things interesting.

Get out and wet a line and don't forget to take a kid fishing!

Agawam Athletic Association Girls' Basketball Clinic Saturday, April 3rd

1:15 To 3:15 P.M.: Girls In Grades 4-6
3:15 To 5:15 P.M.: Girls In Grades 7-8

At The Agawam High School Gym
With AHS Varsity Coach Lou Conte

Assisted By Former AHS Varsity Players Kristen Patterson (AIC), Kristen Schmaelzle (Westfield State), Sara Cote (WNEC), Barbara Maloni (Brown Univ.), And Melissa Cote

*For boys & girls interested in playing
Suburban and CYO Basketball in the
1999-2000 winter season with the AAA*

Boys' Basketball Clinic Saturday, March 27th

At The Agawam High School Gym
With AHS Varsity Coach Gary Grumoli

1:15 To 3:15 P.M.: Boys In Grades 4-6
3:15 To 5:15 P.M.: Boys In Grades 7-8

(Specific Times & Grade Brackets Are
For The September 1999 Grade Levels)

**For Further Information,
Call Bob Hersey At 786-2979**

Riverside And NASCAR Geared Up For Season Opener

When the 28-car Featherlite Modified Series field takes the green flag for the Pepsi 200 at Riverside Park Speedway on March 28th, the roar of the engines will signify the beginning of the next 50 years for NASCAR's oldest division. In preparation for the event, track officials, NASCAR officials, and Featherlite Modified Series teams have been feverously preparing for the race.

"With the interest that's in this series right now, I really think we'll have a big field of cars," stated Ed Cox, Tour Director for the Featherlite Modified Series. Cox said he expects the number of entries to equal or exceed last year's list, which included 53 entries for 27 starting spots. Twenty-eight cars will start the Pepsi 200 in 1999, with the additional starting spot being granted as a past champions' provisional.

"I've been associated with every division in NASCAR, and this series is the most exciting. Last year, we had record car counts at almost every event we went to," continued Cox. "And there's more interest in this series than there was at this time last year." Cox also mentioned that, similar to the NASCAR Winston Cup Series, the Pepsi 200 will have two rounds of qualifying on March 27th.

The Pepsi 200 will mark the first of two appearances at Riverside Park for the Featherlite Modified Series. Due to popular demand, NASCAR and Riverside Park added a second series event, scheduled for Saturday, September 4th.

"Riverside Park Speedway is one of the cornerstones of modified racing in New England," stated Director of Auto Racing David Deery. "It's a great place to watch modified racing, and the Featherlite Modified Series only enhances our racing program."

With additional funding from contingency sponsorships, the total purse for the Pepsi 200 exceeds \$60,000. The winner will receive \$5,375.

Also lined up to start the 1999 racing season on March 28th will be the Serv-U Auto Supply Pro Stocks, Teddy Bear Pools Trucks, Sportsman and Super Stocks. These supporting divisions will run features following the conclusion of the Pepsi 200 on Sunday afternoon.

Tickets for the season-opening event are valid for both days, and are available at the gate only. Adult tickets are priced at \$29.99, juniors (ages 12 to 16) are \$4 each, and children ages 11 and under are free when accompanied by an adult.

Grandstands will open at 10:00 a.m. for the qualifying races on Saturday, and at 11:00 a.m. for the feature events on Sunday, March 28th.

More information is available by calling (413) 786-9300 or on the world wide web at www.riversideparkspeedway.com.

UPCOMING EVENTS:

April 10th — NASCAR Winston Racing Series, first NAPA Modified points race.

April 17th — NASCAR Winston Racing Series plus Pro 4 Modified Shootout.

April 24th — NASCAR Winston Racing Series, NAPA Modifieds - Twin 35's.

— ADVERTISER NEWS —

Baywest Warriors Win First Playoff Game

Baywest Warriors had their first playoff game against Nonotuck. Nonotuck came out strong with a goal in the first five minutes of the game.

Baywest defense Mat Footit and Matt Woodward had some strong effort to help Anthony Barker score to tie it up with two minutes left in the first period.

Another shot by Anthony Barker gave Mike Dunphy the second rebound goal of the game. Josh Edwards and Nick Pandolfi kept the offense in Nonotuck's zone. With help on an assist off the boards from Aaron D'miario to give Ryan Harlow the third goal of the game.

John Duval and Tim O'Brien had some good offense/defense possession together. A nice pass from Jake Labelle to defenseman Aaron D'miario gave Aaron his first slapshot goal of the year. The Warriors were now leading 4-1 going into the third period.

Nonotuck came back with eight minutes in the third period to make it a 4-2 score. With 7:44 left in the third, Nonotuck scored again, leaving them within one goal to tie it up.

Tony Boido had some outstanding saves in this game, but the best was with 36 seconds left in the third, Nonotuck on a breakaway, and Tony Boido keeping his eyes on the puck to make a fantastic save, giving Baywest their first win of the playoffs.

Baywest Warriors Hope For Playoff Spot

The Baywest Warriors lost their second playoff game against Amherst. The game was even on both teams until Nick Pandolfi had a nice goal to give the Warriors a 1-0 lead.

The Warriors' offense was tough with Ryan Harlow and Josh Edwards on some nice breakaways. John Duval and Matt Woodward had outstanding defense to keep Amherst away from the goal.

A nice rebound goal from Jake Labelle gave the Warriors a 2-1 lead. Anthony Barker and Mat Footit on defense kept the Amherst offense going astray.

Mike Brouillette and Tim O'Brien had some nice shots, but the Amherst defense was too strong. In the second period, Amherst had the power as three minutes passed. Three goals were scored, but Baywest didn't give up. They kept the third period even.

Tony Boido had some nice saves to keep Amherst away in the third period even though the Warriors lost, 5-3.

The third playoff game was another story. Baywest started out strong. With 11:37 left in the first period, a nice goal from Ryan Harlow with the assist by Mat Footit gave the Warriors a 1-0 lead.

Then, 15 seconds later, another unassisted goal by Ryan Harlow gave the Warriors a 2-0 lead. Westfield kept their offense strong, but Aaron D'miario and John Duval kept Westfield away from our goal.

Anthony Barker had a breakaway goal to give the Warriors a 3-0 lead, still in the first. Josh Edwards and Nick Pandolfi gave Baywest their chances on lots of shots, but Westfield's defense was strong, until Ryan Harlow had a breakaway goal to give the Warriors a 4-0 lead in the first with Ryan Harlow's first hat trick of the season.

With penalties against the Warriors, Matt Woodard and Mat Footit had to keep Westfield's offense away from our goal. Mike Brouillette was our offense for two minutes of the penalty and was going strong on offense, but Westfield scored their first goal of the game.

Strong defensive play was given by Mat Footit as he did his job to keep the puck out of our zone. Tim O'Brien and Jake Labelle helped give Anthony Barker his number two goal of the game, having Baywest lead, 5-1. But it wasn't over yet, as Anthony Barker had a breakaway to give him his first hat trick of the year, also.

Tony Boido had some nice saves, letting only one goal in and giving the Warriors their second playoff win.

Games And Lanes Indoor Soccer Leagues (3rd Session - As Of March 21, 1999)

10 GIRLS	W L T P
Strikers	5 0 0 10
Black Shadow	4 1 0 8
Blue Jays	2 2 0 4
Ludlow	2 3 0 4
B'Shara's	1 3 0 2
Games & Lanes	0 5 0 0
10-11 GIRLS	W L T P
Twisters	4 1 0 8
Our Lady Of Hope	3 1 0 6
West Side	1 4 0 2
10 BOYS	W L T P
Games & Lanes	4 1 0 8
Lightning	4 1 0 8

Bandits	2 2 0 4
Falcons	2 2 0 4
West Side	1 4 0 2
Flames	1 4 0 2
12 BOYS	W L T P
Ball Hogs	4 0 0 8
Vipers	3 1 0 6
Annihilators	1 3 0 2
Cheetahs	0 4 0 0
HIGH SCHOOL GIRLS	W L T P
West Side	4 0 0 8
Red Devils	2 1 1 5
Holy Name	1 2 1 3
Cosmos	0 4 0 0

E & G Automotive Inc. Full Service Automotive Shop

Foreign And Domestic Cars
Specializing In Electronic Diagnostics

- ASE Certified Master Technician
- AC Delco Master Technician
- State-Of-The-Art Alignment Equipment
- Loaner Car Available

Complete Auto And Truck Repair

Auto Air Conditioning Repair

Call For An Appointment!

230 Day Street, West Springfield
736-9258 Or 736-4253

Gene Lubarsky And Eric Lubarsky Of Agawam

A-C-E Auto Body



Specializing In Complete
Auto Body Repairs
On All Foreign
& Domestic Cars

"We Meet
By Accident"

- Quality Work
- All Work Guaranteed
- Licensed Appraisers
- Auto Glass Replacement
- Color Matching Specialists
- Expert Painting
- Uni-Body & Frame Straightening

786-4289

1363 Main St., Agawam

**Spring Has Sprung, And
Everything Is Blossoming...
Except Our Subscription Rate!!!**

Advertiser News

*From Now Until June 30th, You
Can Have The Advertiser News
Delivered To Your Home
For Just \$5.00 **

Please Be Prompt And Send
In Your Renewal (Good From
July 1, 1999 To June 30,
2000) When You Receive It
In The Mail In Late Spring.



Send To: Advertiser News, P.O. Box 263, Feeding Hills, MA 01030 *

Name _____

Address _____



*(This Offer Is For
New Subscribers Only)*

* Which edition do you wish to receive?

☐ Agawam Advertiser News

☐ Southwick-Suffield Advertiser News

Patronize Your Local Businesses

John F. Walsh
Certified Public Accountant
and Consultant

569 Springfield Street
Feeding Hills

For an appointment please call
786-3009

DISC JOCKEY SERVICE

MUSIC BOX PRODUCTIONS
 CERTIFIED PROFESSIONAL
 DJ TOM MELBOURNE
 PROVIDING THE VERY BEST IN ENTERTAINMENT
 AND SOUND

- COMPLETE AND CURRENT MUSIC LIBRARY
- PROFESSIONAL SOUND SYSTEM
- HIGH ENERGY LIGHT SHOW (upon request)
- CROWD MOTIVATING DANCES
- PARTY PROPS. AND MUCH MORE!

(413)-789-6788

Pietroniro Landscaping

Commercial • Residential



Mowing/Hedges
Mulch

Spring/Fall
Clean Up

John G. Pietroniro

(413) 786-5770

— **Half Price** —

Every 4th Mow (New Customers Only)

*Have The Very Best Possible Time At Your
Next Party*

**Experienced Professional
Disc Jockey**

Not A Single Dissatisfied Customer
(413) 789-0829

Charles Parker 37 Sheri Lane
Agawam

Tim's Carpentry

Specializing In Interior Finish Work
 Also: Kitchen & Bath Remodeling,
 Additions, Decks, Cedar Closets,
 Installation Of Hardwood Floors

Free Estimates

Insured

(413) 789-2367

AUTO TRIM BY GEORGE

- Truck Seats
- Boat Seats
- Auto Seats
- Motorcycle Seats
- Headliners
- Convertible Tops
- Construction Equipment Seats

10% Senior Discount

786-6073



MIKE MORAN PAINTING CO.

'Quality Work With A Personal Touch'

Staining, Spraying, Wallpaper Hanging
 Screen & Window Repair
 Interior & Exterior Painting

Free Estimates

413-786-3370

Reg. No. 116963
 Const. Sup. No. 000450

Fully Insured & Licensed

Northeast Builders

Since 1975

Custom Homes • Remodeling

RICK PFEFFER
 4 LENOX ST.
 FEEDING HILLS, MA 01030
 413-789-1150



Handy Man

Need a Handy man around the house?
 All types of Home Improvements
 & Odd Jobs

Carpentry • Electrical • Plumbing • Painting
 Remodeling of Rooms & Basements
 Cleaning of Garages, Basements, Yards, Attics

Reg. No. 127813

Bob Bartolucci

(413) 736-3730

Myrtle Beach Area Property

Century 21



Boling & Associates, Inc.

7722 N. Kings Hwy.
 Myrtle Beach, South Carolina 29572
 Business (803) 449-7449
 Bus. (800) 634-2500, Fax (803) 449-8802
 Res. (803) 399-0305

Jack Shaughnessy

Formerly Of Agawam



Each Office Is Independently Owned & Operated

CHARTIER'S GENERAL CARPENTRY

413-796-8331

- ADDITIONS • RENOVATIONS
- CUSTOM DECKS • NEW CONSTRUCTION

**WE TAKE THE WORRY
OUT OF BUILDING**

Fully Insured

DON CHARTIER

LIC. #051681

Excellent Carpentry

Small Jobs To Custom Homes
Honest Work At Today's Prices
Free Estimates
Senior Citizen Discounts

Stephen Gould
786-6887

VERMETTE

AUTO BODY INC.
 787 Silver Street, Agawam
 (Next To Lucia Lumber)

786-8226

Complete Collision Service
19 Years Of
Customer Satisfaction
 Insurance Claims Welcome

Professional...

Wallpapering Painting

At Prices You'll Like!

- Dependable & Prompt
- Many References
- Local

Call 786-5540

Make Your Home Into
 The Great American Home



For a Full Line of Construction
 Residential & Commercial

**EAGLE EYE
CARPENTRY**
 GENERAL CONTRACTOR

Very Fine Work & Fair Estimates

Paul Therrien - Owner
(413) 789-0524

163 South Westfield Street
 Feeding Hills

Specializing In

- Carpentry
- Painting
- Wallpapering
- Porches
- Decks
- Concrete
- Kitchens
- Rehab
- Bathrooms
- Remodeling

And Much More - Big & Small

Patronize Your Local Businesses

'98 Tax Changes — Are You Ready?

Capital Gains • Home Office Deduction • Child/Education Credits

CPA Call Now For Your 1998 Tax Appointment
Starting A New Business? Call...



Frank A. Schoenrock
Certified Public Accountant

- Personal & Small Business Taxes
- QuickBooks Pro™/Training • Tax Planning
- IRS Representation • Payroll

New Location — Granby Center
18R Hartford Ave., Granby, CT 06035 — (860) 653-0734

This is NO FERDINAND!

You Get The Best Service At

Joe Russo Paving & Excavating

Blacktop & Sealed Driveways
Loam, Landscaping, Fill
In-Ground Oil Tank Removal

In Business For Over 40 Years.
FULLY INSURED

649 Cooper Street, Agawam
Phone & Fax: (413) 786-0617



New Roofing & Repairs



Suffriti Construction Co.

Insured & Licensed

Many Referrals

786-5516



Luigi's Auto Body



371 South Westfield Street
(413) 786-4975 — Feeding Hills

Specializing In American And Foreign Vehicles, Including Saab, Volvo, Also Light Trucks

- Painting
- Frame, Glass, And Plastic Repair
- Detail And Restoration

Licensed — Insured

We Work For All Insurance Companies.
We Guarantee Our Work.

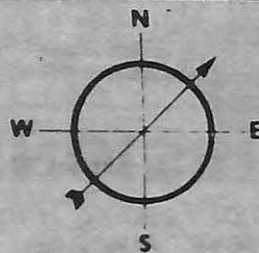
See Sign On Route 187

Mass. Reg. RS 966

Member - MAAB

Northeast Builders

(Since 1975)



- Roofing • Siding • Kitchens And Baths • Additions • Major Remodeling

Lots And Lots Of References And A Complete Portfolio

Rick Pfeffer

4 Lenox Street, Feeding Hills

789-1150

Reg. No. 116963; Const. Sup. No. 000450

Free Estimates ... Full Licensed And Insured

Spring & Fall Clean-Up • Lawn Maintenance
Landscape Design • Mulch & Stone • Trimming
Sodding & Seeding • Snowplowing & Sanding



STELLATO BROS. LANDSCAPING

- 15% Off Overseeding
- 10% Off 4-Step Fertilization Program
- 10% Off Spring Clean-up

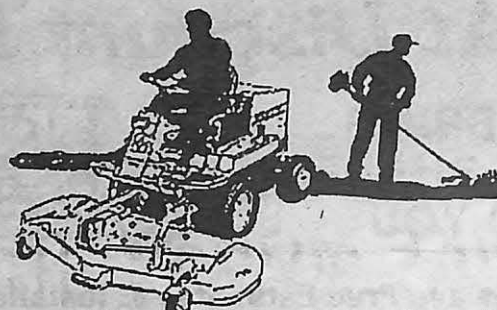
Guaranteed Competitive Pricing
Call For A Free, No-Obligation Estimate

Fully Insured — Fully Guaranteed
Residential • Commercial

Mario & Jimmy Stellato, owners
Home: (413) 789-6382
Pager: (413) 286-8484



Curley's
LAWN SERVICE
413 786-4622



Schedule Your Spring Cleanout Today!
Call for free estimates on all of your
Spring Landscape and Mowing needs.

Seasonal Mowing, Mulch, Loam, De-Thatching, Aeration, Planting, Seeding, Shrubs and Hedge Trimming or Removal. Now Providing Full Landscape Design and Installation.

Fully Insured
Experienced Uniformed Crews

Monthly Billing Available for
Seasonal mowing customers.



CIRILLO'S LANDSCAPING



Free Estimates

Call: 786-7843

Specializing In Commercial & Residential Lawn Care
(Over 30 Years Of Quality, Dependable, & Friendly Service)

Spring
Cleanup
Call Today

- Lawn/Shrub Planting & Cutting
- Aerating/Re-seeding Lawns
- Bed Cultivating
- Leaf Removal
- Spring/Fall Cleanups
- All Chemical Applications

Spring
Cleanup
Call Today

**** 25% Off First-Time Customers/One Time Only ****

PATRONIZE YOUR LOCAL BUSINESSES

GEORGE FARINA LANDSCAPING

Spring Cleaning

- * Lawn Mowing
- * Tree Work
- * Foundation Planting
- * Rolling Lawns
- * Seeding & Sodding
- * Shrub Trimming
- * Mulch & Stone
- * Fertilizing & Liming
- * Loam & Fill
- * Rototilling

Flower Planting

Tel. 786-5658



Your Complete Custom Window Treatment Specialist

All At Discount Prices

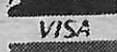
**WE BRING
THE SHADES
...TO YOU**



— Always Free Estimates & Installation —

(413) 786-9411

SATISFACTION GUARANTEED



CONTE
DOOR SERVICE, INC.

RESIDENTIAL • COMMERCIAL
SALES • REPAIR • INSTALLATION

**WEEKEND
EMERGENCY SERVICE**

786-1800

J.J. Conte, Jr.
FEEDING HILLS, MA
"We Sell The Best & Service The Rest"
www.contedoor.com
EMAIL: jconted@contedoor.com

- Broken Springs, Tracks & Cables Replaced
- Sectional Replacement • Rolling Steel
- Remote Controls • Weatherstripping

FULLY INSURED



Bob Longo Construction

27 Years Specializing In Kitchens And Additions

Free Custom Design

Agawam
789-0758

- Add A Second Story To Your Home - Or A Dormer
- Turn Your Existing Basement Into A Family Room & Bath
- Porches & Sunrooms
- Add Living Space With A Custom Designed Deck
- Mastic Vinyl Siding
- Window Replacement, Vinyl Or Wood

**All Backed By Bob Longo's Reputation
For Quality & Dependability**

FULLY INSURED — FREE ESTIMATES

All Work Completed Quickly & Efficiently



PAUL'S TREE SERVICE

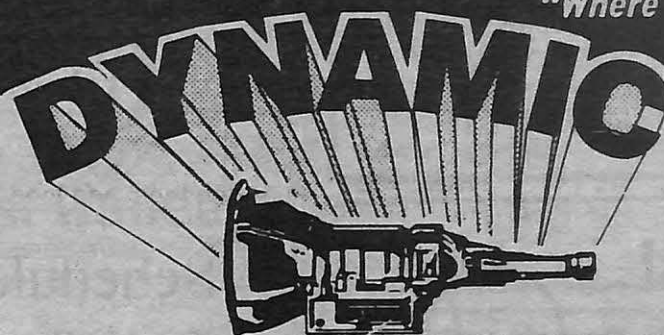


Owner Paul Cocchi

- ✓ Leaf Clean-Ups
- ✓ Snow Removal
- ✓ Fully Insured
- ✓ Removal
- ✓ Pruning
- ✓ Planting
- ✓ Stump Grinding
- ✓ Lot Clearing
- ✓ Cordwood
- ✓ Wood Chips
- ✓ Free Estimates
- ✓ Senior Citizen Discount

• 10 Years Experience

Residential • Commercial 733-7520



"Where Quality Counts"

- Domestic
- Foreign
- Automatic
- Standard

TRANSMISSIONS, INC.

Call Charlie Copson of Feeding Hills, Proprietor

737-2041

337 PAGE BLVD., SPRINGFIELD, MA 01104

Richy's Tree Service

- Tree Trimming
- Stump Grinding
- Woodchips
- Tree Removal
- Brush Chipping
- Shrub Trimming

Complete Clean Up Service

CALL THE BEST WITHOUT THE MESS

Free Estimates - Senior Citizen Discount 10%

**Complete Professional, Neat, Honest Work
And Many References**



*Serving Area
Residents For
20 Years*

Snow Plowing

* Commercial & Residential *

Fully Insured

786-1786
786-0808



Classifieds

SERVICES

CARPENTRY SERVICES: Additions & remodeling, family rooms, cellars, kitchens & baths, Florida rooms & screen porches, decks & replacement windows, wood siding & sheds. 25 yrs. exp. Fully insured & references. No job too small. Call George Bernier, 786-8452.

BILL SPEAR FORESTRY SERVICES: Complete tree removal, trimming. Land cleared. Senior citizen discount. FREE ESTIMATES. Fully insured. Call 786-5081.

DAVID'S WINDOW CLEANING AND JANITORIAL
Mother's Little Helper! Floors waxed, rugs shampooed, walls washed. Commercial and residential. Call Paul Ferrarini, (413) 786-4436.

PAUL'S TREE SERVICE: Removal, pruning, grinding, lot clearing, trimming hedges, cabling and bracing, lightning protection. Neat clean-up (no mess left). Call Paul Cocchi, 733-7520.

NORTHEAST BUILDERS: Custom homes & remodeling (since 1975). Fully insured & licensed. Rick Pfeffer, 4 Lenox St., Feeding Hills, MA 01030. Reg. No. 116963; Const. Sup. No. 000450. (413) 789-1150.

VERMETTE AUTO BODY: Complete collision service. 19 years of customer satisfaction. We work with all insurance companies. 787 Silver Street, Agawam, 786-8226. (MA. REG. NO. 1842.)

SPRING CLEAN-UP: Mowing, aeration, dethatching. We specialize in taking care of your lawn. We offer prompt service at reasonable prices. Call us — we appreciate your business. Call 789-1712. Hall Lawn Care, Landscaping & Snowplowing.

HOME BUYER INFORMATION: FREE homebuyer information kit. Call 1-800-704-7851, The Pioneer Group.

LUIGI'S AUTO BODY: Celebrating 20 years of service. Specializing in American and foreign vehicles. Licensed & insured. 371 South Westfield Street, Feeding Hills. Tel. (413) 786-4975; Fax (413) 789-6404.

EAGLE EYE CARPENTRY: General contractor. For a full line of construction (residential & commercial). Very fine work and fair estimates. Paul Therrien, Owner, 163 South Westfield Street, Feeding Hills. (413) 789-0524.

MR. SERVICE: Your hometown repair man. In-home repairs on all major appliances. Fast, friendly service. Senior citizen discount. Same-day service. 789-1883.

PAUL'S REMOVAL & REPAIRS: Remove lawn debris, appliances, concrete, any type fill, etc. Repair or replace windows/doors, decks, gutter, interior painting. Attics, basements, garages, complete houses. Bobcat service. Free estimates, reasonable rates, insured. Quality service always! Paul Heiden, 788-4813.

SPRINGFIELD TURN-VEREIN: Catering to weddings, banquets, parties, and receptions. Two rooms available with seating up to 250 people. 176 Garden Street, Feeding Hills, 786-0924.

EXCELLENT CARPENTRY: Small jobs to custom homes. Honest work at today's prices. Free estimates; senior citizen discounts. Stephen Gould, 786-6887.

SHADES ON WHEELS: Your complete custom window treatment specialist, all at discount prices. Free estimates and installation — satisfaction guaranteed. (413) 786-9411.

AUTO TRIM BY GEORGE: Truck seats; auto seats; headliners; boat seats; motorcycle seats; convertible tops; tonneau covers; rugs; construction equipment seats. 10% senior discount. Call George, 786-6073.

LOCAL ELECTRICIAN - REPLACE FUSES TO CIRCUIT BREAKERS: New homes, additions, pools. Small jobs welcome. Security lighting. Free est., fully insured. All calls answered promptly. 781-4376 or 569-2925.

3 J REMOVAL: Attics, basements, garages, and more. Complete removal service. Free est. Lowest rates. 783-6103.

DISC JOCKEY SERVICE: Providing the very best in entertainment and sound. Music Box Productions — DJ Tom Melbourne (certified professional). (413) 789-6788.

MINOR PLUMBING: Quality plumbing at reasonable rates. Prompt and efficient service. Lic. no. 203752. Bob at 572-9143 (Westfield).

GEORGE FARINA LANDSCAPING: Spring cleaning including lawn mowing, tree work, foundation planting, seeding and sodding. George Farina, 786-5658.

TAX & ACCOUNTING SERVICE: For businesses & individuals. John F. Walsh, CPA. 569 Springfield Street, Feeding Hills. (413) 786-3009.

SUFFRITI CONSTRUCTION CO.: New roofing and repairs. Insured and licensed. Many referrals. 786-5516.

TIM'S CARPENTRY: Specializing in interior finish work. Also kitchen & bath remodeling. Additions, decks, cedar closets. Installation of hardwood floors. Free estimates; insured. (413) 789-2367.

CIRILLO'S LANDSCAPING: Specializing in commercial and residential lawn care. Over 30 years of quality, dependable, and friendly service. Free estimates. Call 786-7843.

CERTIFIED PUBLIC ACCOUNTANT: Are you ready for the '98 tax changes? Call Frank A. Schoenrock, Certified Public Accountant. New location — Granby Center. 18R Hartford Ave., Granby, CT 06035. (860) 653-0734.

JOE RUSSO PAVING & EXCAVATING: In business for over 40 years. Fully insured. Blacktop & sealed driveways. Loam, landscaping, fill. In-ground oil tank removal. 649 Cooper St., Agawam. Phone & fax: (413) 786-0617.

STELLATO BROS. LANDSCAPING: Services include spring & fall clean-up, lawn maintenance, and landscape design. Fully insured, fully guaranteed. Residential and commercial. Call for a free, no-obligation estimate. (413) 789-6382 (home) or (413) 286-8484.

CHARTIER'S GENERAL CARPENTRY: We take the worry out of building. Additions; new construction; renovations; custom decks. Lic no. 051681; fully insured. Don Chartier, owner. (413) 796-8331.

CHILD CARE: Experienced teacher and child care provider has openings for all ages. Large back yard. Nutritious meals and snacks. Preschool program included. License no. 184792. Call Sue at 789-2530.

CURLEY'S LAWN SERVICE: Schedule your spring cleanout today! Call for free estimates on all of your spring landscape and mowing needs. Fully insured; experienced uniformed crews. Monthly billing available for seasonal mowing customers. (413) 786-4622.

MALANSON CARPET CLEANING: Satisfaction guaranteed! Owner operated; commercial; residential; insured. Senior citizen discounts are always available. (413) 786-7170.

PAINTING/STAINING: Exterior and interior. Quality work, reasonable rates. Call Joe at 786-5912 for your best price.

BOB LONGO CONSTRUCTION: 27 years specializing in kitchens and additions. Free custom design. Fully insured, free estimates. In Agawam, 789-0758.

MR. HANDYMAN: One call does it all. Painting, carpentry, drywall. 10% off any job over \$100. Licensed and insured. Quality work at reasonable prices. Phone 592-1658; cellular 626-9423.

DECKS AND SHEDS: All structures built on site to fit your space. Quality work, reasonable rates. Call Joe at 786-5912 now for your best price.

PIETRONIRO LANDSCAPING: Commercial/residential. Mowing/hedges; mulch; spring/fall cleanup. Half price — every 4th mow (new customers only). John G. Pietroniro, (413) 786-5770.

HAYDEN SIDING & TRIM: Licensed, registered, and insured for your protection. For the free brochure, "Making Smart Window Choices," call 786-6742 now.

BLUE DIAMOND PAVING: Driveways built to last! Paving; regrading of stone driveways; sealcoating; repairs. 1-800-PAVING-4 (1-800-728-4644).

FOR RENT

BUSINESS SPACE FOR RENT: Approximately 2,000 square feet. 2nd floor. All wired for computers. Plenty of extra phone jacks. Call 786-0370.

FOR LEASE

COMMERCIAL BUILDING FOR LEASE: Approx. 1,800 sq. ft. Ideal location - Feeding Hills. Call 786-2412.

CLASSES

RIDING INSTRUCTION: Learn to ride, jump, show! Equitation, dressage, jumping, training. Beginner to advanced. 100 x 200 indoor arena. Advanced licensed instructors. Show/pleasure horses & ponies for sale/lease. Summer riding programs, July 12-16 and August 9-13. END OF HUNT FARMS has a special place for you! Home, (860) 668-1656; barn, (860) 668-9990.

WANTED

HELP WANTED: To work in local greenhouse. Pleasant environment. Full-time and part-time daytime hours. Must be at least 15 years of age. Apply in person at Fini's Plant Farm, 217 James St., Feeding Hills (off North St.).

BOOKKEEPER/OFFICE ASSISTANT P/T: 15 hrs/wk, M-F, 12:30-3:30 pm. Windows 95, Publisher 95 and Excel. Self-starter. Excellent communication and writing skills, Human Services background a plus. Send resume to Southwick Family Support Coalition, 454 College Highway, Southwick, MA 01077.

PART-TIME HELP WANTED: Stocking and counter sales for local package store. 4 p.m. 'til closing. Approx. 18 to 20 hrs. per week. Must be at least 18 yrs. old. 786-2244.

ATTENTION MOTHERS: Part-time waitress wanted. Flexible hours. Apply at Crestview Country Club, 281 Shoemaker Lane, Agawam, MA.

EARN EXTRA INCOME: \$250-plus weekly mailing discount coupons. For more information, send a self-addressed stamped envelope to: AAA, Dept. 2, P.O. Box 5679, Hollywood, FL 33023.

HELP WANTED: Chiropractic office. Experience necessary in insurance, billing, and collection procedures. 25-plus hours. Call 789-1369.

HELP WANTED: Nurse aides, home health aides, personal care aides. Excellent pay, paid vacation, no employment fee. Call Interim Healthcare today, (413) 734-6900.

PART-TIME HELP WANTED: Stocking and counter sales for local package store. 4 p.m. 'til closing. Approx. 18 to 20 hrs. per week. Must be at least 18 yrs. old. 786-2244.

WANTED: Experienced carpet installers needed. Must have own tools, references, and insurance. 786-8085.

HELP WANTED: Heritage Hall North has the following position available: **RECREATION ASSISTANT.** Position available part-time, 20 hours per week including alternating evenings and weekends. You will assist in planning, organizing, and directing activity programs. Experience working with the elderly preferred. Must have high school diploma or equiv. Send resume to: Lisa Parent, Rec. Director, at: Heritage Hall North, 55 Cooper St., Agawam, MA 01001. EOE, M/F/D/V.

HELP WANTED AT FRIENDLY'S: Our guests deserve the best and we intend to give them the best in our service, atmosphere, and product. We are looking for people who are understanding of our guests' needs, who act in a mature and responsible manner. We are looking for friendly people. If you feel you possess these talents and want to be part of a winning team, we want to talk to you. For details, contact Friendly's Restaurant, 1261 Westfield St., West Springfield, 732-1659. EOE.

HELP WANTED: Heritage Hall North, Genesis ElderCare, has the following position available: **DIETARY AIDE, Part-Time.** Position available 6:30 a.m. to 2:30 p.m., 3 days a week including every other weekend and every other holiday. Experience preferred, but we will train. Contact Madeline Meade, FSS at: Heritage Hall North, 55 Cooper Street, Agawam, MA 01001. EOE M/F/D/V.

A/P & ACCTG. CLERK: Duties include data entry, filing and misc. office tasks. \$8/hr., 35 hrs./week. Temp position (min. 3 mos). Call Martha at IntegriCare in Agawam, (413) 786-0888.

Paving • Stone Driveways • Sealcoating • Repairs

BLUE DIAMOND PAVING

DRIVEWAYS BUILT TO LAST

EDWARD CZELAZEWICZ

1-800-728-4644

PAVING-4

DO YOU BELIEVE IN INTERCULTURAL EXCHANGE? AFS-USA, leading high school student exchange organization, needs part-time staff member with good organizational skills to publicize hosting opportunities, follow up on leads, and work with volunteers to place international students in host families across New England for the experience of their lifetime. 12-15 flexible hours per week from now through August. Salary \$10.00 per hour. Fax resume and cover letter to: Kerry McAlpine: 413-732-3317 or write to me at AFS, 32 Hampden St., Springfield, MA 01103-1253. No phone calls please. EOE.

Fitness.

Stop *thinking* about it...



...Try it!

Enjoy fitness among friendly people, expert advice and facilities that are clean and well-equipped. Along with lots of smiles, we'll also give you all the help you need to get a great start with this special membership offer...

10 weeks for \$99!

FIRST TIME TRIAL OFFER.

Hurry! This is a limited time offer.
Call or visit the club today for more details!

fitness
FIRST
HEALTH & FITNESS CENTER

786.1460

60 North Westfield Street, Feeding Hills

www.fitnessfirst.net

WHAT'S NEW FOR 1999?
Try Kickboxing!
It's a "Knockout Workout"!



- NEW Kickboxing • Body Pump • Spinning • Group Exercise Classes • Personal Training • Racquetball • Cardio Fitness • Strength Training
- Youth Fitness • Indoor Swimming Pool • Senior Fitness • Swim Lessons • Wellness Programs • Childcare Center
- Martial Arts • Member Events • Summer Camp • and much more!